## Pre-K 2023

### Elementary Breakfast

<table>
<thead>
<tr>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
</tr>
</thead>
</table>
| 1   | Pancake N Link  
Orange Juice  
Nonfat Unflavored Milk | Breakfast Pizza  
Apple Juice  
Nonfat Unflavored Milk | Raspberry Yogurt with  
Blueberry Muffin  
Chilled Pears  
Nonfat Unflavored Milk | Frosted Shredded Wheat with Toast  
Grape Juice  
Nonfat Unflavored Milk | Scrambled Eggs /Biscuit With Turkey Bacon  
Assorted Juice  
Nonfat Unflavored Milk |
| 2   | Breakfast Pizza  
Apple Juice  
Nonfat Unflavored Milk | Raspberry Yogurt with Blueberry Muffin  
Chilled Pears  
Nonfat Unflavored Milk | Frosted Shredded Wheat with Toast  
Grape Juice  
Nonfat Unflavored Milk | Chicken Biscuit  
Grape Juice  
Nonfat Unflavored Milk | Frosted Mini-Wheat with Biscuit  
Assorted Fresh Fruit  
Nonfat Unflavored Milk |
| 3   | Frosted Mini-Wheat with Toast  
Apple Juice  
Nonfat Unflavored Milk | Cheese Omelet with Biscuit  
Fresh Banana  
Nonfat Unflavored Milk | Chicken Biscuit  
Grape Juice  
Nonfat Unflavored Milk | Chicken Biscuit  
Grape Juice  
Nonfat Unflavored Milk | Frosted Mini-Wheat with Biscuit  
Assorted Fresh Fruit  
Nonfat Unflavored Milk |
| 4   | Cheese Omelet with Biscuit  
Fresh Banana  
Nonfat Unflavored Milk | Cheese Omelet with Biscuit  
Fresh Banana  
Nonfat Unflavored Milk |  |  |  |
| 5   | Chicken Biscuit  
Grape Juice  
Nonfat Unflavored Milk |  |  |  |  |
| 6   |  |  |  |  |  |
| 7   |  |  |  |  |  |
| 8   | Turkey Sausage  Biscuit  
Orange Juice  
Nonfat Unflavored Milk | Frosted Mini-Wheat with Toast  
Apple Juice  
Nonfat Unflavored Milk |  |  |  |
| 9   | Frosted Mini-Wheat with Toast  
Apple Juice  
Nonfat Unflavored Milk |  |  |  |  |
| 10  | Frosted Mini-Wheat with Toast  
Apple Juice  
Nonfat Unflavored Milk |  |  |  |  |
| 11  | Frosted Mini-Wheat with Toast  
Apple Juice  
Nonfat Unflavored Milk |  |  |  |  |
| 12  |  |  |  |  |  |
| 13  |  |  |  |  |  |
| 14  |  |  |  |  |  |
| 15  | Pancake N Link  
Orange Juice  
Nonfat Unflavored Milk | Breakfast Pizza  
Sliced Peaches  
Nonfat Unflavored Milk | Raspberry Yogurt with Blueberry Muffin  
Orange Juice  
Nonfat Unflavored Milk | Frosted Mini-Wheat with Toast  
Seasonal Fresh Fruit  
Nonfat Unflavored Milk | Scrambled Eggs /Biscuit With Turkey Bacon  
Farm to School Watermelon  
Nonfat Unflavored Milk |
| 16  | Breakfast Pizza  
Sliced Peaches  
Nonfat Unflavored Milk | Raspberry Yogurt with Blueberry Muffin  
Orange Juice  
Nonfat Unflavored Milk |  |  |  |
| 17  |  |  |  |  |  |
| 18  |  |  |  |  |  |
| 19  |  |  |  |  |  |
| 20  |  |  |  |  |  |
| 21  |  |  |  |  |  |
| 22  | Turkey Sausage  Biscuit  
Seasonal Fresh Fruit  
Nonfat Unflavored Milk | Frosted Mini-Wheat with Toast  
Apple Juice  
Nonfat Unflavored Milk | Cheese Omelet with Biscuit  
Grape Juice  
Nonfat Unflavored Milk |  |  |
| 23  | Frosted Mini-Wheat with Toast  
Apple Juice  
Nonfat Unflavored Milk | Cheese Omelet with Biscuit  
Grape Juice  
Nonfat Unflavored Milk |  |  |  |
| 24  |  |  |  |  |  |

This institution is an equal opportunity provider.
Milk available with all meals.