


# January 2023

## High School Lunch

MON	TUE	WED	THU	FRI
 <p>Your Feedback is Welcome!</p>	<p>3</p> <p>Pre-Planning Day</p>	<p>4 Entrees</p> <ul style="list-style-type: none"> <li>Buffalo Chicken Dip</li> <li>With Tortilla Chips</li> <li>Fish Fillet Sandwich</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Broccoli</li> <li>Whole Kernel Corn</li> <li>Chilled Fruit Medley</li> <li>Assorted Juice</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Yogurt and Fruit Plate</li> <li>Turkey Sub Plate</li> </ul>	<p>5 Entrees</p> <ul style="list-style-type: none"> <li>Baked Spaghetti/Roll</li> <li>Bean &amp; Cheese Burrito V</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Tossed Salad</li> <li>Rustic Carrots</li> <li>Sliced Peaches</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Chicken Strip Chef Salad</li> <li>Turkey &amp; Cheese Sub</li> </ul>	<p>6 Entrees</p> <ul style="list-style-type: none"> <li>Galaxy Pizza</li> <li>Veggie Burger v</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Garden Salad</li> <li>Baked Potato</li> <li>Mandarin Oranges</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Charbroiled Chicken Chef Salad</li> <li>Club Sub Plate</li> </ul>
<p>9 Entrees</p> <ul style="list-style-type: none"> <li>Stuffed Cheese Bites with Dipping Sauce V</li> <li>Soft Beef Taco</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Garden Salad</li> <li>Mexicali Corn</li> <li>Diced Pears</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Nut Butter &amp; Jelly Plate V</li> <li>Turkey Sub Plate</li> </ul>	<p>10 Entrees</p> <ul style="list-style-type: none"> <li>Beef &amp; Cheese Nachos</li> <li>Cheese Nachos V</li> <li>Breaded Chicken Sandwich</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Shredded Lettuce &amp; Tomato</li> <li>Fiesta Pinto Beans</li> <li>Mandarin Oranges</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Fajita Chicken Chef Salad</li> <li>Club Sub Plate</li> </ul> <p>With: Dick &amp; Janes Cookies</p>	<p>11 Entrees</p> <ul style="list-style-type: none"> <li>Wild Mike's Cheese Pizza V</li> <li>Wild Mike's Pepperoni Pizza</li> <li>Hamburger</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Mixed Green Salad</li> <li>Whole Kernel Corn</li> <li>Chilled Pineapple</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Chicken Strip Chef Salad</li> <li>Turkey &amp; Cheese Sub Plate</li> </ul>	<p>12 Entrees</p> <ul style="list-style-type: none"> <li>Buffalo Chicken/Roll</li> <li>Bean &amp; Cheese Burrito V</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Creamy Mashed Potatoes</li> <li>Collard Greens</li> <li>Chilled Fruit Medley</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Club Shaker Salad</li> <li>Turkey Sub Plate</li> </ul> <p>With : Rice</p>	<p>13 Entrees</p> <ul style="list-style-type: none"> <li>Chicken &amp; Waffles V</li> <li>Turkey &amp; Bacon Croissant</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Power Kale Salad</li> <li>Peppered Carrot Coins</li> <li>Cinnamon Applesauce</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Hummus Plate</li> <li>Club Sub Plate</li> </ul>
	<p>17 Entrees</p> <ul style="list-style-type: none"> <li>Beef-A-Roni/Texas Toast</li> <li>Hot Dog</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Mixed Green Salad</li> <li>Baked Fries</li> <li>Diced Apricots</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Hummus Plate</li> <li>Club Sub Plate</li> </ul>	<p>18 Entrees</p> <ul style="list-style-type: none"> <li>Buffalo Chicken Dip</li> <li>With Tortilla Chips</li> <li>Fish Fillet Sandwich</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Broccoli</li> <li>Whole Kernel Corn</li> <li>Apple Sauce</li> <li>Assorted Juice</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Yogurt and Fruit Plate</li> <li>Turkey Sub Plate</li> </ul> <p>With: Warm Chocolate Chip Cookies</p>	<p>19 Entrees</p> <ul style="list-style-type: none"> <li>Chicken Pot Pie</li> <li>Veggie Burger</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Tossed Salad</li> <li>Rustic Carrots</li> <li>Sliced Peaches</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Mixed Cheese Chef Salad</li> <li>Turkey &amp; Cheese Sub Plate</li> </ul>	<p>20 Entrees</p> <ul style="list-style-type: none"> <li>Galaxy Pizza</li> <li>Vegetarian Chili with Roll</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Garden Salad</li> <li>Baked Potato</li> <li>Mandarin Oranges</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Club Shaker Salad</li> <li>Club Sub Plate</li> </ul>
