### Elementary Lunch
#### January 2022

The original value meal & still a fantastic deal!

**FREE STUDENT MEALS**

**SY 21-22**

Get in touch with us today to learn more about meals in our district:

schoolnutrition@dekalbschoolsga.org

Choice of Milk is available with all meals

This institution is an equal opportunity provider.

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Lunch</th>
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<tbody>
<tr>
<td><strong>Entrees</strong></td>
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<tr>
<td>Grilled Cheese V</td>
<td>Hot Dog</td>
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<tr>
<td>Lemon Roasted Carrots &amp; Broccoli</td>
<td>Baked Beans</td>
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<tr>
<td>Mixed Green Salad</td>
<td>Crinkle Fries</td>
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<tr>
<td>Assorted Fresh Fruit</td>
<td>Fruit Cocktail</td>
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<tr>
<td><strong>Grab-N-Go</strong></td>
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<tr>
<td>Sunbutter &amp; Jelly Plate V</td>
<td>Yogurt &amp; Fruit Plate V</td>
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</tbody>
</table>

**Tuesday, January 4**

- **Entrees**
  - Mega Mini Maple Chicken Nuggets with Roll
- **Sides (2-3)**
  - Broccoli
  - Rustic Glazed Carrots
  - Applesauce
- **Grab-N-Go**
  - Sunbutter & Jelly Plate V

**Wednesday, January 5**

- **Entrees**
  - Lemon Pepper Chicken /Roll
- **Sides (2-3)**
  - Green Beans
  - Glazed Carrots
  - Pineapple Tidbits
- **Grab-N-Go**
  - Vegetarian Chef Salad

**Thursday, January 6**

- **Entrees**
  - Wild Mike’s Turkey Pepperoni Pizza
- **Sides (2-3)**
  - Kale Salad
  - Whole Kernel Corn
  - Sliced Peaches
- **Grab-N-Go**
  - Mixed Cheese Chef Salad

**Friday, January 7**

- **Entrees**
  - Big Mike’s Cheese Pizza V
- **Sides (2-3)**
  - Garden Salad
  - Black-Eyed Peas
  - Sliced Peaches
- **Grab-N-Go**
  - Club Chef Shaker Salad

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**Monday, January 10**

- **Entrees**
  - Grilled Cheese V
- **Sides (2-3)**
  - Lemon Roasted Carrots & Broccoli
  - Mixed Green Salad
  - Assorted Fresh Fruit
- **Grab-N-Go**
  - Yogurt & Fruit Plate V

**Tuesday, January 11**

- **Entrees**
  - Hamburger
- **Sides (2-3)**
  - Lettuce Tomato with Dill Pickle
  - Crinkle Fries
  - Mandarin Oranges
- **Grab-N-Go**
  - Sunbutter & Jelly Plate V

**Wednesday, January 12**

- **Entrees**
  - Breaded Chicken Sandwich
- **Sides (2-3)**
  - Cucumber Salad
  - Roasted Sweet Potatoes
  - Fruit Cocktail
- **Grab-N-Go**
  - Summer Vegetarian Salad V

**Thursday, January 13**

- **Entrees**
  - Beef & Cheese Nachos
  - Cheese Nachos V
- **Sides (2-3)**
  - Tossed Salad
  - Green Beans
  - Cinnamon Applesauce
- **Grab-N-Go**
  - Charbroiled Chicken Chef Salad

**Friday, January 14**

- **Entrees**
  - Big Mike’s Cheese Pizza V
- **Sides (2-3)**
  - Garden Salad
  - Black-Eyed Peas
  - Sliced Peaches
- **Grab-N-Go**
  - Club Chef Shaker Salad
### Entrees

#### Monday, January 17
- **Grilled Cheese V**
- **Lemon Roasted Carrots & Broccoli**
- **Mixed Green Salad**
- **Assorted Fresh Fruit**
- **Grab-N-Go Yogurt & Fruit Plate V**

#### Tuesday, January 18
- **Mega Mini Maple Chicken Nuggets with Roll**
- **Baked Beans**
- **Coleslaw**
- **Fruit Cocktail**
- **Grab-N-Go Sunbutter & Jelly Plate V**

#### Wednesday, January 19
- **Hot Dog**
- **Lemon Pepper Chicken /Roll**
- **Cucumber Salad**
- **Sweet Potato Boat**
- **Assorted Fresh Fruit**
- **Grab-N-Go Vegetarian Chef Salad V**

#### Thursday, January 20
- **Lemon Pepper Chicken /Roll**
- **Cucumber Salad**
- **Sweet Potato Boat**
- **Assorted Fresh Fruit**
- **Grab-N-Go Mixed Cheese Chef Salad V**

#### Friday, January 21
- **Breaded Beef Sandwich**
- **Kale Salad**
- **Green Beans**
- **Sliced Peaches**
- **Grab-N-Go Mixed Cheese Chef Salad V**

### Entrees

#### Monday, January 24
- **Grilled Cheese V**
- **Lemon Roasted Carrots & Broccoli**
- **Mixed Green Salad**
- **Assorted Fresh Fruit**
- **Grab-N-Go Yogurt & Fruit Plate V**

#### Tuesday, January 25
- **Hamburger**
- **Cucumber Salad**
- **Roasted Sweet Potatoes**
- **Fruit Cocktail**
- **Grab-N-Go Summer Vegetarian Salad V**

#### Wednesday, January 26
- **Breaded Chicken Sandwich**
- **Cucumber Salad**
- **Green Beans**
- **Cinnamon Applesauce**
- **Grab-N-Go Charbroiled Chicken Chef Salad**

#### Thursday, January 27
- **Beef & Cheese Nachos**
- **Lettuce Tomato with Dill Pickle**
- **Crinkle Fries**
- **Mandarin Oranges**
- **Grab-N-Go Sunbutter & Jelly Plate V**

#### Friday, January 28
- **Big Mike’s Cheese Pizza V**
- **Garden Salad**
- **Black-Eyed Peas**
- **Sliced Peaches**
- **Grab-N-Go Club Chef Shaker Salad**

### Entrees

#### Monday, January 31
- **French Bread Pizza V**
- **Mega Mini Maple Chicken Nuggets with Roll**
- **Broccoli**
- **Rustic Glazed Carrots**
- **Applesauce**
- **Spinach Chef Salad V**

#### Tuesday, February 1
- **Mega Mini Maple Chicken Nuggets with Roll**
- **Baked Beans**
- **Coleslaw**
- **Fruit Cocktail**
- **Grab-N-Go Yogurt & Fruit Plate V**

#### Wednesday, February 2
- **Hot Dog**
- **Lemon Pepper Chicken /Roll**
- **Cucumber Salad**
- **Sweet Potato Boat**
- **Assorted Fresh Fruit**
- **Grab-N-Go Vegetarian Chef Salad V**

#### Thursday, February 3
- **Breaded Beef Sandwich**
- **Kale Salad**
- **Green Beans**
- **Sliced Peaches**
- **Grab-N-Go Mixed Cheese Chef Salad V**

#### Friday, February 4
- **Breaded Beef Sandwich**
- **Kale Salad**
- **Green Beans**
- **Sliced Peaches**
- **Grab-N-Go Mixed Cheese Chef Salad V**