

# Middle Lunch

## February 2022

### Tuesday, February 1

#### Entrees

Spicy Chicken Nuggets with Roll  
Caesar Chicken Wrap

#### Sides (3-4)

Broccoli  
Rustic Glazed Carrots  
Applesauce  
Assorted Fresh Fruit

#### Grab-N-Go

Sunbutter & Jelly Plate

### Wednesday, February 2

#### Entrees

Hot Dog  
Turkey BLT On Croissant

#### Sides (3-4)

Coleslaw  
Baked Beans  
Fruit Cocktail  
Assorted Juice

#### Grab-N-Go

Vegetarian Chef Salad V

### Thursday, February 3

#### Entrees

Lemon Pepper Chicken /Roll  
Vegetarian Lasagna with Texas Toast

#### Sides (3-4)

Caribbean Cabbage  
Baked Sweet Potatoes  
Pineapple Tidbits  
Assorted Fresh Fruit

#### Grab-N-Go

Charbroiled Chicken Chef Salad

### Friday, February 4

#### Entrees

Wild Mikes Turkey Pepperoni Pizza  
Breaded Beef Sandwich

#### Sides (3-4)

Kale Salad  
Green Beans  
Sliced Peaches  
Assorted Fresh Fruit

#### Grab-N-Go

Mixed Cheese Chef Salad

### Monday, February 7

#### Entrees

Cheese Nachos  
Teriyaki Vegetarian Burger

#### Sides (3-4)

Shredded Lettuce/Tomatoes  
Steamed Broccoli  
Assorted Fresh Fruit  
Assorted Juice

#### Grab-N-Go

Yogurt & Fruit Plate

### Tuesday February 8

#### Entrees

Chicken Tenders/Roll  
Corndog

#### Sides (3-4)

Coleslaw  
Crinkle Fries  
Mandarin Oranges  
Assorted Juice

#### Grab-N-Go

Chicken Tender Salad

### Wednesday, February 9

#### Entrees

Breaded Spicy Chicken Sandwich  
Fish Sandwich

#### Sides (3-4)

Lemon Kissed Kale  
Baked Sweet Potatoes  
Fruit Cocktail  
Assorted Fresh Fruit

#### Grab-N-Go

Vegetarian Salad V

### Thursday, February 10

#### Entrees

Breaded Beef Sandwich  
Chicken Fajitas

#### Sides (3-4)

Tossed Salad  
Green Beans  
Cinnamon Applesauce  
Assorted Juice

#### Grab-N-Go

Charbroiled Chicken Chef Salad

### Friday, February 11

#### Entrees

Wild Mike's Cheese Pizza V  
Grilled Chicken Sandwich

#### Sides (3-4)

Garden Salad  
California Blend  
Sliced Peaches  
Assorted Fresh Fruit

#### Grab-N-Go

Club Chef Shaker Salad

Choice of Milk is available with all meals

This institution is an equal opportunity provider.

