### Meatless Monday

**Breakfast**
- Reduced Sugar Fruit Loops
- Graham Crackers
- Orange Tangerine Juice
- Fresh Gala Apple

**Lunch**
- Grilled Cheese * Carrot Sticks (9)
- Ranch Dressing
- Diced Apricots
- Apple Juice
- Shortbread Cookies

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### In-School Dining - What to Expect

- **Grab & Go** breakfast will be available.
- Students may select milk and an additional serving of fruit to go along with the grab-n-go breakfast.
- School Nutrition Team members will add the fruit and the milk to the students meal, if requested by the student.

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### Breakfast In-School Dining - What to Expect

- Menus have been streamlined to promote efficiency and transportability. Lunch will consist of one hot entrée with vegetables or a Grab N Go meal.
- Students will maintain social distancing as they select their meal from the Serving line. Serving Lines will be utilized to maintain food quality and to ensure food is kept at a safe temperature.
- Students will need to tell or show their School Nutrition Team which items they would like on their tray. Students will not be permitted to pick up items from the line.
- The SNS Team will prepare the students tray based on their selections.
- Students that speak softly should use hand signals to indicate their preference.
- All food will be covered for transport back to the classroom or designated area.