

# January 2023

## Middle/High Breakfast

	TUE	WED	THU	FRI
 <p>Let us hear from you!</p>	<p>3</p> <p><b>Pre-Planning Day</b></p>	<p>4 <b>Great Beginnings</b> Turkey Sausage Biscuit</p> <p>Raspberry Yogurt with Chocolate Muffin</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Chilled Pears</p>	<p>5 <b>Great Beginnings</b> Waffle with Sausage</p> <p>School Baked Cinnamon Roll</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit</p>	<p>6 <b>Great Beginnings</b> Scrambled Eggs /Biscuit With Turkey Bacon</p> <p>Cinnamon Toast Crunch Pastry</p> <p><i>With: Southern Grits</i></p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit</p>
<p>9 <b>Great Beginnings</b> Turkey Sausage Biscuit</p> <p>Choice of Cereal with Biscuit</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit</p>	<p>10 <b>Great Beginnings</b> Cheesy Scrambled Eggs with Toast</p> <p>Morning Pastry to Go</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Sliced Peaches</p>	<p>11 <b>Great Beginnings</b> Spinach &amp; Cheese Omelet with Biscuit</p> <p>WG Pancakes with Syrup</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit</p>	<p>12 <b>Great Beginnings</b> Spicy Chicken Biscuit</p> <p>Apple Crisp Parfait</p> <p><i>With: Southern Grits</i></p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Chilled Pears</p>	<p>13 <b>Great Beginnings</b> French Toast with Turkey Sausage Links</p> <p>Choice of Cereal with Biscuit</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit</p>
	<p>17 <b>Great Beginnings</b> Breakfast Pizza</p> <p>Cinnamon Pancakes</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Sliced Peaches</p>	<p>18 <b>Great Beginnings</b> Turkey Sausage Biscuit</p> <p>Raspberry Yogurt with Chocolate Muffin</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Chilled Pears</p>	<p>19 <b>Great Beginnings</b> Waffle with Sausage</p> <p>School Baked Cinnamon Roll</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit</p>	<p>20 <b>Great Beginnings</b> Scrambled Eggs /Biscuit With Turkey Bacon</p> <p>Cinnamon Toast Crunch Pastry</p> <p><i>With: Southern Grits</i></p> <p><b>Fruity Delights (1-2):</b> Assorted Juice <b>Fresh Fruit</b></p>
<p>23 <b>Great Beginnings</b> Turkey Sausage Biscuit</p> <p>Choice of Cereal with Biscuit</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit</p>	<p>24 <b>Great Beginnings</b> Cheesy Scrambled Eggs with Toast</p> <p>Morning Pastry to Go</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Sliced Peaches</p>	<p>25 <b>Great Beginnings</b> Spinach &amp; Cheese Omelet with Biscuit</p> <p>WG Pancakes with Syrup</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit</p>	<p>26 <b>Great Beginnings</b> Spicy Chicken Biscuit</p> <p>Apple Crisp Parfait</p> <p><i>With: Southern Grits</i></p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Chilled Pears</p>	<p>28 <b>Great Beginnings</b> French Toast with Turkey Sausage Links</p> <p>Choice of Cereal with Biscuit</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit</p>
<p>30 <b>Great Beginnings</b> Pancake N Link</p> <p>Bagel with Cream Cheese</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit</p>	<p>31 <b>Great Beginnings</b> Breakfast Pizza</p> <p>Cinnamon Pancakes</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Sliced Peaches</p>	<p>1 <b>Great Beginnings</b> Turkey Sausage Biscuit</p> <p>Raspberry Yogurt with Chocolate Muffin</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Chilled Pears</p>	<p>2 <b>Great Beginnings</b> Waffle with Sausage</p> <p>School Baked Cinnamon Roll</p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit</p>	<p>3 <b>Great Beginnings</b> Scrambled Eggs /Biscuit With Turkey Bacon</p> <p>Cinnamon Toast Crunch Pastry</p> <p><i>With: Southern Grits</i></p> <p><b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit</p>