**Monday, February 14**

**Entrees**  
French Bread Pizza V  
Veggie Burger V

**Sides (3-4)**  
Mixed Green Salad  
Mexicali Corn  
Mandarin Oranges  
Assorted Fresh Fruit

**Grab-N-Go**  
Yogurt & Fruit Plate V

**Tuesday, February 15**

**Entrees**  
Spicy Chicken Nuggets with Roll  
Grilled Cheese V

**Sides (3-4)**  
Broccoli  
Glazed Sweet Potatoes  
Applesauce  
Assorted Fresh Fruit

**Grab-N-Go**  
Fajita Chef Salad V

With: Vegetable Soup

**Wednesday, February 16**

**Entrees**  
Hot Dog  
Fish Sandwich

**Sides (3-4)**  
Coleslaw  
Baked Beans  
Fruit Cocktail  
Assorted Juice

**Grab-N-Go**  
Vegetarian Chef Salad V

**Thursday, February 17**

**Entrees**  
Breaded Chicken Drumstick/Texas Toast  
Vegetarian Lasagna with Texas Toast V

**Sides (3-4)**  
Collard Greens  
Mashed Potatoes  
Diced Apricots  
Assorted Fresh Fruit

**Grab-N-Go**  
Chicken Strip Chef Salad

**Friday, February 18**

**Entrees**  
Wild Mikes Turkey Pepperoni Pizza  
Turkey BLT on Croissant

**Sides (3-4)**  
Kale Salad  
Peppered Carrots  
Pineapple Tidbits  
Assorted Fresh Fruit

**Grab-N-Go**  
Mixed Cheese Chef Salad V

**Inclement Weather Day**

**Monday, February 21**

**Entrees**  
Cheese Nachos V  
Teriyaki Vegetarian Burger V

**Sides (3-4)**  
Shredded Lettuce/Tomatoes  
Steamed Broccoli  
Assorted Fresh Fruit  
Assorted Juice

**Grab-N-Go**  
Yogurt & Fruit Plate V  
With: Presidents Day Cookies

**Inclement Weather Day**

**Tuesday February 22**

**Entrees**  
Chicken Tenders/Roll  
Corndog

**Sides (3-4)**  
Coleslaw  
Crinkle Fries  
Mandarin Oranges  
Assorted Juice

**Grab-N-Go**  
Mixed Chees Chef Salad V

**Wednesday, February 23**

**Entrees**  
Breaded Spicy Chicken Sandwich  
Fish Sandwich

**Sides (3-4)**  
Cucumber Salad  
Roasted Sweet Potatoes  
Fruit Cocktail  
Assorted Fresh Fruit

**Grab-N-Go**  
Vegetarian Salad V

**Thursday, February 24**

**Entrees**  
Breaded Beef Sandwich  
Chicken Fajitas

**Sides (3-4)**  
Tossed Salad  
Green Beans  
Cinnamon Applesauce  
Assorted Juice

**Grab-N-Go**  
Sunbutter & Jelly Plate V

**Friday, February 25**

**Entrees**  
Wild Mike's Cheese Pizza V  
Turkey & Cheese Sub Sandwich

**Sides (3-4)**  
Garden Salad  
 **Roasted Cauliflower**  
Sliced Peaches  
Assorted Fresh Fruit

**Grab-N-Go**  
Chicken Tender Chef Salad

**Monday, February 28**

**Entrees**  
French Bread Pizza V  
Veggie Burger V

**Sides (3-4)**  
Mixed Green Salad  
Mexicali Corn  
Mandarin Oranges  
Assorted Fresh Fruit

**Grab-N-Go**  
Yogurt & Fruit Plate V

**Tuesday, March 1**

**Entrees**  
Spicy Chicken Nuggets with Roll  
Grilled Cheese V

**Sides (3-4)**  
Broccoli  
Glazed Sweet Potatoes  
Applesauce  
Assorted Fresh Fruit

**Grab-N-Go**  
Fajita Chef Salad V

With: Vegetable Soup

**Wednesday, March 2**

**Entrees**  
Hot Dog  
Fish Sandwich

**Sides (3-4)**  
Coleslaw  
Baked Beans  
Fruit Cocktail  
Assorted Juice

**Grab-N-Go**  
Vegetarian Chef Salad V

**Thursday, March 3**

**Entrees**  
Breaded Chicken Drumstick/Texas Toast  
Vegetarian Lasagna with Texas Toast V

**Sides (3-4)**  
Collard Greens  
Mashed Potatoes  
Diced Apricots  
Assorted Fresh Fruit

**Grab-N-Go**  
Chicken Strip Chef Salad

**Friday, March 4**

**Entrees**  
Wild Mikes Turkey Pepperoni Pizza  
Turkey BLT on Croissant

**Sides (3-4)**  
Kale Salad  
Peppered Carrots  
Pineapple Tidbits  
Assorted Fresh Fruit

**Grab-N-Go**  
Mixed Cheese Chef Salad V

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