<p>23 Entrees</p> <ul style="list-style-type: none"> <li>Mexican Cheese Dippers V</li> <li>Soft Beef Taco</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Garden Salad</li> <li>Mexicali Corn</li> <li>Diced Pears</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Nut Butter &amp; Jelly Plate V</li> <li>Turkey Sub Plate</li> </ul> <p>With School Made Chocolate Cookies</p>	<p>24 Entrees</p> <ul style="list-style-type: none"> <li>Beef &amp; Cheese Nachos</li> <li>Cheese Nachos V</li> <li>Spicy Chicken Sandwich</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Shredded Lettuce &amp; Tomato</li> <li>Fiesta Pinto Beans</li> <li>Mandarin Oranges</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Fajita Chicken Chef Salad</li> <li>Club Sub Plate</li> </ul> <p>With: Dick &amp; Janes Cookies</p>	<p>25 Entrees</p> <ul style="list-style-type: none"> <li>Wild Mike's Cheese Pizza V</li> <li>Wild Mike's Pepperoni Pizza</li> <li>Hamburger</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Mixed Green Salad</li> <li>Whole Kernel Corn</li> <li>Chilled Pineapple</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Chicken Strip Chef Salad</li> <li>Turkey &amp; Cheese Sub Plate</li> </ul>	<p>26 Entrees</p> <ul style="list-style-type: none"> <li>BBQ Chicken/Roll</li> <li>Bean &amp; Cheese Burrito V</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Creamy Mashed Potatoes</li> <li>Collard Greens</li> <li>Chilled Fruit Medley</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Club Shaker Salad</li> <li>Turkey Sub Plate</li> </ul> <p>With : Rice</p>	<p>Friday! Friday!</p> <p>27 Entrees</p> <ul style="list-style-type: none"> <li>Chicken &amp; Waffles V</li> <li>Turkey &amp; Bacon Croissant</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Power Kale Salad</li> <li>Peppered Carrot Coins</li> <li>Cinnamon Applesauce</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Hummus Plate</li> <li>Club Sub Plate</li> </ul> <p>With : Welch's Fruit Slushie</p>
<p>30 Entrees</p> <ul style="list-style-type: none"> <li>Roasted Chicken</li> <li>Grilled Cheese with Vegetable Soup</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Caribbean Cabbage</li> <li>Baked Beans</li> <li>Chilled Fruit Medley</li> <li>Assorted Juice</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Vegetarian Chef Salad V</li> <li>Turkey Sub Plate</li> </ul> <p>With : Rice</p>	<p>31 Entrees</p> <ul style="list-style-type: none"> <li>Beef-A-Roni/Texas Toast</li> <li>Corn Dog</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Mixed Green Salad</li> <li>Baked Fries</li> <li>Diced Apricots</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Hummus Plate</li> <li>Club Sub Plate</li> </ul>	<p>1 Entrees</p> <ul style="list-style-type: none"> <li>Buffalo Chicken Dip</li> <li>With Tortilla Chips</li> <li>Hamburger</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Broccoli</li> <li>Whole Kernel Corn</li> <li>Apple Sauce</li> <li>Assorted Juice</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Yogurt and Fruit Plate</li> <li>Turkey Sub Plate</li> </ul> <p>With: Warm Chocolate Chip Cookies</p>	<p>2 Entrees</p> <ul style="list-style-type: none"> <li>Baked Spaghetti/Roll</li> <li>Veggie Burger v</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Mixed Green Salad</li> <li>Rustic Carrots</li> <li>Applesauce</li> <li>Fresh Banana</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Chicken Strip Chef Salad</li> <li>Turkey &amp; Cheese Sub Plate</li> </ul>	<p>3 Entrees</p> <ul style="list-style-type: none"> <li>Galaxy Pizza</li> <li>Vegetarian Chili with Roll V</li> </ul> <p>Sides (3-4)</p> <ul style="list-style-type: none"> <li>Garden Salad</li> <li>Baked Potato</li> <li>Mandarin Oranges</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Club Shaker Salad</li> <li>Club Sub Plate</li> </ul>

Milk is available with all meals.  
This institution is an equal opportunity provider.