# August 2023 Middle/ High Breakfast



	Mon	TUE	WED	THU	FRI
	Great Beginnings Pancake N Link Turkey Sausage Biscuit Select 1-2: Assorted Juice Seasonal Fresh Fruit	8 Great Beginnings Breakfast Pizza Morning Pastry to Go Select 1-2: Assorted Juice Sliced Peaches	Great Beginnings Chicken Biscuit School Baked Cinnamon Roll Select 1-2: Assorted Juice Seasonal Fresh Fruit	10 Great Beginnings Cinnamon Pancakes  Yogurt with Chocolate Muffin  With: Cheese Grits  Select 1-2: Assorted Juice Chilled Pears	Great Beginnings Scrambled Eggs with Biscuit & Turkey Bacon  Super Stars Blueberry Whole Grain Donut Holes  Select 1-2: Assorted Juice Applesauce
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	Great Beginnings Pancake N Link Assorted Cereal with Biscuit Select 1-2: Grape Juice Fresh Orange Wedges	22 Great Beginnings Breakfast Pizza Apple Crunch Parfait Select 1-2: Apple Juice Diced Pears	23 Great Beginnings Turkey Sausage Biscuit School Baked Cinnamon Roll Select 1-2: Orange Tangerine Juice Fresh Apple	24 Great Beginnings Cinnamon Pancakes Chicken Biscuit Select 1-2: Fruit Punch Juice Fresh Banana With: Cheese Grits	Great Beginnings Scrambled Eggs /Biscuit With Turkey Bacon  Blueberry Whole Grain Donut Holes  Select 1-2: Assorted Juice Applesauce
	28 Great Beginnings Turkey Sausage Biscuit Assorted Cereal with Biscuit  Select 1-2: Grape Juice Fresh Orange Wedges	Great Beginnings Belgian Waffle Cheesy Scrambled Eggs with Biscuit  Select 1-2: Apple Juice Diced Peaches	30 Great Beginnings Breakfast Bagel Peaches & Cream Parfait Select 1-2: Orange Tangerine Juice Fresh Apple	31 Great Beginnings French Toast Sticks With Turkey Sausage Links  Spinach & Cheese Omelet with Biscuit  Select 1-2: Fruit Punch Juice Chilled Pears	Great Beginnings Chicken Biscuit Breakfast Burrito with Salsa With: Southern Grits Select 1-2: Assorted Juice Assorted Fresh Fruit

This institution is an equal opportunity provider.

Milk is available with all meals.

## September 2023 Middle/ High Breakfast



Mon	TUE	WED	Тни	Fri
WION	IUE	WED	IHU	Great Beginnings Chicken with Biscuit Breakfast Burrito with Salsa With: Southern Grits Select 1-2: Assorted Juice Assorted Fresh Fruit
4 Great Beginnings Pancake N Link Assorted Cereal with Biscuit Select 1-2: Grape Juice Fresh Orange Wedges	5 Great Beginnings Breakfast Pizza Apple Crunch Parfait Select 1-2: Apple Juice Diced Pears	6 Great Beginnings Turkey Sausage Biscuit School Baked Cinnamon Roll Select 1-2: Orange Tangerine Juice Fresh Apple	7 Great Beginnings Cinnamon Pancakes Chicken Biscuit With: Cheese Grits  Select 1-2: Fruit Punch Juice Fresh Banana	8 Great Beginnings Scrambled Eggs /Biscuit With Turkey Bacon Blueberry Whole Grain Donut Holes Select 1-2: Assorted Juice Applesauce
11 Great Beginnings Turkey Sausage Biscuit Assorted Cereal with Biscuit Select 1-2: Grape Juice Fresh Orange Wedges	12 Great Beginnings Belgian Waffle Cheesy Scrambled Eggs with Biscuit  Select 1-2: Apple Juice Diced Peaches	13 Great Beginnings Breakfast Bagel Peaches & Cream Parfait Select 1-2: Orange Tangerine Juice Fresh Apple	14 Great Beginnings French Toast Sticks With Turkey Sausage Links Spinach & Cheese Omelet with Biscuit Select 1-2: Fruit Punch Juice Chilled Pears	15 Great Beginnings Chicken Biscuit Breakfast Burrito with Salsa With: Southern Grits Select 1-2: Assorted Juice Assorted Fresh Fruit
18 Great Beginnings Pancake N Link Assorted Cereal with Biscuit Select 1-2: Grape Juice Fresh Orange Wedges  25 Great Beginnings Turkey Sausage Biscuit Assorted Cereal with Biscuit  Select 1-2: Grape Juice Fresh Orange Wedges	19 Great Beginnings Breakfast Pizza  Apple Crunch Parfait  Select 1-2: Apple Juice Diced Pears  26 Great Beginnings Belgian Waffle  Cheesy Scrambled Eggs with Biscuit  Select 1-2: Apple Juice Diced Peaches	Great Beginnings Turkey Sausage Biscuit School Baked Cinnamon Roll  Select 1-2: Orange Tangerine Juice Fresh Apple  27 Great Beginnings Breakfast Bagel Peaches & Cream Parfait  Select 1-2: Orange Tangerine Juice Fresh Apple	21 Great Beginnings Cinnamon Pancakes Chicken Biscuit With: Cheese Grits Select 1-2: Fruit Punch Juice Fresh Banana  28 Great Beginnings French Toast Sticks With Turkey Sausage Links Spinach & Cheese Omelet with Biscuit Select 1-2: Fruit Punch Juice	Great Beginnings Scrambled Eggs /Biscuit With Turkey Bacon  Blueberry Whole Grain Donut Holes  Select 1-2: Assorted Juice Applesauce  29 Great Beginnings Chicken Biscuit Breakfast Burrito with Salsa  With: Southern Grits Select 1-2: Assorted Juice Assorted Fresh Fruit

