

**The original value meal
& still a fantastic deal!**

Breakfast Lunch

FREE STUDENT MEALS

SY 21-22

**Get in touch with us today to learn more
about
free and reduced-price meals in our district:
schoolnutrition@dekalschoolsga.org**

Middle School Breakfast NOVEMBER 2021

Monday, November 1 Great Beginnings Cinnamon Toast Crunch Bowl (2oz) Or Mini WG French Toast V Fruity Delights Orange Juice Fresh Gala Apple	Tuesday, November 2 Great Beginnings Turkey Sausage Biscuit Or Raspberry Yogurt with Granola V Fruity Delights Apple Juice Sliced Peaches	Wednesday November 3 Great Beginnings Assorted Cereal with Graham Crackers V Or Cinnamon Roll V Fruity Delights Orange Juice Banana	Thursday, November 4 Great Beginnings Chicken Biscuit Or Mini WG Waffles V Fruity Delights Mixed Fruit Juice Fresh Fruit	Friday, November 5 Great Beginnings Assorted Cereal (1oz) with Biscuit V Or Bagel with Cream Cheese V Fruity Delights Orange Tangerine Juice Fruit Cocktail
Monday, November 8 Great Beginnings Spicy Chicken Biscuit or Reduced Sugar Fruit Loops with Graham Crackers V Fruity Delights Orange Tangerine Juice Fresh Gala Apple	Tuesday, November 9 Great Beginnings Turkey Sausage Biscuit Or Blueberry Pop Tarts (2)V Fruity Delights Mixed Fruit Juice Sliced Peaches	Wednesday, November Great Beginnings Pancake N Link or Cinnamon Oatmeal Round V Fruity Delights Apple Juice Banana	Thursday, November 11 Great Beginnings Chicken Biscuit or Whole Grain Chocolate Muffin & Cheese Cubes V Fruity Delights Orange Tangerine Juice Fresh Apple	Friday, November 12 Great Beginnings Assorted Cereal (1oz) with Biscuit V or Strawberry Banana Yogurt & Granola V Fruity Delights Mixed Fruit Juice Fruit Cocktail

Monday, November 15	Tuesday, November 16	Wednesday, November 17	Thursday, November 18	Friday, November 19
Great Beginnings Cinnamon Toast Crunch Bowl (2oz) Or Mini WG French Toast V	Great Beginnings Turkey Sausage Biscuit Or Raspberry Yogurt with Granola V	Great Beginnings Assorted Cereal with Graham Crackers V Or Cinnamon Roll V	Great Beginnings Chicken Biscuit Or Mini WG Waffles V	Great Beginnings Assorted Cereal (1oz) with Biscuit V Or Bagel with Cream Cheese V
Fruity Delights Orange Juice Fresh Gala Apple	Fruity Delights Apple Juice Sliced Peaches	Fruity Delights Orange Juice Banana	Fruity Delights Mixed Fruit Juice Fresh Fruit	Fruity Delights Orange Tangerine Juice Fruit Cocktail

HAPPY Thanksgiving

Monday, November 29	Tuesday, October 26	Wednesday, October 27	Thursday, October 28	Friday, October 29
Great Beginnings Spicy Chicken Biscuit or Reduced Sugar Fruit Loops with Graham Crackers V	Great Beginnings Pancake N Link or Cinnamon Oatmeal Round V	Great Beginnings Turkey Sausage Biscuit Or Blueberry Pop Tarts (2)V	Great Beginnings Chicken Biscuit or Whole Grain Chocolate Muffin & Cheese Cubes V	Great Beginnings Assorted Cereal (1oz) with Biscuit V or Strawberry Banana Yogurt & Granola V
Fruity Delights Orange Tangerine Juice Fresh Gala Apple	Fruity Delights Apple Juice Banana	Fruity Delights Mixed Fruit Juice Sliced Peaches	Fruity Delights Orange Tangerine Juice Fresh Apple	Fruity Delights Mixed Fruit Juice Fruit Cocktail