

# September 2023

## High School Lunch



MON	TUE	WED	THU	FRI
				<p>1 Entrees</p> <ul style="list-style-type: none"> <li>Chicken Con Queso Nacho Bowl</li> <li>Cheese Nacho Bowl</li> <li>Grilled Chicken Sandwich</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Shredded Lettuce &amp; Tomato</li> <li>Southwestern Corn</li> <li>Mandarin Oranges</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Fajita Chicken Chef Salad</li> <li>Turkey Sub Plate</li> </ul> <p>With: Brown Rice</p>
	<p>5 Entrees</p> <ul style="list-style-type: none"> <li>Wild Mike's Cheese Pizza V</li> <li>Wild Mike's Pepperoni Pizza</li> <li>Hot Dog</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Tossed Salad</li> <li>Whole Kernel Corn</li> <li>Diced Pears</li> <li>Assorted Fruit Juice</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Charbroiled Chicken Chef Salad</li> <li>Turkey Ham Sub Plate</li> </ul>	<p>6 Entrees</p> <ul style="list-style-type: none"> <li>Chicken Chunks with Texas Toast</li> <li>Waking Frito Chili Pie</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Roasted Sweet Potato</li> <li>Steamed Broccoli</li> <li>Applesauce</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Hummus Plate</li> <li>Club Sub Plate</li> </ul>	<p>7 Entrees</p> <ul style="list-style-type: none"> <li>Chicken &amp; Waffle</li> <li>Cheese Calzone</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Power Kale Salad</li> <li>Crinkle Fries</li> <li>Chilled Fruit Medley</li> <li>Assorted Fruit Juice</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Chicken Strip Salad</li> <li>Turkey Sub Plate</li> </ul>	<p>8 Entrees</p> <ul style="list-style-type: none"> <li>Buffalo Chicken Dip</li> <li>With Tortilla Chips</li> <li>Veggie Burger v</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Garden Salad</li> <li>Italian Green Beans</li> <li>Mandarin Oranges</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Charbroiled Chicken Chef Salad</li> <li>Turkey Sub Plate</li> </ul>
<p>11 <b>Monday Fun Day !</b></p> <p>Entrees</p> <ul style="list-style-type: none"> <li>Galaxy Cheese Pizza V</li> <li>Texas BBQ Sandwich</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Coleslaw</li> <li>Baked Beans</li> <li>Diced Pears</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Club Shaker Salad</li> <li>Turkey Sub Plate</li> </ul> <p><b>With Stars &amp; Stripes Fruit Ice</b></p>	<p>12 Entrees</p> <ul style="list-style-type: none"> <li>Bayou Mashed Potato Bowl</li> <li>Breaded Beef Steak/Gravy/Roll</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Mashed Potatoes</li> <li>Green Beans</li> <li>Cinnamon Applesauce</li> <li>Assorted Juice</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Vegetarian Chef Salad</li> <li>Turkey Ham Sub Plate</li> </ul>	<p>13 Entrees</p> <ul style="list-style-type: none"> <li>Mandarin Chicken with Rice &amp; Fortune</li> <li>Cookie</li> <li>Cheeseburger</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Mixed Green Salad</li> <li>Peppered Carrots</li> <li>Chilled Pineapple</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Chicken Strip Chef Salad</li> <li>Club Sub Plate</li> </ul>	<p>14 Entrees</p> <ul style="list-style-type: none"> <li>Breaded Chicken Sandwich</li> <li>Stuffed Cheese &amp; Pepperoni Pizza</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Steamed Broccoli</li> <li>Tater Tots</li> <li>Chilled Fruit Medley</li> <li>Assorted Juice</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Nutbutter &amp; Jelly Plate V</li> <li>Turkey &amp; Cheese Sub Plate</li> </ul>	<p>15 Entrees</p> <ul style="list-style-type: none"> <li>Beef &amp; Cheese Nachos</li> <li>Cheese Nachos</li> <li>Grilled Chicken Sandwich</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Shredded Lettuce &amp; Tomato</li> <li>Southwestern Corn</li> <li>Mandarin Oranges</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Fajita Chicken Chef Salad</li> <li>Turkey Ham &amp; Cheese Sub Plate</li> </ul> <p>With: Brown Rice</p>
