



**OCTOBER 2023**

**ELEMENTARY LUNCH**



National School Lunch Week 2023

Red Ribbon Week 2023

MON	TUE	WED	THU	FRI
<p>2 Entrees BBQ Rib Sandwich Soft Shell Chicken Taco</p> <p>Sides (2-3) Shredded Lettuce &amp; Tomato Fiesta Black Beans Diced Peaches Fresh Pear</p> <p>Grab N Go Yogurt &amp; Fruit Plate <b>V</b></p>	<p>3 Entrees Wild Mike's Cheese Pizza <b>V</b> Wild Mike's Pepperoni Pizza Hot Dog</p> <p>Sides (2-3) Tossed Salad Whole Kernel Corn Diced Pears Fresh Apple Wedges</p> <p>Grab N Go Charbroiled Chicken Chef Salad</p>	<p>4 Entrees Chicken Chunks with Texas Toast Waking Frito Chili Pie</p> <p>Sides (2-3) Glazed Sweet Potatoes Steamed Broccoli Applesauce Fresh Orange</p> <p>Grab N Go Hummus Plate</p>	<p>5 Entrees Chicken &amp; Waffle Veggie Burger <b>V</b></p> <p>Sides (2-3) Power Kale Salad Crinkle Fries Chilled Fruit Medley Fresh Banana</p> <p>Grab N Go Chicken Strip Chef Salad</p>	<p>6</p> <p><b>PROFESSIONAL DEVELOPMENT</b></p>
<p><b>Columbus Day</b></p> <p>NATIONAL SCHOOL LUNCH WEEK</p> <p><b>LEVEL UP</b> with School Lunch October 9-13</p>	<p>10 Entrees Galaxy Cheese Pizza Breaded Chicken Sandwich</p> <p>Select 2-3: Mashed Potatoes Green Beans Cinnamon Applesauce</p> <p>Grab N Go Charbroiled Chicken Chef Salad</p> <p>With: Kiwi Strawberry Slush</p>	<p>11 Entrees Breaded Chicken Drumstick / Roll Hamburger</p> <p>Select 2-3: Collard Greens Peppered Carrots Chilled Pineapple Assorted Fresh Fruit</p> <p>Grab N Go Chicken Strip Chef Salad</p> <p>With: Macaroni &amp; Cheese</p>	<p>12 Entrees Congo Chicken Wings/Roll Stuffed Cheese &amp; Pepperoni Sandwich</p> <p>Select 2-3 Celery Sticks/Ranch Tater Tots Chilled Sliced Peaches Assorted Fresh Fruit</p> <p>Grab N Go Nutbutter &amp; Jelly Sandwich Plate</p>	<p>13 Entrees Baked Spaghetti with Roll Grilled Chicken Sandwich</p> <p>Select 2-3 Shredded Lettuce &amp; Tomato Southwestern Corn Mandarin Oranges Assorted Juice</p> <p>Grab N Go Yogurt &amp; Fruit Plate</p>
<p>16 <b>Monday Fun Day !</b></p> <p>Entrees BBQ Rib Sandwich Soft Shell Chicken Taco</p> <p>Sides (2-3) Shredded Lettuce &amp; Tomato Black Eyed Peas Chilled Peaches</p> <p>Grab N Go Yogurt &amp; Fruit Plate <b>V</b></p> <p><b>With: Paradise Punch Fruit Slush</b></p>	<p>17 Entrees Wild Mike's Cheese Pizza <b>V</b> Wild Mike's Pepperoni Pizza Corn Dog</p> <p>Sides (2-3) Tossed Salad Whole Kernel Corn Diced Pears Fresh Apple</p> <p>Grab N Go Charbroiled Chicken Chef Salad</p>	<p>18 Entrees Chicken Chunks with Texas Toast Waking Frito Chili Pie</p> <p>Sides (2-3) Baked Sweet Potato Steamed Broccoli Applesauce Fresh Orange</p> <p>Grab N Go Hummus Plate</p>	<p>19 Entrees Chicken &amp; Waffle Veggie Burger <b>V</b></p> <p>Sides (2-3) Power Kale Salad Crinkle Fries Chilled Fruit Medley Fresh Banana</p> <p>Grab N Go Chicken Strip Chef Salad</p>	<p>20 Entrees Buffalo Chicken Dip With Tortilla Chips Cheese Calzone</p> <p>Sides (2-3) Garden Salad Italian Green Beans Mandarin Oranges Assorted Fresh Fruit</p> <p>Grab N Go : Charbroiled Chicken Chef With: Farmer's Market Shortbread Cookies</p>
