

# September 2022

## Middle/High Breakfast

MON	TUE	WED	THU	FRI
			<b>1 Great Beginnings</b> Spicy Chicken with Biscuit Apple Crisp Parfait <i>With: Southern Grits</i> <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit	<b>2 Great Beginnings</b> 122French Toast Sticks with Turkey Sausage Links Cereal Bar with Yogurt <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit
<b>5</b> 	<b>6 Great Beginnings</b> Breakfast Pizza Cinnamon Pancakes <b>Fruity Delights (1-2):</b> Assorted Juice Sliced Peaches	<b>7 Great Beginnings</b> Turkey Sausage Biscuit Raspberry Yogurt with Chocolate Muffin <i>With: Southern Grits</i> <b>Fruity Delights (1-2):</b> Assorted Juice Chilled Pears	<b>8 Great Beginnings</b> Chicken & Waffle School Baked Cinnamon Roll <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit	<b>9 Great Beginnings</b> Scrambled Eggs /Biscuit With Turkey Bacon Cinnamon Toast Crunch Pastry <b>Fruity Delights (1-2):</b> Assorted Juice Applesauce
<b>12 Great Beginnings</b> Turkey Sausage Biscuit Trix Cereal Bar with Raspberry Yogurt <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit	<b>13 Great Beginnings</b> Cheesy Scrambled Eggs with Toast Morning Pastry to Go <b>Fruity Delights (1-2):</b> Assorted Juice Sliced Peaches	<b>14 Great Beginnings</b> Spinach & Cheese Omelet With Biscuit WG Pancakes with Syrup <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit	<b>15 Great Beginnings</b> Spicy Chicken Biscuit Apple Crisp Parfait <i>With: Southern Grits</i> <b>Fruity Delights (1-2):</b> Assorted Juice Chilled Pears	<b>16 Great Beginnings</b> French Toast with Turkey Sausage Links Choice of Cereal with Biscuit <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit
<b>19 Great Beginnings</b> Pancake N Link Bagel with Cream Cheese <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit	<b>20 Great Beginnings</b> Breakfast Pizza Cinnamon Pancakes <b>Fruity Delights (1-2):</b> Assorted Juice Sliced Peaches	<b>21 Great Beginnings</b> Turkey Sausage Biscuit Raspberry Yogurt with Chocolate Muffin <i>With: Southern Grits</i> <b>Fruity Delights (1-2):</b> Assorted Juice Chilled Pears	<b>22 Great Beginnings</b> Chicken & Waffle School Baked Cinnamon Roll <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit	<b>23 Great Beginnings</b> Scrambled Eggs /Biscuit With Turkey Bacon Cinnamon Toast Crunch Pastry <i>With: Southern Grits</i> <b>Fruity Delights (1-2):</b> Assorted Juice Applesauce
<b>26 Great Beginnings</b> Turkey Sausage Biscuit Choice of Cereal with Biscuit <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit	<b>27 Great Beginnings</b> Cheesy Scrambled Eggs with Toast Morning Pastry to Go <b>Fruity Delights (1-2):</b> Assorted Juice Sliced Peaches	<b>28 Great Beginnings</b> Spinach & Cheese Omelet with Biscuit WG Pancakes with Syrup <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit	<b>29 Great Beginnings</b> Spicy Chicken Biscuit Apple Crisp Parfait <b>Fruity Delights (1-2):</b> Assorted Juice Chilled Pears	<b>30 Great Beginnings</b> French Toast with Turkey Sausage Links Choice of Cereal with Biscuit <i>With: Southern Grits</i> <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit

This institution is an equal opportunity provider.  
Milk available with all meals.