# October 2023 Middle/ High Breakfast



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	Mon	Tue	1 Great Beginnings Turkey Sausage Biscuit School Baked Cinnamon Roll Select 1-2: Orange Tangerine Juice Fresh Apple	THU  2 Great Beginnings Cinnamon Pancakes Chicken Biscuit With: Cheese Grits  Select 1-2: Fruit Punch Juice Fresh Banana	Great Beginnings Scrambled Eggs /Biscuit With Turkey Bacon Blueberry Whole Grain Donut Holes Select 1-2: Assorted Juice Applesauce
N. W. V.	Great Beginnings Turkey Sausage Biscuit  Assorted Cereal With Biscuit  Select 1-2: Grape Juice Fresh Orange Wedges	Great Beginnings Belgian Waffle Cheesy Scrambled Eggs with Biscuit  Select 1-2: Apple Juice Diced Peaches	8 Great Beginnings Breakfast Bagel Peaches & Cream Parfait Select 1-2: Orange Tangerine Juice Fresh Apple	Great Beginnings French Toast Sticks With Turkey Sausage Links Spinach & Cheese Omelet with Biscuit Select 1-2: Fruit Punch Juice Chilled Pears	10 Great Beginnings Chicken Biscuit Breakfast Burrito with Salsa With: Southern Grits Select 1-2: Assorted Juice Assorted Fresh Fruit
前日を一一に対している。	Great Beginnings Pancake N Link Assorted Cereal with Biscuit Select 1-2: Grape Juice Fresh Orange Wedges	14 Great Beginnings Breakfast Pizza Apple Crunch Parfait Select 1-2: Apple Juice Diced Pears	15 Great Beginnings Turkey Sausage Biscuit School Baked Cinnamon Roll Select 1-2: Orange Tangerine Juice Fresh Apple	16 Great Beginnings Cinnamon Pancakes Chicken Biscuit With: Cheese Grits Select 1-2: Fruit Punch Juice Fresh Banana	Great Beginnings Scrambled Eggs /Biscuit With Turkey Bacon Blueberry Whole Grain Donut Holes Select 1-2: Assorted Juice
	Great Beginnings Turkey Sausage Biscuit  Assorted Cereal with Biscuit  Select 1-2: Grape Juice Fresh Orange Wedges	Cheesy Scrambled Eggs with Biscuit  Select 1-2: Apple Juice Diced Peaches	26 Great Beginnings Breakfast Bagel Peaches & Cream Parfait Select 1-2: Orange Tangerine Juice Fresh Apple	27 Great Beginnings French Toast Sticks With Turkey Sausage Links Spinach & Cheese Omelet with Biscuit Select 1-2: Fruit Punch Juice Chilled Pears	28 Great Beginnings Chicken Biscuit Breakfast Burrito with Salsa With: Southern Grits Select 1-2: Assorted Juice Assorted Fresh Fruit
	30 Great Beginnings Pancake N Link Assorted Cereal with Biscuit Select 1-2: Grape Juice Fresh Orange Wedges	31 Great Beginnings Breakfast Pizza Apple Crunch Parfait Select 1-2: Apple Juice Diced Pears	1 Great Beginnings Turkey Sausage Biscuit School Baked Cinnamon Roll Select 1-2: Orange Tangerine Juice Fresh Apple	2 Great Beginnings Cinnamon Pancakes Chicken Biscuit With: Cheese Grits Select 1-2: Fruit Punch Juice Fresh Banana	Great Beginnings Scrambled Eggs /Biscuit With Turkey Bacon Blueberry Whole Grain Donut Holes Select 1-2: Assorted Juice Applesauce

This institution is an equal opportunity provider.

Milk is available with all meals.

