

# September 2022

## Elementary School Lunch

| MON   | TUE  | WED   | THU   | FRI  |
|---|--|---|---|--|
|   |  |   | <p>1 Entrees<br/>Wild Mike's Cheese Pizza<br/>Wild Mike's Pepperoni Pizza<br/>Fish Filet Sandwich</p> <p>Sides (1-3)<br/>Mixed Green Salad<br/>Roasted Carrots<br/>Chilled Pineapple<br/>Assorted Seasonal Fresh Fruit</p> <p>Grab N Go<br/>Chicken Tender Chef Salad</p> | <p>2 Entrees<br/>BBQ Chicken/Roll<br/>Breaded Beef Steak/Gravy/Roll</p> <p>Sides (1-3)<br/>Mashed Potatoes Deluxe<br/>Green Beans<br/>Cinnamon Applesauce<br/>Assorted Fresh Fruit</p> <p>Grab N Go<br/>Vegetarian Chef Salad</p>  |
| <p>5</p>   | <p>6 Entrees<br/>Chicken Nuggets with Texas Toast<br/>Grilled Cheese <b>V</b></p> <p>Sides (2-3)<br/>Tossed Salad<br/>Roasted Sweet Potato<br/>Diced Pears<br/>Assorted Fresh Fruit</p> <p>Grab N Go<br/>Charbroiled Chicken Chef Salad</p>                      | <p>7 Entrees<br/>Buffalo Chicken Dip<br/>With Tortilla Chips<br/>Hamburger</p> <p>Sides (2-3)<br/>Celery &amp; Carrot Sticks<br/>Whole Kernel Corn<br/>Chilled Fruit Medley<br/>Fresh Banana</p> <p>Grab N Go<br/>Fruit &amp; Yogurt Plate</p>                    | <p>8 Entrees<br/>Bean &amp; Cheese Burrito <b>V</b><br/>Breaded Beef Sandwich</p> <p>Sides (2-3)<br/>Mixed Green Salad<br/>Fiesta Black Beans<br/>Applesauce<br/>Fresh Pear</p> <p>Grab N Go<br/>Chicken Tender Chef Salad</p>  | <p>9 Entrees<br/>Baked Spaghetti/Texas Toast<br/>Veggie Burger <b>v</b></p> <p>Sides (2-3)<br/>Garden Salad<br/>Italian Green Beans<br/>Mandarin Oranges<br/>Assorted Fresh Fruit</p> <p>Grab N Go<br/>Fajita Chicken Chef Salad</p>   |
| <p>12 Entrees<br/>Stuffed Cheese Bites <b>V</b><br/>Cheeseburger</p> <p>Sides (2-3)<br/>Coleslaw<br/>Baked Beans<br/>Diced Pears<br/>Fresh Apple Wedges</p> <p>Grab N Go<br/>Nut Butter &amp; Jelly Plate <b>V</b></p>                | <p>13 Entrees<br/>Beef &amp; Cheese Nachos<br/>Cheese Nachos <b>V</b><br/>Grilled Chicken Sandwich</p> <p>Sides (2-3)<br/>Shredded Lettuce &amp; Tomato<br/>Mexicali Corn<br/>Mandarin Oranges<br/>Fresh Pear</p> <p>Grab N Go<br/>Fajita Chicken Chef Salad</p> | <p>14 Entrees<br/>Wild Mike's Cheese Pizza <b>V</b><br/>Wild Mike's Pepperoni Pizza<br/>Texas BBQ Sandwich</p> <p>Sides (2-3)<br/>Mixed Green Salad<br/>Roasted Carrots<br/>Chilled Pineapple<br/>Fresh Banana</p> <p>Grab N Go<br/>Chicken Tender Chef Salad</p> | <p>15 Entrees<br/>BBQ Chicken/Roll<br/>Breaded Beef Steak/Gravy/Roll</p> <p>Sides (2-3)<br/>Mashed Potatoes Deluxe<br/>Green Beans<br/>Cinnamon Applesauce<br/>Fresh Orange Wedges</p> <p>Grab N Go<br/>Vegetarian Chef Salad</p>   | <p>16 Entrees<br/>Mini Cheese Calzone with<br/>Italian Dipping Sauce<br/>Fish Filet Sandwich</p> <p>Sides (2-3)<br/>Power Kale Salad<br/>Baked Sweet Potato<br/>Chilled Fruit Medley<br/>Seasonal Fresh Fruit</p> <p>Grab N Go<br/>Club Shaker Salad</p>                               |
