


September 2022

Middle School Lunch

MON	TUE	WED	THU	FRI
			1 Entrees Wild Mike's Cheese Pizza V Wild Mike's Pepperoni Pizza Cheeseburger Sides (2-4) Mixed Green Salad Roasted Carrots Chilled Pineapple Assorted Fresh Fruit Grab N Go Chicken Tender Chef Salad	2 Entrees BBQ Chicken/Roll Breaded Beef Steak/Gravy/Roll Sides (2-4) Mashed Potatoes Deluxe Green Beans Cinnamon Applesauce Assorted Fresh Fruit Grab N Go Vegetarian Chef Salad
5 	6 Entrees Nashville Hot Mega Minis with Texas Toast Grilled Cheese V Sides (3-4) Tossed Salad Roasted Sweet Potato Diced Pears Assorted Fresh Fruit Grab N Go Charbroiled Chicken Chef Salad	7 Entrees Buffalo Chicken Dip With Tortilla Chips Hamburger Sides (3-4) Celery & Carrot Sticks Whole Kernel Corn Chilled Fruit Medley Fresh Banana Grab N Go Yogurt and Fruit Plate	8 Entrees Bean & Cheese Burrito V Breaded Beef Sandwich Sides (3-4) Mixed Green Salad Fiesta Black Beans Applesauce Assorted Juice Grab N Go Chicken Tender Chef Salad	9 Entrees Baked Spaghetti/ Texas Toast Veggie Burger v Sides (3-4) Garden Salad Italian Green Beans Mandarin Oranges Assorted Fresh Fruit Grab N Go Fajita Chicken Chef Salad
12 Entrees Stuffed Cheese Bites V Cheeseburger Sides (3-4) Coleslaw Baked Beans Diced Pears Seasonal Fresh Fruit Grab N Go Nut Butter & Jelly Plate V	13 Entrees Beef & Cheese Nachos Cheese Nachos V Grilled Chicken Sandwich Sides (3-4) Shredded Lettuce & Tomato Mexicali Corn Mandarin Oranges Fresh Banana Grab N Go Fajita Chicken Chef Salad	14 Entrees Wild Mike's Cheese Pizza V Wild Mike's Pepperoni Pizza Texas BBQ Sandwich Sides (3-4) Mixed Green Salad Roasted Carrots Chilled Pineapple Assorted Fresh Fruit Grab N Go Chicken Tender Chef Salad	15 Entrees BBQ Chicken/Roll Breaded Beef Steak/Gravy/Roll Sides (3-4) Mashed Potatoes Deluxe Green Beans Cinnamon Applesauce Assorted Fresh Fruit Grab N Go Vegetarian Chef Salad	16 Entrees Mini Cheese Calzone with Italian Dipping Sauce Fish Filet Sandwich Sides (3-4) Power Kale Salad Baked Sweet Potato Chilled Fruit Medley Seasonal Fresh Fruit Grab N Go Club Shaker Salad
19 Entrees Personal Cheese Pizza V Batter Up Beef Frank Sides (3-4) French Fries Broccoli Chilled Peaches Assorted Juice Grab N Go Vegetarian Chef Salad V	20 Entrees Maple Chicken Mega Minis with Texas Toast Grilled Cheese V Sides (3-4) Tossed Salad Roasted Sweet Potato Diced Pears Assorted Fresh Fruit Grab N Go Charbroiled Chicken Chef Salad	22 Entrees Buffalo Chicken Dip With Tortilla Chips Hamburger Sides (3-4) Celery & Carrot Sticks Whole Kernel Corn Chilled Fruit Medley Fresh Banana Grab N Go Yogurt and Fruit Plate	22 Entrees Bean & Cheese Burrito V Breaded Beef Sandwich Sides (3-4) Mixed Green Salad Farm to School Lady Peas Applesauce Assorted Juice Grab N Go Chicken Tender Chef Salad	23 Friday! Friday! Entrees Baked Spaghetti/ Texas Toast Veggie Burger v Sides (3-4) Garden Salad Italian Green Beans Mandarin Oranges Assorted Fresh Fruit Grab N Go Fajita Chicken Chef Salad
26 Entrees Stuffed Cheese Bites V Cheeseburger Sides (3-4) Coleslaw Baked Beans Diced Pears Seasonal Fresh Fruit Grab N Go Nut Butter & Jelly Plate V	27 Entrees Beef & Cheese Nachos Cheese Nachos V Grilled Chicken Sandwich Sides (3-4) Shredded Lettuce & Tomato Mexicali Corn Mandarin Oranges Fresh Banana Grab N Go	28 Entrees Wild Mike's Cheese Pizza V Wild Mike's Pepperoni Pizza Texas BBQ Sandwich Sides (3-4) Mixed Green Salad Roasted Carrots Chilled Pineapple Assorted Fresh Fruit Grab N Go Chicken Tender Chef Salad	29 Entrees BBQ Chicken/Roll Breaded Beef Steak/Gravy/Roll Sides (3-4) Mashed Potatoes Deluxe Green Beans Cinnamon Applesauce Assorted Fresh Fruit Grab N Go Vegetarian Chef Salad	30 Entrees Mini Cheese Calzone with Italian Dipping Sauce Fish Filet Sandwich Sides (3-4) Power Kale Salad Baked Sweet Potato Chilled Fruit Medley Seasonal Fresh Fruit Grab N Go Club Shaker Salad

This institution is an equal opportunity provider.
Milk available with all meals.