

# September 2023

## Elementary Breakfast

MON	TUE	WED	THU	FRI
				<b>1</b> <b>Great Beginnings</b> Chicken with Biscuit Breakfast Burrito with Salsa <i>With: Southern Grits</i>  <b>Select 1-2:</b> Assorted Juice Assorted Fresh Fruit
	<b>5</b> <b>Great Beginnings</b> Breakfast Pizza  <i>Apple Crunch Parfait</i>  <b>Select 1-2:</b> Apple Juice Diced Pears	<b>6</b> <b>Great Beginnings</b> Sausage Biscuit  School Baked Cinnamon Roll  <b>Select 1-2:</b> Orange Tangerine Juice Fresh Apple Wedges	<b>7</b> <b>Great Beginnings</b> Whole Grain Pancakes  Cinnamon Chex with Toast  <b>Select 1-2:</b> Fruit Punch Juice Fresh Banana <i>With: Cheese Grits</i>	<b>8</b> <b>Great Beginnings</b> Scrambled Eggs /Toast With Turkey Bacon  <i>Cinnamon Breakfast Round</i>  <b>Select 1-2:</b> Assorted Juice Applesauce
<b>11</b> <b>Great Beginnings</b> Turkey Sausage Biscuit  Frosted Mini Wheats with Biscuit  <b>Select 1-2:</b> Grape Juice Fresh Orange Wedges	<b>12</b> <b>Great Beginnings</b> <i>Belgian Waffle</i>  Cheesy Scrambled Eggs with Toast  <b>Select 1-2:</b> Apple Juice Diced Peaches	<b>13</b> <b>Great Beginnings</b> Breakfast Bagel  Raspberry Yogurt with Cinnamon Goldfish Grahams  <b>Select 1-2:</b> Orange Tangerine Juice Fresh Apple Wedges	<b>14</b> <b>Great Beginnings</b> French Toast Sticks  Spinach & Cheese Omelet with Toast  <i>With: Southern Grits</i>  <b>Select 1-2:</b> Fruit Punch Juice Fresh Banana	<b>15</b> <b>Great Beginnings</b> Chicken with Biscuit  Breakfast Burrito with Salsa  <i>With: Southern Grits</i>  <b>Select 1-2:</b> Assorted Juice Assorted Fresh Fruit
<b>18</b> <b>Great Beginnings</b> Pancake N Link  Reduced Sugar Frosted Flakes with Cheese Stick  <b>Select 1-2:</b> Grape Juice Fresh Orange Wedges	<b>19</b> <b>Great Beginnings</b> Breakfast Pizza  <i>Apple Crunch Parfait</i>  <b>Select 1-2:</b> Apple Juice Diced Pears	<b>20</b> <b>Great Beginnings</b> Turkey Sausage Biscuit  School Baked Cinnamon Roll  <b>Select 1-2:</b> Orange Tangerine Juice Fresh Apple Wedges	<b>21</b> <b>Great Beginnings</b> Whole Grain Pancakes  Frosted Mini Wheats with Toast  <i>With: Cheese Grits</i>  <b>Select 1-2:</b> Fruit Punch Juice Fresh Banana	<b>22</b> <b>Great Beginnings</b> <i>Scrambled Eggs /Toast</i>  Cinnamon Breakfast Round  <b>Select 1-2:</b> Assorted Juice Applesauce
<b>25</b> <b>Great Beginnings</b> Turkey Sausage Biscuit  Frosted Mini Wheats with Biscuit  <b>Select 1-2:</b> Grape Juice Fresh Orange Wedges	<b>26</b> <b>Great Beginnings</b> <i>Belgian Waffle</i>  Cheesy Scrambled Eggs with Toast  <b>Select 1-2:</b> Apple Juice Diced Peaches	<b>27</b> <b>Great Beginnings</b> Breakfast Bagel  Raspberry Yogurt with Cinnamon Goldfish Grahams  <b>Select 1-2:</b> Orange Tangerine Juice Fresh Apple Wedges	<b>28</b> <b>Great Beginnings</b> French Toast Sticks  Spinach & Cheese Omelet with Toast  <i>With: Southern Grits</i>  <b>Select 1-2:</b> Fruit Punch Juice Fresh Banana	<b>29</b> <b>Great Beginnings</b> Chicken with Biscuit  Breakfast Burrito with Salsa  <i>With: Southern Grits</i>  <b>Select 1-2:</b> Assorted Juice Assorted Fresh Fruit

This institution is an equal opportunity provider.  
Milk is available with all meals.

V = Vegetarian Item