

Pre-K Breakfast January 2022



Welcome Back!
*We hope you
enjoyed your break!*

Tuesday, January 4

Turkey Sausage Biscuit
Apple Juice

Wednesday, January 5

Breakfast Pizza
Grape Juice

Thursday, January 6

Chicken Biscuit
Mixed Fruit Juice

Friday, January 7

Shredded Wheat (1oz) with
Biscuit
Orange Juice

Monday, January 10

Shredded Wheat with
Graham Crackers V
Orange Juice

Tuesday, January 11

Scrambled Eggs/Biscuit
Sliced Peaches

Wednesday, January 12

Whole Grain Blueberry
Muffin & Cheese Cubes V
Grape Juice

Thursday, January 13

Pancake N Link
Apple Juice

Friday, January 14

Beef Biscuit
Fruit Cocktail

Non-flavored Milk available with all meals

This institution is an equal opportunity provider.

*I have
a dream...*



Monday, January 17
MLK Holiday
School Closed



Tuesday, January 18
Turkey Sausage Biscuit
Apple Juice

Wednesday, January 19
Breakfast Pizza
Banana

Thursday, January 20
Chicken Biscuit
Mixed Fruit Juice

Friday, January 21
Shredded Wheat (1oz) with
Biscuit
Orange Juice

Monday, January 24

Shredded Wheat with
Graham Crackers V
Orange Juice

Tuesday, January 25

Scrambled Eggs/Biscuit
Sliced Peaches

Wednesday, January 26

Whole Grain Blueberry
Muffin & Cheese Cubes V
Grape Juice

Thursday, January 27

Pancake N Link
Apple Juice

Friday, January 28

Strawberry Banana Yogurt &
Granola V
Fruit Cocktail

COLD ≠ COLD.

Cold weather doesn't cause colds – viruses do! Same with the flu. Of course, you should always dress appropriately outdoors for comfort and to avoid frostbite (in other words, put your coat on!) But if you don't want to get sick, you should remember to wash your hands!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, January 31

Shredded Wheat with
Graham Crackers V
Orange Juice

Tuesday, February 1

Turkey Sausage Biscuit
Apple Juice

Wednesday, February 2

Breakfast Pizza
Banana

Thursday, February 3

Chicken Biscuit
Mixed Fruit Juice

Friday, February 4

Shredded Wheat (1oz) with
Biscuit
Orange Juice

Non-Flavored Milk available with all meals
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