





# February 2023

## Middle School Lunch

MON	TUE	WED	THU	FRI
 <p>Your Feedback is Welcome!</p>	  	<b>1 Entrees</b> Buffalo Chicken Dip With Tortilla Chips Hamburger <b>Sides (3-4)</b> Broccoli Whole Kernel Corn Diced Peaches Assorted Juice <b>Grab N Go</b> Yogurt and Fruit Plate	<b>2 Entrees</b> Baked Spaghetti/Roll Veggie Burger v <b>Sides (3-4)</b> Mixed Green Salad Rustic Carrots Applesauce Fresh Banana <b>Grab N Go</b> Chicken Strip Chef Salad	<b>3 Entrees</b> Galaxy Pizza Vegetarian Chili with Roll <b>Sides (3-4)</b> Garden Salad Baked Potato Mandarin Oranges Assorted Fresh Fruit <b>Grab N Go</b> Club Shaker Salad
<b>6 Entrees</b> Mexican Cheese Dippers v Soft Chicken Taco <b>Sides (3-4)</b> Garden Salad Mexicali Corn Diced Pears Assorted Fresh Fruit <b>Grab N Go</b> Nut Butter & Jelly Plate v	<b>7 Entrees</b> Beef & Cheese Nachos Cheese Nachos v Spicy Chicken Sandwich <b>Sides (3-4)</b> Shredded Lettuce & Tomato Fiesta Pinto Beans Diced Apricots Assorted Fresh Fruit <b>Grab N Go</b> Fajita Chicken Chef Salad	<b>8 Entrees</b> Wild Mike's Cheese Pizza v Wild Mike's Pepperoni Pizza Hamburger <b>Sides (3-4)</b> Mixed Green Salad Whole Kernel Corn Diced Peaches Assorted Fresh Fruit <b>Grab N Go</b> Chicken Strip Chef Salad	<b>9 Entrees</b> Buffalo Chicken/Roll Veggie Burger v <b>Sides (3-4)</b> Creamy Mashed Potatoes Collard Greens Applesauce Assorted Fresh Fruit <b>Grab N Go</b> Club Shaker Salad With : Rice	<b>10 Entrees</b> Chicken & Waffles v Turkey & Bacon Croissant <b>Sides (3-4)</b> Power Kale Salad Peppered Carrot Coins Mandarin Orange Assorted Fresh Fruit <b>Grab N Go</b> Hummus Plate
<b>13 Entrees</b> Roasted Chicken/Roll Grilled Cheese with Vegetable Soup <b>Sides (3-4)</b> Caribbean Cabbage Baked Beans Chilled Fruit Medley Assorted Juice <b>Grab N Go</b> Vegetarian Chef Salad v With : Rice	<b>14 Entrees</b> Beef-A-Roni/Texas Toast Hot Dog <b>Sides (3-4)</b> Mixed Green Salad Baked Fries Diced Apricots Assorted Fresh Fruit <b>Grab N Go</b> Hummus Plate	<b>15 Entrees</b> Nashville Hot Nuggets/Roll Cheeseburger <b>Sides (3-4)</b> Broccoli Whole Kernel Corn Apple Sauce Assorted Juice <b>Grab N Go</b> Yogurt and Fruit Plate	<b>16 Entrees</b> Baked Spaghetti/Roll Veggie Burger v <b>Sides (3-4)</b> Mixed Green Salad Rustic Carrots Applesauce Fresh Banana <b>Grab N Go</b> Chicken Strip Chef Salad	
	<b>21 Entrees</b> Beef & Cheese Nachos Cheese Nachos v Spicy Chicken Sandwich <b>Sides (3-4)</b> Shredded Lettuce & Tomato Fiesta Pinto Beans Mandarin Oranges Assorted Fresh Fruit <b>Grab N Go</b> Fajita Chicken Chef Salad	<b>22 Entrees</b> Wild Mike's Cheese Pizza v Wild Mike's Pepperoni Pizza Hamburger <b>Sides (3-4)</b> Mixed Green Salad Whole Kernel Corn Diced Peaches Assorted Fresh Fruit <b>Grab N Go</b> Chicken Strip Chef Salad	<b>23 Entrees</b> BBQ Chicken/Roll Veggie Burger v <b>Sides (3-4)</b> <b>F2S Roasted Cauliflower</b> Collard Greens Chilled Fruit Medley Assorted Fresh Fruit <b>Grab N Go</b> Club Shaker Salad With : Rice	<b>24 Friday! Friday!</b> <b>Entrees</b> Chicken & Waffles v Turkey & Bacon Croissant <b>Sides (3-4)</b> Power Kale Salad Peppered Carrot Coins Cinnamon Applesauce Assorted Fresh Fruit <b>Grab N Go</b> Hummus Plate With : Welch's Fruit Slushie
<b>27 Entrees</b> Roasted Chicken/Roll Grilled Cheese with Vegetable Soup <b>Sides (3-4)</b> Caribbean Cabbage Baked Beans Chilled Fruit Medley Assorted Juice <b>Grab N Go</b> Vegetarian Chef Salad v	<b>28 Entrees</b> Beef-A-Roni/Texas Toast Corn Dog <b>Sides (3-4)</b> Mixed Green Salad Baked Fries Diced Apricots Assorted Fresh Fruit <b>Grab N Go</b> Hummus Plate	<b>1 Entrees</b> Nashville Hot Nuggets/Roll Cheeseburger <b>Sides (3-4)</b> Broccoli Whole Kernel Corn Diced Peaches Assorted Juice <b>Grab N Go</b> Yogurt and Fruit Plate	<b>2 Entrees</b> Baked Spaghetti/Roll Veggie Burger v <b>Sides (3-4)</b> Mixed Green Salad Rustic Carrots Applesauce Fresh Banana <b>Grab N Go</b> Chicken Strip Chef Salad With : Rice	<b>3 Entrees</b> Galaxy Pizza Vegetarian Chili with Roll v <b>Sides (3-4)</b> Garden Salad Baked Potato Mandarin Oranges Assorted Fresh Fruit <b>Grab N Go</b> Club Shaker Salad

Milk is available with all meals  
 This institution is an equal opportunity provider.