<p>18 Entrees</p> <ul style="list-style-type: none"> <li>BBQ Rib Sandwich</li> <li>Soft Shell Chicken Taco</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Shredded Lettuce &amp; Tomato</li> <li>Fiesta Black Beans</li> <li>Diced Peaches</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Yogurt &amp; Fruit Plate V</li> <li>Turkey Sub Plate</li> </ul>	<p>19 Entrees</p> <ul style="list-style-type: none"> <li>Wild Mike's Cheese Pizza V</li> <li>Wild Mike's Pepperoni Pizza</li> <li>Corn Dog</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Tossed Salad</li> <li>Whole Kernel Corn</li> <li>Diced Pears</li> <li>Assorted Fruit Juice</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Charbroiled Chicken Chef Salad</li> <li>Turkey Ham Sub Plate</li> </ul>	<p>20 Entrees</p> <ul style="list-style-type: none"> <li>Chicken Chunks with Texas Toast</li> <li>Waking Frito Chili Pie</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Roasted Sweet Potato</li> <li>Steamed Broccoli</li> <li>Applesauce</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Hummus Plate</li> <li>Club Sub Plate</li> </ul>	<p>21 Entrees</p> <ul style="list-style-type: none"> <li>Chicken &amp; Waffle</li> <li>Cheese Calzone</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Power Kale Salad</li> <li>Crinkle Fries</li> <li>Chilled Fruit Medley</li> <li>Assorted Fruit Juice</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Chicken Strip Salad</li> <li>Turkey Sub Plate</li> </ul>	<p>22 Entrees</p> <ul style="list-style-type: none"> <li>Buffalo Chicken Dip</li> <li>With Tortilla Chips</li> <li>Veggie Burger v</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Garden Salad</li> <li>Italian Green Beans</li> <li>Mandarin Oranges</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Charbroiled Chicken Chef Salad</li> <li>Turkey Sub Plate</li> </ul>
<p>25 <b>Monday Fun Day</b></p> <p>Entrees</p> <ul style="list-style-type: none"> <li>Galaxy Cheese Pizza V</li> <li>Texas BBQ Sandwich</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Coleslaw</li> <li>Baked Beans</li> <li>Diced Pears</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Club Shaker Salad</li> <li>Turkey Sub Plate</li> </ul> <p><b>With Blue Raspberry Fruit Slush</b></p>	<p>26 Entrees</p> <ul style="list-style-type: none"> <li>Bayou Mashed Potato Bowl with Roll</li> <li>Breaded Beef/Bun</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Mashed Potatoes</li> <li>Green Beans</li> <li>Cinnamon Applesauce</li> <li>Assorted Fruit Juice</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Vegetarian Chef Salad</li> <li>Turkey Ham Sub Plate</li> </ul>	<p>27 Entrees</p> <ul style="list-style-type: none"> <li>Mandarin Chicken with Rice &amp; Fortune</li> <li>Cookie</li> <li>Cheeseburger</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Mixed Green Salad</li> <li>Roasted Carrots</li> <li>Chilled Pineapple</li> <li>Assorted Fresh Fruit</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Chicken Strip Chef Salad</li> <li>Club Sub Plate</li> </ul>	<p>28 Entrees</p> <ul style="list-style-type: none"> <li>Breaded Chicken Sandwich</li> <li>Stuffed Cheese &amp; Pepperoni Pizza</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Steamed Broccoli</li> <li>Tater Tots</li> <li>Chilled Fruit Medley</li> <li>Assorted Fruit Juice</li> </ul> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Nutbutter &amp; Jelly Plate V</li> <li>Turkey &amp; Cheese Sub Plate</li> </ul>	<p>29 Entrees</p> <ul style="list-style-type: none"> <li>Chicken Nachos</li> <li>Cheese Nachos</li> <li>Grilled Chicken Sandwich</li> </ul> <p>Select 3-4:</p> <ul style="list-style-type: none"> <li>Shredded Lettuce &amp; Tomato</li> <li>Southwestern Corn</li> <li>Mandarin Oranges</li> </ul> <p><b>Farm to School Fresh Apple</b></p> <p><b>Apple Crunch Day</b></p> <p>Grab N Go</p> <ul style="list-style-type: none"> <li>Fajita Chicken Chef Salad</li> <li>Turkey Sub Plate</li> </ul>