

# March 2023

## Middle School Lunch

MON	TUE	WED	THU	FRI
 <p>DeKalb County School Nutrition Services</p> <p>Your Feedback is Welcome!</p>		<p><b>1 Entrees</b> Nashville Hot Nuggets/Roll Cheeseburger</p> <p><b>Sides (3-4)</b> Broccoli Whole Kernel Corn Diced Peaches Assorted Juice</p> <p><b>Grab N Go</b> Yogurt and Fruit Plate</p>	<p><b>2 Entrees</b> Baked Spaghetti/Roll Veggie Burger v</p> <p><b>Sides (3-4)</b> Mixed Green Salad Rustic Carrots Applesauce Fresh Banana</p> <p><b>Grab N Go</b> Chicken Strip Chef Salad</p>	<p><b>3 Entrees</b> Galaxy Pizza Vegetarian Chili with Roll V</p> <p><b>Sides (3-4)</b> Garden Salad Baked Potato Mandarin Oranges Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Club Shaker Salad</p>
<p><b>6 Entrees</b> Mexican Cheese Dippers v Soft Chicken Taco</p> <p><b>Sides (3-4)</b> Garden Salad Mexicali Corn Diced Pears Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Nut Butter &amp; Jelly Plate v</p>	<p><b>7 Entrees</b> Beef &amp; Cheese Nachos Cheese Nachos v Spicy Chicken Sandwich</p> <p><b>Sides (3-4)</b> Shredded Lettuce &amp; Tomato Fiesta Pinto Beans Mandarin Oranges Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Fajita Chicken Chef Salad  With: Dick &amp; Janes Cookies</p>	<p><b>8 Entrees</b> Wild Mike's Cheese Pizza V Wild Mike's Pepperoni Pizza Hamburger</p> <p><b>Sides (3-4)</b> Mixed Green Salad Whole Kernel Corn Diced Peaches Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Chicken Strip Chef Salad</p>	<p><b>9 Entrees</b> BBQ Chicken/Roll Calzone v</p> <p><b>Sides (3-4)</b> Mashed Potatoes Collard Greens Chilled Fruit Medley Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Club Shaker Salad</p>	<p><b>10</b></p> <p>Independent Learner Day</p>
<p><b>13 Entrees</b> Roasted Chicken/Roll Hot Dog</p> <p><b>Sides (3-4)</b> Caribbean Cabbage Baked Beans Chilled Fruit Medley Assorted Juice</p> <p><b>Grab N Go</b> Vegetarian Chef Salad v</p> <p>With : Macaroni &amp; Cheese</p>	<p><b>14 Entrees</b> Beef-A-Roni/Texas Toast Grilled Cheese with Vegetable Soup</p> <p><b>Sides (3-4)</b> Mixed Green Salad Baked Fries Diced Apricots Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Hummus Plate</p>	<p><b>15 Entrees</b> Nashville Hot Nuggets/Roll Cheeseburger</p> <p><b>Sides (3-4)</b> Broccoli Whole Kernel Corn Apple Sauce Assorted Juice</p> <p><b>Grab N Go</b> Yogurt and Fruit Plate</p>	<p><b>16 Entrees</b> Baked Spaghetti/Roll Veggie Burger v</p> <p><b>Sides (3-4)</b> Mixed Green Salad Rustic Carrots Applesauce Fresh Banana</p> <p><b>Grab N Go</b> Chicken Strip Chef Salad</p>	<p><b>17 Entrees</b> Galaxy Pizza Vegetarian Chili with Roll V</p> <p><b>Sides (3-4)</b> Garden Salad Baked Potato Mandarin Oranges Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Club Shaker Salad</p> <p><b>With: Luck of the Irish Fruit Ice</b></p>
<p><b>20 Entrees</b> Mexican Cheese Dippers v Soft Beef Taco</p> <p><b>Sides (3-4)</b> Garden Salad Mexicali Corn Diced Pears Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Nut Butter &amp; Jelly Plate v</p>	<p><b>21 Entrees</b> Beef &amp; Cheese Nachos Cheese Nachos v Spicy Chicken Sandwich</p> <p><b>Sides (3-4)</b> Shredded Lettuce &amp; Tomato Fiesta Pinto Beans Mandarin Oranges Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Fajita Chicken Chef Salad</p>	<p><b>22 Entrees</b> Wild Mike's Cheese Pizza V Wild Mike's Pepperoni Pizza Hamburger</p> <p><b>Sides (3-4)</b> Mixed Green Salad Whole Kernel Corn Diced Peaches Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Chicken Strip Chef Salad</p>	<p><b>23 Entrees</b> BBQ Chicken/Roll Calzone v</p> <p><b>Sides (3-4)</b> F2S Roasted Cauliflower Collard Greens Chilled Fruit Medley Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Club Shaker Salad</p> <p>With : Rice</p>	<p><b>24 Friday! Friday!</b></p> <p><b>Entrees</b> Roasted Chicken Wings/Roll Turkey &amp; Bacon Croissant</p> <p><b>Sides (3-4)</b> Power Kale Salad Peppered Carrot Coins Cinnamon Applesauce Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Hummus Plate</p>
<p><b>27 Entrees</b> Roasted Chicken/Roll Corn Dog</p> <p><b>Sides (3-4)</b> Caribbean Cabbage Baked Beans Chilled Fruit Medley Assorted Juice</p> <p><b>Grab N Go</b> Vegetarian Chef Salad v</p> <p>With Macaroni &amp; Cheese</p>	<p><b>28 Entrees</b> Beef-A-Roni/Texas Toast Grilled Cheese with Vegetable Soup</p> <p><b>Sides (3-4)</b> Mixed Green Salad Baked Fries Diced Apricots Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Hummus Plate</p>	<p><b>29 Entrees</b> Nashville Hot Nuggets/Roll Cheeseburger</p> <p><b>Sides (3-4)</b> Broccoli F2S Squash Casserole Apple Sauce Assorted Juice</p> <p><b>Grab N Go</b> Yogurt and Fruit Plate</p>	<p><b>30 Entrees</b> Baked Spaghetti/Roll Veggie Burger v</p> <p><b>Sides (3-4)</b> Mixed Green Salad Rustic Carrots Applesauce Fresh Banana</p> <p><b>Grab N Go</b> Chicken Strip Chef Salad</p>	<p><b>31 Entrees</b> Galaxy Pizza Vegetarian Chili with Roll V</p> <p><b>Sides (3-4)</b> Garden Salad Baked Potato Mandarin Oranges Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Club Shaker Salad</p>

Milk is available with all meals  
This institution is an equal opportunity provider.