<p>23 Entrees <b>Red Ribbon</b> Galaxy Cheese Pizza <b>V</b> Texas BBQ Sandwich</p> <p>Sides (2-3) Coleslaw Baked Beans Diced Pears Fresh Apple Wedges</p> <p>Grab N Go Club Shaker Salad</p>	<p>24 Entrees <b>Red Ribbon</b> Bayou Mashed Potato Bowl With Roll Breaded Beef/Bun</p> <p>Sides (2-3) Steamed Broccoli Mashed Potatoes Green Beans Cinnamon Applesauce Fresh Orange Wedge</p> <p>Grab N Go Vegetarian Chef Salad</p>	<p>25 Entrees <b>Red Ribbon</b> Mandarin Chicken with Rice &amp; Fortune Cookie Cheeseburger</p> <p>Sides (2-3) Mixed Green Salad Roasted Carrots Chilled Pineapple Fresh Pear</p> <p>With: Rice Grab N Go Chicken Tender Chef Salad</p>	<p>26 Entrees <b>Red Ribbon</b> Breaded Chicken Sandwich Stuffed Cheese &amp; Pepperoni Pizza</p> <p>Sides (2-3) <b>Farm to School: Zucchini</b> Tater Tots Chilled Fruit Medley Assorted Fresh Fruit</p> <p>Grab N Go Nutbutter &amp; Jelly Plate <b>V</b></p>	<p>27 Entrees <b>Red Ribbon</b> Chicken Nachos Cheese Nachos Grilled Chicken Sandwich</p> <p>Sides (2-3) Shredded Lettuce &amp; Tomato Southwestern Corn Mandarin Oranges Assorted Fresh Fruit</p> <p>Grab N Go Fajita Chicken Chef Salad With Hugs Not Drugs Cookies</p>
<p>30 Entrees BBQ Rib Sandwich Soft Shell Chicken Taco</p> <p>Sides (2-3) Shredded Lettuce &amp; Tomato Fiesta Black Beans Fresh Pear</p> <p>Grab N Go Yogurt &amp; Fruit Plate <b>V</b></p>	<p>31 <b>Happy Halloween</b> Entrees Wild Mike's Cheese Pizza <b>V</b> Wild Mike's Pepperoni Pizza Hot Dog</p> <p>Sides (2-3) Cucumber Salad Whole Kernel Corn Diced Pears Fresh Apple</p> <p>Grab N Go Charbroiled Chicken Chef Salad</p> <p>With : <b>EEK Fruit Ice</b></p>	<p>1 Entrees Chicken Chunks with Texas Toast Waking Frito Chili Pie</p> <p>Sides (2-3) Roasted Sweet Potato Steamed Broccoli Applesauce Fresh Orange</p> <p>Grab N Go Hummus Plate</p>	<p>2 Entrees Chicken &amp; Waffle Veggie Burger <b>V</b></p> <p>Sides (2-3) Power Kale Salad Crinkle Fries Chilled Fruit Medley Fresh Banana</p> <p>Grab N Go Chicken Strip Chef Salad</p>	<p>3 Entrees Buffalo Chicken Dip With Tortilla Chips Cheese Calzone</p> <p>Sides (2-3) Garden Salad Italian Green Beans Mandarin Oranges Assorted Fresh Fruit</p> <p>Grab N Go Charbroiled Chicken Chef Salad</p>

Milk available with all meals.

This institution is an equal opportunity employer