

High Lunch

February 2022

Tuesday, February 1

Entrees

Spicy Chicken Nuggets with Roll
Caesar Chicken Wrap

Sides (3-4)

Broccoli
Rustic Glazed Carrots
Applesauce
Assorted Fresh Fruit

Grab-N-Go

Sunbutter & Jelly Plate

Wednesday, February 2

Entrees

Hot Dog
Turkey BLT On Croissant

Sides (3-4)

Coleslaw
Baked Beans
Fruit Cocktail
Assorted Juice

Grab-N-Go

Vegetarian Chef Salad V

Thursday, February 3

Entrees

Lemon Pepper Chicken /Roll
Vegetarian Lasagna with Texas Toast

Sides (3-4)

Caribbean Cabbage
Baked Sweet Potatoes
Pineapple Tidbits
Assorted Fresh Fruit

Grab-N-Go

Charbroiled Chicken Chef Salad

Friday, February 4

Entrees

Wild Mike's Turkey Pepperoni Pizza
Breaded Beef Sandwich

Sides (3-4)

Kale Salad
Green Beans
Sliced Peaches
Assorted Fresh Fruit

Grab-N-Go

Mixed Cheese Chef Salad

Monday, February 7

Entrees

Cheese Nachos
Teriyaki Vegetarian Burger

Sides (3-4)

Shredded Lettuce/Tomatoes
Steamed Broccoli
Assorted Fresh Fruit
Assorted Juice

Grab-N-Go

Yogurt & Fruit Plate

Tuesday, February 8

Entrees

Chicken Tenders/Roll
Corndog

Sides (3-4)

Coleslaw
Crinkle Fries
Mandarin Oranges
Assorted Juice

Grab-N-Go

Chicken Tender Salad

Wednesday, February 9

Entrees

Breaded Spicy Chicken Sandwich
Fish Sandwich

Sides (3-4)

Lemon Kissed Kale
Baked Sweet Potatoes
Fruit Cocktail
Assorted Fresh Fruit

Grab-N-Go

Vegetarian Salad V

Thursday, February 10

Entrees

Breaded Beef Sandwich
Chicken Fajitas

Sides (3-4)

Tossed Salad
Green Beans
Cinnamon Applesauce
Assorted Juice

Grab-N-Go

Charbroiled Chicken Chef Salad

Friday, February 11

Entrees

Wild Mike's Cheese Pizza V
Grilled Chicken Sandwich

Sides (3-4)

Garden Salad
Whole Kernel Corn
Sliced Peaches
Assorted Fresh Fruit

Grab-N-Go

Club Chef Shaker Salad

Choice of Milk is available with all meals

This institution is an equal opportunity provider.

Monday, February 14**Entrees**

French Bread Pizza V
Veggie Burger V

Sides (3-4)

Mixed Green Salad
Green Beans
Mandarin Oranges
Assorted Fresh Fruit

Grab-N-Go

Yogurt & Fruit Plate V

Tuesday, February 15**Entrees**

Spicy Chicken Nuggets with Roll
Grilled Cheese V

Sides (3-4)

Broccoli
Glazed Sweet Potatoes
Applesauce
Assorted Fresh Fruit

Grab-N-Go

Fajita Chef Salad V

With: Vegetable Soup

Wednesday, February 16**Entrees**

Hot Dog
Fish Sandwich

Sides (3-4)

Coleslaw
Baked Beans
Fruit Cocktail
Assorted Juice

Grab-N-Go

Vegetarian Chef Salad V

With: Warm Chocolate Chip Cookie

Thursday, February 17**Entrees**

Breaded Chicken Drumstick/Texas Toast
Vegetarian Lasagna with Texas Toast V

Sides (3-4)

Collard Greens
Mashed Potatoes
Diced Apricots
Assorted Fresh Fruit

Grab-N-Go

Charbroiled Chicken Chef Salad

Friday, February 18**Entrees**

Wild Mikes Turkey Pepperoni Pizza
Turkey BLT on Croissant

Sides (3-4)

Kale Salad
Peppered Carrots
Pineapple Tidbits
Assorted Fresh Fruit

Grab-N-Go

Mixed Cheese Chef Salad V

Inclement Weather Day

Monday, February 21**Entrees**

Cheese Nachos V
Teriyaki Vegetarian Burger V

Sides (3-4)

Shredded Lettuce/Tomatoes
Steamed Broccoli
Assorted Fresh Fruit
Assorted Juice

Grab-N-Go

Yogurt & Fruit Plate V

With: Presidents Day Cookies
Inclement Weather Day

Tuesday February 22**Entrees**

Chicken Tenders/Roll
Corn dog

Sides (3-4)

Coleslaw
Crinkle Fries
Mandarin Oranges
Assorted Juice

Grab-N-Go

Mixed Cheese Chef Salad V

Wednesday, February 23**Entrees**

Breaded Spicy Chicken Sandwich
Fish Sandwich

Sides (3-4)

Lemon Kissed Kale
Baked Sweet Potatoes
Fruit Cocktail
Assorted Fresh Fruit

Grab-N-Go

Vegetarian Salad V

With: Warm Chocolate Chip Cookie

Thursday, February 24**Entrees**

Breaded Beef Sandwich
Chicken Fajitas

Sides (3-4)

Tossed Salad
Green Beans
Cinnamon Applesauce
Assorted Juice

Grab-N-Go

Sunbutter & Jelly Plate V

Friday, February 25**Entrees**

Wild Mike's Cheese Pizza V
Turkey & Cheese Sub Sandwich

**Sides (3-4)**

Roasted Cauliflower
Whole Kernel Corn
Sliced Peaches
Assorted Fresh Fruit

Grab-N-Go

Club Chef Shaker Salad

Monday, February 28**Entrees**

French Bread Pizza V
Veggie Burger V

Sides (3-4)

Mixed Green Salad
Green Beans
Mandarin Oranges
Assorted Fresh Fruit

Grab-N-Go

Yogurt & Fruit Plate V

Tuesday, March 1**Entrees**

Spicy Chicken Nuggets with Roll
Grilled Cheese V

Sides (3-4)

Broccoli
Glazed Sweet Potatoes
Applesauce
Assorted Fresh Fruit

Grab-N-Go

Fajita Chef Salad V

With: Vegetable Soup

Wednesday, March 2**Entrees**

Hot Dog
Fish Sandwich

Sides (3-4)

Coleslaw
Baked Beans
Fruit Cocktail
Assorted Juice

Grab-N-Go

Vegetarian Chef Salad V

With: Warm Chocolate Chip Cookie

Thursday, March 3

Breaded Chicken Drumstick With Texas
Toast
Vegetarian Lasagna With Texas Toast V

Sides (3-4)

Collard Greens
Mashed Potatoes
Diced Apricots
Assorted Fresh Fruit

Grab-N-Go

Chicken Strip Chef Salad

Friday, March 4**Entrees**

Wild Mikes Turkey Pepperoni Pizza
Turkey BLT on Croissant

Sides (3-4)

Kale Salad
Peppered Carrots
Pineapple Tidbits
Assorted Fresh Fruit

Grab-N-Go

Mixed Cheese Chef Salad V