

Middle School Breakfast

DECEMBER

2021

Wednesday, December

Great Beginnings

Turkey Sausage Biscuit
Or
Blueberry Pop Tarts (2)V

Fruity Delights

Mixed Fruit Juice
Sliced Peaches

Thursday, December 2

Great Beginnings

Chicken Biscuit
or
Whole Grain Chocolate Muffin
& Cheese Cubes V

Fruity Delights

Orange Tangerine Juice
Fresh Apple

Friday, December 3

Great Beginnings

Assorted Cereal (1oz) with
Biscuit V
or
Strawberry Banana Yogurt &
Granola V

Fruity Delights

Mixed Fruit Juice
Fruit Cocktail

Monday, December 6

Great Beginnings

Cinnamon Toast Crunch Bowl
(2oz)
Or

French Toast Sticks V

Fruity Delights

Orange Juice
Fresh Apple

Tuesday, December 7

Great Beginnings

Turkey Sausage Biscuit
Or

Peaches N Cream Parfait

Fruity Delights

Apple Juice
Sliced Peaches

Wednesday, December 8

Great Beginnings

Breakfast Pizza
Or
Bagel with Cream Cheese V

Fruity Delights

Grape Juice
Banana

Thursday, December 9

Great Beginnings

Chicken Biscuit
Or
Mini WG Waffles V

Fruity Delights

Mixed Fruit Juice
Fruit Cocktail

Friday, December 10

Great Beginnings

Assorted Cereal (1oz) with
Biscuit V
Or

School Baked Cinnamon Roll

Fruity Delights

Orange Juice
Assorted Fresh Fruit

Monday, December 13

Great Beginnings

Cinnamon Toast Crunch
Pastry
or

Reduced Sugar Fruit Loops
with Graham Crackers V

Fruity Delights

Orange Tangerine Juice
Fresh Apple

Tuesday, December 14

Great Beginnings

Scrambled Eggs/Biscuit
Or
Blueberry Pop Tarts (2)V

Fruity Delights

Mixed Fruit Juice
Sliced Peaches

Wednesday, December 15

Great Beginnings

Chicken Biscuit
or
Whole Grain Chocolate
Muffin & Cheese Cubes V

Fruity Delights

Grape Juice
Fresh Grapefruit



Thursday, December 16

Great Beginnings

Pancake N Link
or
Cinnamon Oatmeal Round V

Fruity Delights

Apple Juice
Fresh Banana

Friday, December 17

Great Beginnings

Beef Biscuit
or
Strawberry Banana Yogurt &
Granola V

Fruity Delights

Orange Juice
Fruit Cocktail



Monday, November 15	Tuesday, November 16	Wednesday, November 17	Thursday, November 18	Friday, November 19
Great Beginnings Cinnamon Toast Crunch Bowl (2oz) Or Mini WG French Toast V	Great Beginnings Turkey Sausage Biscuit Or Raspberry Yogurt with Granola V	Great Beginnings Assorted Cereal with Graham Crackers V Or Cinnamon Roll V	Great Beginnings Chicken Biscuit Or Mini WG Waffles V	Great Beginnings Assorted Cereal (1oz) with Biscuit V Or Bagel with Cream Cheese V
Fruity Delights Orange Juice Fresh Gala Apple	Fruity Delights Apple Juice Sliced Peaches	Fruity Delights Orange Juice Banana	Fruity Delights Mixed Fruit Juice Fresh Fruit	Fruity Delights Orange Tangerine Juice Fruit Cocktail

HAPPY Thanksgiving

Monday, November 29	Tuesday, October 26	Wednesday, October 27	Thursday, October 28	Friday, October 29
Great Beginnings Spicy Chicken Biscuit or Reduced Sugar Fruit Loops with Graham Crackers V	Great Beginnings Pancake N Link or Cinnamon Oatmeal Round V	Great Beginnings Turkey Sausage Biscuit Or Blueberry Pop Tarts (2)V	Great Beginnings Chicken Biscuit or Whole Grain Chocolate Muffin & Cheese Cubes V	Great Beginnings Assorted Cereal (1oz) with Biscuit V or Strawberry Banana Yogurt & Granola V
Fruity Delights Orange Tangerine Juice Fresh Gala Apple	Fruity Delights Apple Juice Banana	Fruity Delights Mixed Fruit Juice Sliced Peaches	Fruity Delights Orange Tangerine Juice Fresh Apple	Fruity Delights Mixed Fruit Juice Fruit Cocktail