## February 2023

### Middle/High Breakfast

<table>
<thead>
<tr>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
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</thead>
</table>
| 6 Great Beginnings  
Turkey Sausage Biscuit  
Choice of Cereal with Biscuit  
Fruity Delights (1-2): Assorted Juice Assorted Fresh Fruit | 1 Great Beginnings  
Turkey Sausage Biscuit  
Raspberry Yogurt with Chocolate Muffin  
Fruity Delights (1-2): Assorted Juice Chilled Pears | 2 Great Beginnings  
Waffle with Sausage  
School Baked Cinnamon Roll  
Fruity Delights (1-2): Assorted Juice Assorted Fresh Fruit | 3 Great Beginnings  
Scrambled Eggs/Biscuit With Turkey Bacon  
Cinnamon Toast Crunch Pastry  
*With: Southern Grits*  
Fruity Delights (1-2): Assorted Juice Assorted Fresh Fruit |
| 7 Great Beginnings  
Cheesy Scrambled Eggs with Toast  
Morning Pastry to Go  
Fruity Delights (1-2): Assorted Juice Sliced Peaches | 8 Great Beginnings  
Spinach & Cheese Omelet with Biscuit  
WG Pancakes with Syrup  
Fruity Delights (1-2): Assorted Juice Seasonal Fresh Fruit | 9 Great Beginnings  
Chicken Biscuit  
Apple Crisp Parfait  
*With: Southern Grits*  
Fruity Delights (1-2): Assorted Juice Chilled Pears | 10 Great Beginnings  
French Toast with Turkey Sausage Links  
Choice of Cereal with Biscuit  
Fruity Delights (1-2): Assorted Juice Assorted Fresh Fruit |
| 11 Great Beginnings  
Pancake N Link  
Bagel with Cream Cheese  
Fruity Delights (1-2): Assorted Juice Assorted Fresh Fruit | 12 Great Beginnings  
Cheesy Scrambled Eggs with Toast  
Morning Pastry to Go  
Fruity Delights (1-2): Assorted Juice Sliced Peaches | 13 Great Beginnings  
Turkey Sausage Biscuit  
Raspberry Yogurt with Chocolate Muffin  
Fruity Delights (1-2): Assorted Juice Chilled Pears | 14 Great Beginnings  
Waffle with Sausage  
School Baked Cinnamon Roll  
Fruity Delights (1-2): Assorted Juice Assorted Fresh Fruit |
| 15 Great Beginnings  
Waffle with Sausage  
School Baked Cinnamon Roll  
Fruity Delights (1-2): Assorted Juice Assorted Fresh Fruit | 16 Great Beginnings  
Cheesy Scrambled Eggs with Toast  
Morning Pastry to Go  
Fruity Delights (1-2): Assorted Juice Sliced Peaches | 17 Great Beginnings  
Turkey Sausage Biscuit  
Raspberry Yogurt with Chocolate Muffin  
Fruity Delights (1-2): Assorted Juice Chilled Pears | 18 Great Beginnings  
Scrambled Eggs/Biscuit With Turkey Bacon  
Cinnamon Toast Crunch Pastry  
*With: Southern Grits*  
Fruity Delights (1-2): Assorted Juice Assorted Fresh Fruit |
| 19 Great Beginnings  
Waffle with Sausage  
School Baked Cinnamon Roll  
Fruity Delights (1-2): Assorted Juice Assorted Fresh Fruit | 20 Great Beginnings  
Cheesy Scrambled Eggs with Toast  
Morning Pastry to Go  
Fruity Delights (1-2): Assorted Juice Sliced Peaches | 21 Great Beginnings  
Turkey Sausage Biscuit  
Raspberry Yogurt with Chocolate Muffin  
Fruity Delights (1-2): Assorted Juice Chilled Pears | 22 Great Beginnings  
Waffle with Sausage  
School Baked Cinnamon Roll  
Fruity Delights (1-2): Assorted Juice Assorted Fresh Fruit |
| 23 Great Beginnings  
Chicken Biscuit  
Apple Crisp Parfait  
*With: Southern Grits*  
Fruity Delights (1-2): Assorted Juice Chilled Pears | 24 Great Beginnings  
French Toast with Turkey Sausage Links  
Choice of Cereal with Biscuit  
Fruity Delights (1-2): Assorted Juice Assorted Fresh Fruit | 25 Great Beginnings  
Waffle with Sausage  
School Baked Cinnamon Roll  
Fruity Delights (1-2): Assorted Juice Assorted Fresh Fruit | 26 Great Beginnings  
Cheesy Scrambled Eggs with Toast  
Morning Pastry to Go  
Fruity Delights (1-2): Assorted Juice Sliced Peaches | 27 Great Beginnings  
Pancake N Link  
Bagel with Cream Cheese  
Fruity Delights (1-2): Assorted Juice Assorted Fresh Fruit | 28 Great Beginnings  
Turkey Sausage Biscuit  
Raspberry Yogurt with Chocolate Muffin  
Fruity Delights (1-2): Assorted Juice Chilled Pears | 29 Great Beginnings  
Waffle with Sausage  
School Baked Cinnamon Roll  
Fruity Delights (1-2): Assorted Juice Assorted Fresh Fruit | 30 Great Beginnings  
Cheesy Scrambled Eggs with Toast  
Morning Pastry to Go  
Fruity Delights (1-2): Assorted Juice Sliced Peaches |

This institution is an equal opportunity provider.  
Milk available with all meals.