| <p>19 Entrees<br/>Personal Cheese Pizza <b>V</b><br/>Batter Up Beef Frank</p> <p>Sides (2-3)<br/>French Fries<br/>Steamed Broccoli<br/>Chilled Peaches<br/>Fresh Apple Wedges</p> <p>Grab N Go<br/>Vegetarian Chef Salad <b>V</b></p> | <p>20 Entrees<br/>Chicken Nuggets with Texas Toast<br/>Grilled Cheese <b>V</b></p> <p>Sides (2-3)<br/>Tossed Salad<br/>Roasted Sweet Potato<br/>Diced Pears<br/>Assorted Fresh Fruit</p> <p>Grab N Go<br/>Charbroiled Chicken Chef Salad</p>                     | <p>21 Entrees<br/>Buffalo Chicken Dip<br/>with Tortilla Chips<br/>Hamburger</p> <p>Sides (2-3)<br/>Celery &amp; Carrot Sticks/Ranch Dsg<br/>Whole Kernel Corn<br/>Chilled Fruit Medley<br/>Fresh Banana</p> <p>Grab N Go<br/>Yogurt &amp; Fruit Plate</p>         | <p>22 Entrees<br/>Bean &amp; Cheese Burrito <b>V</b><br/>Breaded Beef Sandwich</p> <p>Sides (2-3)<br/>Mixed Green Salad<br/>Farm to School Lady Peas<br/>Applesauce<br/>Assorted Juice</p> <p>Grab N Go<br/>Chicken Tender Chef Salad</p>                                 | <p>23 Friday! Friday!<br/>Entrees<br/>Baked Spaghetti/Texas Toast<br/>Veggie Burger <b>v</b></p> <p>Sides (2-3)<br/>Garden Salad<br/>Italian Green Beans<br/>Mandarin Oranges<br/>Assorted Fresh Fruit</p> <p>Grab N Go<br/>Fajita Chicken Chef Salad<br/>With: Frozen Fruit Slush</p> |
| <p>26 Entrees<br/>Stuffed Cheese Bites <b>V</b><br/>Cheeseburger</p> <p>Sides (2-3)<br/>Coleslaw<br/>Baked Beans<br/>Diced Pears<br/>Fresh Apple Wedges</p> <p>Grab N Go<br/>Nut Butter &amp; Jelly Plate <b>V</b></p>                | <p>27 Entrees<br/>Beef &amp; Cheese Nachos<br/>Cheese Nachos <b>V</b><br/>Grilled Chicken Sandwich</p> <p>Sides (2-3)<br/>Shredded Lettuce &amp; Tomato<br/>Mexicali Corn<br/>Mandarin Oranges<br/>Fresh Pear</p> <p>Grab N Go<br/>Fajita Chicken Chef Salad</p> | <p>28 Entrees<br/>Wild Mike's Cheese Pizza <b>V</b><br/>Wild Mike's Pepperoni Pizza<br/>Texas BBQ Sandwich</p> <p>Sides (2-3)<br/>Mixed Green Salad<br/>Roasted Carrots<br/>Chilled Pineapple<br/>Fresh Banana</p> <p>Grab N Go<br/>Chicken Tender Chef Salad</p> | <p>29 Entrees<br/>BBQ Chicken/Roll<br/>Breaded Beef Steak/Gravy/Roll</p> <p>Sides (2-3)<br/>Mashed Potatoes Deluxe<br/>Green Beans<br/>Cinnamon Applesauce<br/>Fresh Orange Wedges</p> <p>Grab N Go<br/>Vegetarian Chef Salad</p>   | <p>30 Entrees<br/>Mini Cheese Calzone with Italian Dipping<br/>Sauce<br/>Fish Filet Sandwich</p> <p>Sides (2-3)<br/>Power Kale Salad<br/>Baked Sweet Potato<br/>Chilled Fruit Medley<br/>Seasonal Fresh Fruit</p> <p>Grab N Go<br/>Club Shaker Salad</p>                               |

This institution is an equal opportunity provider.  
Milk available with all meals.