

Monday, January 18

Breakfast

Reduced Sugar Fruit Loops
Graham Crackers
Orange Tangerine Fruit Juice
Fresh Gala Apple

Lunch

Grilled Cheese *
Carrot Sticks (9)
Ranch Dressing
Diced Apricots
Apple Juice
Shortbread Cookies

Tuesday, January 19

Breakfast

Breaded Chicken Biscuit
Apple Juice
Mandarin Oranges

Lunch

Chicken Chunks with Roll
or
Fruit & Yogurt Plate V

Tossed Salad
Roasted Carrots
Ranch Dressing
Applesauce
Fruit Punch Juice

Wednesday, January 20

Breakfast

Reduced Sugar Frosted Flakes
Biscuit
Mixed Fruit Juice
Fresh Banana

Lunch

Roasted Wings
Cucumber and Tomato Salad
Celery Sticks (5)
Pretzels
Diced Peas
Mixed Berry Juice

Thursday, January 21

Breakfast

Sausage Biscuit
Apple Juice
Diced Apricot

Lunch

Beef Hot Dog
Or
Mixed Cheese Chef Salad

Coleslaw
Baked Beans
Applesauce
Assorted Juice

Friday, January 22

Breakfast

Breakfast Pizza
Orange Tangerine Juice
Red Delicious Apple

Lunch

Cheeseburger
Or
Chicken Strip Salad

Lettuce/Tomato/Pickels
Whoel Kernel Corn
Ranch Dressing
Fruit Cocktail
Mixed Berry Juice

Saturday, January 23

Cook at Home Breakfast

French Toast Sticks *
Syrup
Mixed Fruit Juice
Diced Apricots

Lunch

Breaded Beef * with Bun
Coleslaw
VBlend Juice
Cinnamon Applesauce
Fruit Punch Juice

Sunday, January 24

Cook at Home Breakfast

Reduced Sugar Cinnamon Toast Crunch
Graham Crackers
Apple Juice
Red Delicious Apple

Lunch

Chicken Tenders *
Roll
Summer Corn Salad
Mini Carrots/Ranch
Fruit Cocktail
Mixed Berry Juice

Monday, January 25

Meatless Monday Breakfast

Reduced Sugar Fruit Loops
Graham Crackers
Orange Tangerine Juice
Fresh Gala Apple

Lunch

Cheese Dippers with Salsa
or
Southwestern Wrap

Cucumber Salad
Roasted Sweet Potatoes
Fresh Apple
Fruit Cocktail

Tuesday, January 26

Breakfast

Turkey Sausage Biscuit
Apple Juice
Diced Peaches

Lunch

Grilled Chicken Sandwich
Or
Fruit & Yogurt Plate

Spinach Salad
Baked Sweet Potato
Fresh Pear
Assorted Juice

Fruit & Yogurt Plate V

Wednesday, January 27

Breakfast

Reduced Sugar Frosted Flakes
Graham Gold Fish
Orange Tangerine Juice
Red Delicious Apple

Lunch

Roasted Chicken w/Roll
Mexicali Corn
Collard Greens
Fresh Banana
Assorted Juice

Thursday, January 28

Breakfast

Chicken Biscuit
Mixed Fruit Juice
Fresh Gala Apple

Lunch

Breaded Beef* with Bun
Or
Mixed Cheese Chef Salad

Garden Salad
Baked Beans
Cinnamon Applesauce
Assorted Juice

Friday, January 29

Breakfast

Pancake N Link
Orange Tangerine Juice
Red Delicious Apple

Lunch

French Bread Pizza
Or
Chicken Strip Chef Salad

Lemon Kissed Kale
Roasted Carrots
Chilled Peaches
Assorted Juice

Saturday, January 30

Cook at Home Breakfast

Strawberry Yogurt
Granola
Orange Tangerine Juice
Diced Apricots

Lunch

Chicken Tenders *
Roll
Summer Corn Salad
Mini Carrots./Ranch
Cinnamon Applesauce
Fruit Punch Juice**

Sunday, January 31

Cook at Home Breakfast

Reduced Sugar Cinnamon Toast Crunch
Graham Crackers
Orange Tangerine Juice
Red Delicious Apple

Lunch

Galaxy Cheese Pizza*
Cucumber and Tomato Salad
VBlend Juice
Fruit Cocktail
Mixed Berry Juice

Breakfast

In-School Dining - What to Expect

- ◇ Grab & Go breakfast will be available.
- ◇ Students may select milk and an additional serving of fruit to go along with the grab-n-go breakfast
- ◇ School Nutrition Team members will add the fruit and the milk to the students meal, if requested by the student.

Lunch

In-School Dining - What to Expect

- ◇ Menus have been streamlined to promote efficiency and transportability. Lunch will consist of one hot entrée with vegetables or a Grab N Go meal.
- ◇ Students will maintain social distancing as they select their meal from the serving line. Serving Lines will be utilized to maintain food quality and to ensure food is kept at a safe temperature.
- ◇ Students will need to tell or show their School Nutrition Team which items they would like on their tray. Students will not be permitted to pick up items from the line.
- ◇ The SNS Team will prepare the students tray based on their selections
- ◇ Students that speak softly should use hand signals to indicate their preference.
- ◇ All food will be covered for transport back to the classroom or designated area.