

# February 2023

## Middle/High Breakfast

	TUE	WED	THU	FRI
 <p>Let us hear from you!</p>		<b>1 Great Beginnings</b> Turkey Sausage Biscuit  Raspberry Yogurt with Chocolate Muffin  <b>Fruity Delights (1-2):</b> Assorted Juice Chilled Pears	<b>2 Great Beginnings</b> Waffle with Sausage School Baked Cinnamon Roll  <b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit	<b>3 Great Beginnings</b> Scrambled Eggs /Biscuit With Turkey Bacon  Cinnamon Toast Crunch Pastry  <i>With: Southern Grits</i>  <b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit
<b>6 Great Beginnings</b> Turkey Sausage Biscuit  Choice of Cereal with Biscuit  <b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit	<b>7 Great Beginnings</b> Cheesy Scrambled Eggs with Toast  Morning Pastry to Go  <b>Fruity Delights (1-2):</b> Assorted Juice Sliced Peaches	<b>8 Great Beginnings</b> Spinach & Cheese Omelet with Biscuit  WG Pancakes with Syrup  <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit	<b>9 Great Beginnings</b> Chicken Biscuit  Apple Crisp Parfait  <i>With: Southern Grits</i>  <b>Fruity Delights (1-2):</b> Assorted Juice Chilled Pears	<b>10 Great Beginnings</b> French Toast with Turkey Sausage Links  Choice of Cereal with Biscuit  <b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit
<b>13 Great Beginnings</b> Pancake N Link  Bagel with Cream Cheese  <b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit	<b>14 Great Beginnings</b> Breakfast Pizza  Cinnamon Pancakes  <b>Fruity Delights (1-2):</b> Assorted Juice Sliced Peaches 	<b>15 Great Beginnings</b> Turkey Sausage Biscuit  Raspberry Yogurt with Chocolate Muffin  <b>Fruity Delights (1-2):</b> Assorted Juice Chilled Pears	<b>16 Great Beginnings</b> Waffle with Sausage School Baked Cinnamon Roll  <b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit	
	<b>21 Great Beginnings</b> Cheesy Scrambled Eggs with Toast  Morning Pastry to Go  <b>Fruity Delights (1-2):</b> Assorted Juice Sliced Peaches	<b>22 Great Beginnings</b> Spinach & Cheese Omelet with Biscuit  WG Pancakes with Syrup  <b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit	<b>23 Great Beginnings</b> Chicken Biscuit  Apple Crisp Parfait  <i>With: Southern Grits</i>  <b>Fruity Delights (1-2):</b> Assorted Juice Chilled Pears	<b>24 Great Beginnings</b> French Toast with Turkey Sausage Links  Choice of Cereal with Biscuit  <b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit
<b>27 Great Beginnings</b> Pancake N Link  Bagel with Cream Cheese  <b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit	<b>28 Great Beginnings</b> Breakfast Pizza  Cinnamon Pancakes  <b>Fruity Delights (1-2):</b> Assorted Juice Sliced Peaches	<b>1 Great Beginnings</b> Turkey Sausage Biscuit  Raspberry Yogurt with Chocolate Muffin  <b>Fruity Delights (1-2):</b> Assorted Juice Chilled Pears	<b>2 Great Beginnings</b> Waffle with Sausage School Baked Cinnamon Roll  <b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit	<b>3 Great Beginnings</b> Scrambled Eggs /Biscuit With Turkey Bacon  Cinnamon Toast Crunch Pastry  <i>With: Southern Grits</i>  <b>Fruity Delights (1-2):</b> Assorted Juice Assorted Fresh Fruit

This institution is an equal opportunity provider.  
Milk available with all meals.