## January 2024 Middle School Lunch

| Mon  | Tue  | WED   | Тни   | Fri  |
|--|--|---|---|--|
|  |  | 3 Entrees BBQ Chicken with Roll Fish Sandwich  Sides (3-4) Glazed Sweet Potato Caribbean Cabbage Applesauce Assorted Juice  Grab N Go Yogurt & Fruit Plate V  | 4 Entrees Baked Spaghetti/Roll Spicy Chicken Sandwich  Sides (3-4) Garden Salad Broccoli Chilled Fruit Medley Assorted Juice  Grab N Go Nutbutter & Jelly Plate V                           | 5 Entrees Buffalo Chicken Dip With Tortilla Chips Hamburger Sides (3-4) Cucumber & Tomato Salad Italian Green Beans Mandarin Oranges Assorted Fresh Fruit Grab N Go Vegetarian Chef Salad                              |
| 8 Monday Fun Day! Entrees Galaxy Pizza BBQ Rib Sandwich Sides (3-4) Mixed Green Salad Broccoli Cinnamon Applesauce Grab N Go Yogurt & Fruit Plate V With: Kiwi Strawberry Slush          | 9 Entrees Bayou Mashed Potato Bowl Deluxe Cheeseburger  Sides (3-4) Mashed Potatoes Green Beans Diced Peaches Assorted Fresh Fruit  Grab N Go Vegetarian Chef Salad                                | 10 Entrees Mandarin Chicken/Rice with Roll Cheese Calzone  Sides (3-4) Mixed Green Salad Peppered Carrots Chilled Pineapple Assorted Juice Grab N Go Chicken Strip Chef Salad  With: Fortune Cookie | II Entrees Breaded Chicken Sandwich Grilled Cheese Sides (2-3) Garden Salad Crinkle Fries Chilled Fruit Medley Seasonal Fresh Fruit Grab N Go Nutbutter & Jelly Plate V with Vegetable Soup | 12 Entrees Beef & Cheese Nachos Cheese Nachos Grilled Chicken Sandwich  Sides (3-4) Shredded Lettuce & Tomato Fiesta Black Beans Mandarin Oranges Assorted Juice Grab N Go Fajita Chicken Chef Salad  With: Brown Rice |
| THE TIME IS ALWAYS RIGHT TO DO WHAT IS RIGHT.  -MARTIN LUTHER KING, JR.  | 16 Entrees Wild Mike's Cheese Pizza V Wild Mike's Pepperoni Pizza Corn Dog Sides (3-4) Garden Salad Whole Kernel Corn Diced Apricots Assorted Fresh Fruit Grab N Go Charbroiled Chicken Chef Salad | 17 Entrees Chicken Chunks with Roll Fish Sandwich  Sides (3-4) Glazed Sweet Potatoes Caribbean Cabbage Applesauce Assorted Juice  Grab N Go Yogurt & Fruit Plate V                                  | 18 Entrees  Baked Spaghetti/Roll Spicy Chicken Sandwich  Sides (3-4)  Mixed Green Salad Broccoli Diced Pears Assorted Fresh Fruit  Grab N Go Nutbutter & Jelly Plate V                      | 19 Entrees Buffalo Chicken Dip With Tortilla Chips Deluxe Hamburger Sides (3-4) Cucumber & Tomato Salad Lima Beans Mandarin Oranges Assorted Fresh Fruit Grab N Go Vegetarian Chef Salad                               |
| 22 Monday Fun Day! Entrees Galaxy Pizza BBQ Rib Sandwich Sides (3-4) Mixed Green Salad Broccoli Diced Peaches Assorted Juice Grab N Go Yogurt & Fruit Plate V With: Blue Raspberry Slush | 23 Entrees Bayou Mashed Potato Bowl with Roll Grilled Chicken Sandwich Sides (3-4) Mashed Potatoes Green Beans Cinnamon Applesauce Assorted Fresh Fruit Grab N Go Vegetarian Chef Salad            | 24 Entrees Mandarin Chicken/Rice with Roll Cheese Calzone Sides (3-4) Mixed Green Salad Peppered Carrots Chilled Pineapple Assorted Juice Grab N Go Chicken Strip Chef Salad                        | 25 Entrees Chicken & Waffles Grilled Cheese Sides (3-4) Farm to School Cabbage Crinkle Fries Chilled Fruit Medley Assorted Fresh Fruit Grab N Go Nutbutter & Jelly Plate V                  | 26 Entrees Queso Chicken Bowl Queso Nachos Deluxe Cheeseburger Sides (3-4) Shredded Lettuce & Tomato Fiesta Black Beans Mandarin Oranges Assorted Fresh Fruit Grab N Go Fajita Chicken Chef Salad With: Rice           |
| 29 Entrees Cheese Dippers with Salsa Texas BBQ Sandwich  Sides (3-4) Garden Salad Tater Tots Diced Peaches Assorted Fresh Fruit Grab N Go Club Shaker Salad                              | 30 Entrees Wild Mike's Cheese Pizza V Wild Mike's Pepperoni Pizza Hot Dog Sides (3-4) Garden Salad Whole Kernel Corn Diced Apricots Assorted Fresh Fruit Grab N Go Charbroiled Chicken Chef Salad  | 31 Homemade Roll Day Entrees Mesquite Chicken with Homemade Roll Fish Sandwich Sides (3-4) Glazed Sweet Potatoes Caribbean Cabbage Applesauce Assorted Juice Grab N Go Yogurt & Fruit Plate V       | I Entrees Baked Spaghetti/Roll Spicy Chicken Sandwich Sides (3-4) Mixed Green Salad Broccoli Diced Pears Assorted Fresh Fruit  Grab N Go Nutbutter & Jelly Plate V                          | 2 Entrees Buffalo Chicken Dip with Tortilla Chips Deluxe Hamburger Sides (3-4) Cucumber & Tomato Salad Lima Beans Mandarin Oranges Assorted Fresh Fruit Grab N Go Vegetarian Chef Salad                                |