



DeKalb County School System  
**DEPARTMENT OF EXCEPTIONAL EDUCATION  
 AND SUPPORT SERVICES**

5839 Memorial Drive  
 Stone Mountain, Georgia 30083  
 (678) 676-1800  
 Fax (678) 676-1888

The following child is a participant in one of the United States Department of Agriculture (USDA) school nutrition programs.

- USDA regulations 7CFR Part 15B require substitutions or modifications in school nutrition program meals for children whose **disability** restricts their diet and is supported by a statement signed by a **licensed physician**. Food allergies which may result in a severe, life-threatening (anaphylactic) reaction may meet the definition of "disability."
- The school food authority may choose to accommodate a student with a **non-disabling special dietary need** that is supported by a statement signed by a **recognized medical authority** (physician, physician assistant or nurse practitioner).

The school food authority may choose to make a milk substitution available for students with a **non-disabling special dietary need**, such as milk intolerance or for cultural or religious beliefs. If the school food authority makes these substitutions available, the milk substitute must meet nutrient standards identified in regulations. If available, this will be indicated in Part 2. A **recognized medical authority** (physician, physician assistant, or nurse practitioner) may complete this section.

**PHYSICIAN AND PARENT AUTHORIZATION FOR ORAL FEEDINGS AND/OR TUBE FEEDINGS**

School Year 20\_\_ to 20\_\_

STUDENT'S NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ SCHOOL: \_\_\_\_\_

DIAGNOSIS: \_\_\_\_\_

Please complete the following questions so we may serve the student safely and appropriately.

**I. Physician recommended diet:**

- \_\_\_\_\_ Nothing by mouth (NPO)
- \_\_\_\_\_ By mouth (PO) Type diet:
- \_\_\_\_\_ Regular

Liquids:

- Regular \_\_\_\_\_
- Thickened \_\_\_\_\_ If thickened, what consistency?

- \_\_\_\_\_ Chopped
- \_\_\_\_\_ Puree-indicate texture below
- \_\_\_\_\_ Baby Cereal
- \_\_\_\_\_ Mashed Table Foods
- \_\_\_\_\_ Regular Table Foods

- Nectar \_\_\_\_\_ Honey \_\_\_\_\_ Pudding \_\_\_\_\_

- \_\_\_\_\_ Stage 1 Baby Foods (smooth)
- \_\_\_\_\_ Stage 2 Baby Food (semi-chunky)
- \_\_\_\_\_ Stage 3 Baby Foods (chunky)

- \_\_\_\_\_ Supplement to school meal
- \_\_\_\_\_ Solids only by mouth
- \_\_\_\_\_ Liquids by G-tube
- \_\_\_\_\_ Tube Fed

Name of Formula \_\_\_\_\_

Can a formula of similar nutrient value be substituted? Yes No

Amount at each feeding \_\_\_\_\_

Times to be fed \_\_\_\_\_

Amount of water \_\_\_\_\_

Amount of water to flush \_\_\_\_\_

**II. Type of Feeding:**

\_\_\_\_\_ Bolus  
\_\_\_\_\_ Slow Drip  
\_\_\_\_\_ Pump If pump, what setting \_\_\_\_\_

**III. Swallow study done?** Yes No (Circle One) If yes, please attach if available.

**IV. Request for milk substitution for non-disabling special dietary needs only**

School/school district provides **Lactose Free Milk** as a milk substitute to students with non-disabling or other special dietary needs when Section IV is completed by Medical Authority and approved by the school/school district. **Water is available for all students.**

Does the child have a non-disabling medical or special dietary need that restricts intake of fluid milk?  
Yes  No

List medical or special dietary need (e.g., lactose intolerance or for cultural or religious beliefs):

**Medical Authority or Parent/Guardian Signature:** \_\_\_\_\_

Date: \_\_\_\_\_

**V. To be completed by Physician/Medical Authority**

**Does the child have a disability?** Yes  No

If Yes,

Please identify the disability and describe the major life activities affected by the disability.

**Does the child's disability affect their nutritional or feeding needs?** Yes  No

**If the child does not have a disability\*, does the child have special nutritional or feeding needs?**

Yes  No

(\*These accommodations are optional for schools to make)

If Yes, please identify the medical or other special dietary condition which restricts the diet.

**Disability/Special Dietary Needs**

**VI. Contraindications/Precautions and/or Food Allergies, List any dietary specific foods to be omitted:**  
(To be completed by Physician or Medical Authority) \_\_\_\_\_

List any specific foods to be substituted (substitutions cannot be made unless this section is filled out)

\_\_\_\_\_  
Physician/Medical Authority Printed Name, Address Office Phone Number \_\_\_\_\_

\_\_\_\_\_  
Physician/Medical Authority Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date