

**The original value meal
& still a fantastic deal!**

Breakfast

Lunch

FREE STUDENT MEALS

SY 21-22

**Get in touch with us today to learn more
about
free and reduced-price meals in our district:
schoolnutrition@dekalbschoolsga.org**

High School Lunch NOVEMBER 2021

Monday, November 1

Entrees

Grilled Cheese V
Burrito Bowl V

Sides (3-4)

Lemon Roasted Carrots &
Broccoli
Mixed Green Salad
Assorted Fresh Fruit
Assorted Juice

Grab-N-Go

Club Med Chef Salad V

Tuesday, November 2

Entrees

Hamburger
Bean & Cheese Burrito

Sides (3-4)

Lettuce Tomato with Dill Pickle
Crinkle Fries
Mandarin Oranges
Assorted Juice

Grab-N-Go

Chicken Strip Salad

(Inclement Weather Day)

Wednesday, November 3

Entrees

Breaded Spicy Chicken Sandwich
Fish Sandwich

Sides (3-4)

Cucumber Salad
Roasted Sweet Potatoes
Fruit Cocktail
Assorted Juice

Grab-N-Go

Summer Vegetarian Salad V

Thursday, November 4

Entrees

Baked Spaghetti with Roll
Grilled Chicken Sandwich

Sides (3-4)

Baked Beans
Tossed Salad
Cinnamon Applesauce
Assorted Juice

Grab-N-Go

Vegetarian Chef Salad V

With: Chocolate Chip Cookie

Friday, November 5

Entrees

Wild Mike's Cheese Pizza V
Turkey Ham Sub Sandwich

Sides (3-4)

Garden Salad
Black-Eyed Peas
Sliced Peaches
Assorted Fresh Fruit

Grab-N-Go

Club Chef Shaker Salad

Thank You



★ VETERANS' DAY NOVEMBER 11 ★

Monday, November 8

Entrees

French Bread Pizza V
Veggie Burger V

Sides (3-4)

Mixed Green Salad
Mexicali Corn
Mandarin Oranges
Assorted Fresh Fruit

Grab-N-Go

Yogurt & Fruit Plate

Tuesday, November 9

Entrees

Spicy Chicken Nuggets with Roll
Caesar Chicken Wrap

Sides (3-4)

Broccoli
Rustic Glazed Carrots
Applesauce
Assorted Juice

Grab-N-Go

Summer Vegetarian Salad V

Wednesday, November 10

Entrees

Hot Dog
Turkey BLT On Croissant

Sides (3-4)

Coleslaw
Baked Beans
Fruit Cocktail
Assorted Juice

Grab-N-Go

Vegetarian Chef Salad V

Thursday, November 11

Entrees

Lemon Pepper Chicken /Roll
Vegetarian Lasagna with Texas Toast

Sides (3-4)

Caribbean Cabbage
Sweet Potato Boat
Pineapple Tidbits
Assorted Fresh Fruit

Grab-N-Go

Charbroiled Chicken Chef Salad

Friday, November 12

Entrees

Wild Mike's Turkey Pepperoni Pizza
Breaded Beef Sandwich

Sides (3-4)

Kale Salad
Green Beans
Sliced Peaches
Assorted Fresh Fruit

Grab-N-Go

Mixed Cheese Chef Salad

Choice of Milk is available with all meals

This institution is an equal opportunity provider.

Monday, November 15**Entrees**

Grilled Cheese V
Burrito Bowl V

Sides (3-4)

Lemon Roasted Carrots &
Broccoli
Mixed Green Salad
Assorted Fresh Fruit
Assorted Juice

Grab-N-Go

Club Med Chef Salad V

Tuesday, November 16**Entrees**

Hamburger
Bean & Cheese Burrito

Sides (3-4)

Lettuce Tomato with Dill Pickle
Crinkle Fries
Mandarin Oranges
Assorted Juice

Grab-N-Go

Chicken Strip Salad

Wednesday, November 17**Entrees**

Breaded Spicy Chicken Sandwich
Fish Sandwich

Sides (3-4)

Cucumber Salad
Roasted Sweet Potatoes
Fruit Cocktail
Assorted Juice

Grab-N-Go

Summer Vegetarian Salad V

Thursday, November 18**Entrees**

Roast Turkey/ Roll
Holiday Ham (Pork)/Roll

Sides

Cornbread Dressing
Sweet Potato Soufflé
Kale Salad
Fruit Medley
Seasonal Fresh Fruit

Grab N Go

Fruit & Yogurt Plate V

Served With

Cranberry Sauce
Holiday Cupcake

Friday, November 19**Entrees**

Wild Mike's Cheese Pizza V
Turkey Ham Sub Sandwich

Sides (3-4)

Garden Salad

Garlic & Herb Sweet Potatoes

Sliced Peaches
Assorted Fresh Fruit

Grab-N-Go

Club Chef Shaker Salad

Happy Thanksgiving !

School closed November 22 –November 26, 2021

COUNT OUR BLESSINGS.



For many of us, this Thanksgiving will be unlike any we have ever experienced. Let's try to enjoy the moment, content in our memories of past gatherings and hopes for the future!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, November 29**Entrees**

French Bread Pizza V
Veggie Burger V

Sides (3-4)

Mixed Green Salad
Mexicali Corn
Mandarin Oranges
Assorted Fresh Fruit

Grab-N-Go

Yogurt & Fruit Plate

Tuesday, November 30**Entrees**

Spicy Chicken Nuggets with Roll
Caesar Chicken Wrap

Sides (3-4)

Broccoli
Rustic Glazed Carrots
Applesauce
Assorted Juice

Grab-N-Go

Summer Vegetarian Salad V

Wednesday, December 1**Entrees**

Hot Dog
Turkey BLT On Croissant

Sides (3-4)

Coleslaw
Baked Beans
Fruit Cocktail
Assorted Juice

Grab-N-Go

Vegetarian Chef Salad V

With: Chocolate Chip Cookie

Thursday, December 2**Entrees**

Lemon Pepper Chicken /Roll
Vegetarian Lasagna with Texas Toast

Sides (3-4)

Caribbean Cabbage
Sweet Potato Boat
Pineapple Tidbits
Assorted Fresh Fruit

Grab-N-Go

Charbroiled Chicken Chef Salad

Friday, December 3**Entrees**

Wild Mikes Turkey Pepperoni Pizza
Breaded Beef Sandwich

Sides (3-4)

Kale Salad
Green Beans
Sliced Peaches
Assorted Fresh Fruit

Grab-N-Go

Mixed Cheese Chef Salad