### **November 2023**

#### Middle/ High Breakfast



Mon	TUE	WED	THU	Fri	
		1 Great Beginnings Turkey Sausage Biscuit School Baked Cinnamon Roll Select 1-2: Orange Tangerine Juice Fresh Apple	Great Beginnings Cinnamon Pancakes Chicken Biscuit  With: Cheese Grits  Select 1-2: Fruit Punch Juice Fresh Banana	3 Great Beginnings Scrambled Eggs /Biscuit With Turkey Bacon Super Stars Blueberry Whole Grain Donut Holes Select 1-2: Assorted Juice Applesauce	
6 Great Beginnings Turkey Sausage Biscuit Assorted Cereal with Biscuit  Select 1-2: Grape Juice Fresh Orange Wedges	7 Great Beginnings Belgian Waffle Cheesy Scrambled Eggs with Biscuit  Select 1-2: Apple Juice Diced Peaches	8 Great Beginnings Breakfast Bagel Peaches & Cream Parfait  Select 1-2: Orange Tangerine Juice Fresh Apple	Great Beginnings French Toast Sticks With Turkey Sausage Links Spinach & Cheese Omelet with Biscuit Select 1-2: Fruit Punch Juice Chilled Pears	10 Great Beginnings Chicken with Biscuit Breakfast Burrito with Salsa With: Southern Grits Select 1-2: Assorted Juice Assorted Fresh Fruit	
13 Great Beginnings Pancake N Link Assorted Cereal with Biscuit Select 1-2: Grape Juice Fresh Orange Wedges	14 Great Beginnings Breakfast Pizza Apple Crunch Parfait Select 1-2: Apple Juice Diced Pears	15 Great Beginnings Turkey Sausage Biscuit School Baked Cinnamon Roll Select 1-2: Orange Tangerine Juice Fresh Apple	16 Great Beginnings Cinnamon Pancakes Chicken Biscuit With: Cheese Grits Select 1-2: Fruit Punch Juice Fresh Banana	17 Great Beginnings Scrambled Eggs /Biscuit With Turkey Bacon Super Stars Blueberry Whole Grain Donut Holes Select 1-2: Assorted Juice Applesauce	
	Thanksgiving Break November 20-24-2023				

Thanksgr	ving .	Break
November	20-2	4,2023

**Great Beginnings** Turkey Sausage Biscuit Assorted Cereal with Biscuit Select 1-2:

Grape Juice Fresh Orange Wedges Great Beginnings Belgian Waffle

> **Select 1-2:** Apple Juice Diced Peaches

Cheesy Scrambled Eggs with Biscuit

**Great Beginnings** Breakfast Bagel

Peaches & Cream Parfait **Select 1-2:** 

Orange Tangerine Juice Fresh Apple

**Great Beginnings** French Toast Sticks With

Turkey Sausage Links

Spinach & Cheese Omelet with Biscuit

Select 1-2: Fruit Punch Juice Chilled Pears

**Great Beginnings** 

Chicken with Biscuit Breakfast Burrito with Salsa

With: Southern Grits

**Select 1-2:** 

Assorted Juice Assorted Fresh Fruit

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## December 2023 Middle/ High Breakfast



Mon	TUE	WED	Thu	Fri
				1 Great Beginnings Chicken with Biscuit Breakfast Burrito with Salsa With: Southern Grits Select 1-2: Assorted Juice Assorted Fresh Fruit
4 Great Beginnings Pancake N Link Assorted Cereal with Biscuit Select 1-2: Grape Juice Fresh Orange Wedges	5 Great Beginnings Breakfast Pizza Apple Crunch Parfait Select 1-2: Apple Juice Diced Pears	6 Great Beginnings Turkey Sausage Biscuit School Baked Cinnamon Roll Select 1-2: Orange Tangerine Juice Fresh Apple	7 Great Beginnings Cinnamon Pancakes Chicken Biscuit With: Cheese Grits Select 1-2: Fruit Punch Juice Fresh Banana	8 Great Beginnings Scrambled Eggs /Biscuit With Turkey Bacon Super Stars Blueberry Whole Grain Donut Holes Select 1-2: Assorted Juice Applesauce
11 Great Beginnings Turkey Sausage Biscuit Assorted Cereal with Biscuit Select 1-2: Grape Juice Fresh Orange Wedges	12 Great Beginnings Belgian Waffle Cheesy Scrambled Eggs with Biscuit  Select 1-2: Apple Juice	13 Great Beginnings Breakfast Bagel Peaches & Cream Parfait Select 1-2: Orange Tangerine Juice Fresh Apple	14 Great Beginnings French Toast Sticks With Turkey Sausage Links Spinach & Cheese Omelet with Biscuit Select 1-2: Fruit Punch Juice 30	15 Great Beginnings Chicken with Biscuit Breakfast Burrito with Salsa With: Southern Grits Select 1-2: Assorted Juice
· <u>-</u> ·		Thanksgiving Break November 20-24,2023		



