

September 2023

Middle School Lunch



MON	TUE	WED	THU	FRI
				1 Entrees Chicken Nachos Cheese Nachos Grilled Chicken Sandwich Sides (3-4) Shredded Lettuce & Tomato Southwestern Corn Mandarin Oranges Assorted Fresh Fruit
	5 Entrees Wild Mike's Cheese Pizza V Wild Mike's Pepperoni Pizza Corn Dog Sides (3-4) Tossed Salad Whole Kernel Corn Diced Pears Assorted Juice Grab N Go Charbroiled Chicken Chef Salad	6 Entrees Chicken Chunks with Texas Toast Waking Frito Chili Pie Sides (3-4) Roasted Sweet Potato Steamed Broccoli Applesauce Assorted Fresh Fruit Grab N Go Hummus Plate	7 Entrees Chicken & Waffle Cheese Calzone Sides (3-4) Power Kale Salad Crinkle Fries Chilled Fruit Medley Assorted Juice Grab N Go Chicken Strip Salad	8 Entrees Buffalo Chicken Dip With Tortilla Chips Veggie Burger v Sides (3-4) Garden Salad Italian Green Beans Mandarin Oranges Assorted Fresh Fruit Grab N Go Charbroiled Chicken Chef Salad
11 Monday Fun Day ! Entrees Galaxy Cheese Pizza V Texas BBQ Sandwich Sides (3-4) Coleslaw Baked Beans Diced Pears Assorted Fresh Fruit Grab N Go Club Shaker Salad With Stars & Stripes Fruit Ice	12 Entrees Bayou Mashed Potato Bowl Breaded Beef Steak/Gravy/Roll Sides (3-4) Mashed Potatoes Green Beans Cinnamon Applesauce Assorted Juice Grab N Go Vegetarian Chef Salad	13 Entrees Mandarin Chicken with Rice & Fortune Cookie & Fortune Cookie Cheeseburger Sides (3-4) Mixed Green Salad Peppered Carrots Chilled Pineapple Assorted Fresh Fruit Grab N Go Chicken Strip Chef Salad	14 Entrees Breaded Chicken Sandwich Stuffed Cheese & Pepperoni Pizza Sides (3-4) Steamed Broccoli Tater Tots Chilled Fruit Medley Farm to School Fresh Apple Grab N Go Nutbutter & Jelly Plate V	15 Entrees Beef & Cheese Nachos Cheese Nachos Grilled Chicken Sandwich Sides (3-4) Shredded Lettuce & Tomato Southwestern Corn Mandarin Oranges Assorted Juice Grab N Go: Fajita Chicken Chef Salad
18 Entrees BBQ Rib Sandwich Soft Shell Chicken Taco Sides (3-4) Shredded Lettuce & Tomato Fiesta Black Beans Diced Peaches Assorted Juice Grab N Go: Yogurt & Fruit Plate V	18 Entrees Wild Mike's Cheese Pizza V Wild Mike's Pepperoni Pizza Corn Dog Sides (3-4) Tossed Salad Whole Kernel Corn Diced Pears Assorted Juice Grab N Go Charbroiled Chicken Chef Salad	20 Entrees Chicken Chunks with Texas Toast Waking Frito Chili Pie Sides (3-4) Roasted Sweet Potato Steamed Broccoli Applesauce Assorted Fresh Fruit Grab N Go Hummus Plate	21 Entrees Chicken & Waffle Cheese Calzone Sides (3-4) Power Kale Salad Crinkle Fries Chilled Fruit Medley Assorted Juice Grab N Go Chicken Strip Salad	22 Entrees Buffalo Chicken Dip With Tortilla Chips Veggie Burger v Sides (3-4) Garden Salad Italian Green Beans Mandarin Oranges Assorted Fresh Fruit Grab N Go Charbroiled Chicken Chef Salad
25 Monday Fun Day Entrees Galaxy Cheese Pizza V Texas BBQ Sandwich Sides (3-4) Coleslaw Baked Beans Diced Pears Fresh Apple Wedges Grab N Go Club Shaker Salad With Blue Raspberry Fruit Slush	26 Entrees Bayou Mashed Potato Bowl with Roll Breaded Beef/Bun Sides (3-4) Mashed Potatoes Green Beans Cinnamon Applesauce Assorted Jui Grab N Go Vegetarian Chef Salad	27 Entrees Mandarin Chicken with Rice & Fortune Cookie & Fortune Cookie Cheeseburger Sides (3-4) Mixed Green Salad Roasted Carrots Chilled Pineapple Fresh Orange Wedges Grab N Go Chicken Strip Chef Salad	28 Entrees Breaded Chicken Sandwich Stuffed Cheese & Pepperoni Pizza Sides (3-4) Steamed Broccoli Tater Tots Chilled Fruit Medley Assorted Juice Grab N Go Nutbutter & Jelly Plate V	29 Entrees Chicken Nachos Cheese Nachos Grilled Chicken Sandwich Sides (3-4) Shredded Lettuce & Tomato Southwestern Corn Mandarin Oranges Fresh Apple Apple Crunch Day Grab N Go Fajita Chicken Chef Salad