

**The original value meal  
& still a fantastic deal!**

# High School Breakfast NOVEMBER 2021

**Breakfast      Lunch**

**FREE STUDENT MEALS**

**SY 21-22**

**Get in touch with us today to learn more  
about  
free and reduced-price meals in our district:  
[schoolnutrition@dekalschoolsga.org](mailto:schoolnutrition@dekalschoolsga.org)**

<b>Monday, November 1</b> <b>Great Beginnings</b> Cinnamon Toast Crunch Bowl (2oz) Or Mini WG French Toast V <b>Fruity Delights</b> Orange Juice Fresh Gala Apple	<b>Tuesday, November 2</b> <b>Great Beginnings</b> Turkey Sausage Biscuit Or Raspberry Yogurt with Granola V <b>Fruity Delights</b> Apple Juice Sliced Peaches	<b>Wednesday November 3</b> <b>Great Beginnings</b> Assorted Cereal with Graham Crackers V Or Cinnamon Roll V <b>Fruity Delights</b> Orange Juice Banana	<b>Thursday, November 4</b> <b>Great Beginnings</b> Chicken Biscuit Or Mini WG Waffles V <b>Fruity Delights</b> Mixed Fruit Juice Fresh Fruit	<b>Friday, November 5</b> <b>Great Beginnings</b> Assorted Cereal (1oz) with Biscuit V Or Bagel with Cream Cheese V <b>Fruity Delights</b> Orange Tangerine Juice Fruit Cocktail
<b>Monday, November 8</b> <b>Great Beginnings</b> Spicy Chicken Biscuit or Reduced Sugar Fruit Loops with Graham Crackers V <b>Fruity Delights</b> Orange Tangerine Juice Fresh Gala Apple	<b>Tuesday, November 9</b> <b>Great Beginnings</b> Turkey Sausage Biscuit Or Blueberry Pop Tarts (2)V <b>Fruity Delights</b> Mixed Fruit Juice Sliced Peaches	<b>Wednesday, November</b> <b>Great Beginnings</b> Pancake N Link or Cinnamon Oatmeal Round V <b>Fruity Delights</b> Apple Juice Banana	<b>Thursday, November 11</b> <b>Great Beginnings</b> Chicken Biscuit or Whole Grain Chocolate Muffin & Cheese Cubes V <b>Fruity Delights</b> Orange Tangerine Juice Fresh Apple	<b>Friday, November 12</b> <b>Great Beginnings</b> Assorted Cereal (1oz) with Biscuit V or Strawberry Banana Yogurt & Granola V <b>Fruity Delights</b> Mixed Fruit Juice Fruit Cocktail



Monday, November 15	Tuesday, November 16	Wednesday, November 17	Thursday, November 18	Friday, November 19
<b>Great Beginnings</b> Cinnamon Toast Crunch Bowl (2oz) Or Mini WG French Toast V	<b>Great Beginnings</b> Turkey Sausage Biscuit Or Raspberry Yogurt with Granola V	<b>Great Beginnings</b> Assorted Cereal with Graham Crackers V Or Cinnamon Roll V	<b>Great Beginnings</b> Chicken Biscuit Or Mini WG Waffles V	<b>Great Beginnings</b> Assorted Cereal (1oz) with Biscuit V Or Bagel with Cream Cheese V
<b>Fruity Delights</b> Orange Juice Fresh Gala Apple	<b>Fruity Delights</b> Apple Juice Sliced Peaches	<b>Fruity Delights</b> Orange Juice Banana	<b>Fruity Delights</b> Mixed Fruit Juice Fresh Fruit	<b>Fruity Delights</b> Orange Tangerine Juice Fruit Cocktail

# HAPPY Thanksgiving

Monday, November 29	Tuesday, October 26	Wednesday, October 27	Thursday, October 28	Friday, October 29
<b>Great Beginnings</b> Spicy Chicken Biscuit or Reduced Sugar Fruit Loops with Graham Crackers V	<b>Great Beginnings</b> Pancake N Link or Cinnamon Oatmeal Round V	<b>Great Beginnings</b> Turkey Sausage Biscuit Or Blueberry Pop Tarts (2)V	<b>Great Beginnings</b> Chicken Biscuit or Whole Grain Chocolate Muffin & Cheese Cubes V	<b>Great Beginnings</b> Assorted Cereal (1oz) with Biscuit V or Strawberry Banana Yogurt & Granola V
<b>Fruity Delights</b> Orange Tangerine Juice Fresh Gala Apple	<b>Fruity Delights</b> Apple Juice Banana	<b>Fruity Delights</b> Mixed Fruit Juice Sliced Peaches	<b>Fruity Delights</b> Orange Tangerine Juice Fresh Apple	<b>Fruity Delights</b> Mixed Fruit Juice Fruit Cocktail