

October 2023

Elementary Express Breakfast

MON	TUE	WED	THU	FRI
2 Great Beginnings Pancake N Link Grape Juice Chilled Peaches Choice of Milk	3 Great Beginnings Assorted Cereal with Cheese Stick Apple Juice Chilled Pears Choice of Milk	4 Great Beginnings Raspberry Yogurt with Blueberry Muffin Orange Tangerine Juice Chilled Pears Choice of Milk	5 Great Beginnings Turkey Sausage Biscuit Fruit Punch Juice Fresh Banana Choice of Milk	
	10 Great Beginnings Belgian Waffle Apple Juice Diced Pears Choice of Milk	11 Great Beginnings Scrambled Egg & Cheese Bagel Orange Tangerine Juice Fresh Apple Wedges Choice of Milk	12 Great Beginnings French Toast Sticks Fruit Punch Juice Chilled Pears Choice of Milk	13 Great Beginnings Breakfast Burrito with Salsa <i>With: Southern Grits</i> Assorted Juice Assorted Fresh Fruit Choice of Milk
16 Great Beginnings Pancake N Link Grape Juice Fresh Orange Wedges Choice of Milk	17 Great Beginnings Breakfast Pizza Apple Juice Diced Pears Choice of Milk	18 Great Beginnings Turkey Sausage Biscuit Orange Tangerine Juice Fresh Apple Choice of Milk	19 Great Beginnings Cinnamon Chex with Toast <i>With: Cheese Grits</i> Fruit Punch Juice Fresh Banana Choice of Milk	20 Great Beginnings Cinnamon Breakfast Round Assorted Juice Applesauce Choice of Milk
23 Great Beginnings Turkey Sausage Biscuit Grape Juice Fresh Orange Wedges Choice of Milk	24 Great Beginnings Belgian Waffle Apple Juice Diced Peaches Choice of Milk	25 Great Beginnings Scrambled Egg & Cheese Bagel Orange Tangerine Juice Fresh Apple Choice of Milk	26 Great Beginnings French Toast Sticks Fruit Punch Juice Fresh Banana Choice of Milk	27 Great Beginnings Chicken with Biscuit Assorted Juice Assorted Fresh Fruit Choice of Milk
30 Great Beginnings Pancake N Link Grape Juice Fresh Orange Wedges Choice of Milk	31 Great Beginnings Breakfast Pizza Apple Juice Diced Pears Choice of Milk	1 Great Beginnings Turkey Sausage Biscuit Orange Tangerine Juice Fresh Apple Choice of Milk	2 Great Beginnings Cinnamon Chex with Toast <i>With: Cheese Grits</i> Fruit Punch Juice Fresh Banana Choice of Milk	3 Great Beginnings Cinnamon Breakfast Round Assorted Juice Applesauce Choice of Milk

This institution is an equal opportunity provider.
Milk is served with all meals