


# September 2022

## Elementary Breakfast

MON	TUE	WED	THU	FRI
			<p><sup>1</sup> <b>Great Beginnings</b> Assorted Cereal with Toast Apple Crisp Parfait <i>With: Southern Grits</i> <b>Fruity Delights (1-2):</b> Orang Juice Chilled Pears</p>	<p><sup>2</sup> <b>Great Beginnings</b> French Toast Sticks Breakfast Croissant <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit</p>
<p><b>5</b></p> 	<p><b>6 Great Beginnings</b> Breakfast Pizza  Cinnamon Pancakes  <b>Fruity Delights (1-2):</b> Apple Juice Sliced Peaches</p>	<p><b>7 Great Beginnings</b> Assorted Cereal with Toast  Raspberry Yogurt with Blueberry Muffin  <b>Fruity Delights (1-2):</b> Orange Juice Chilled Pears</p>	<p><b>8 Great Beginnings</b> Chicken &amp; Waffle  Reduced Sugar Frosted Flakes with Toast  <b>Fruity Delights (1-2):</b> Grape Juice Seasonal Fresh Fruit <i>With: Southern Grits</i></p>	<p><b>9 Great Beginnings</b> Scrambled Eggs /Biscuit With Turkey Bacon  Cinnamon Toast Crunch Pastry  <b>Fruity Delights (1-2):</b> Assorted Juice Applesauce</p>
<p><b>12 Great Beginnings</b> Turkey Sausage Biscuit  Trix Cereal Bar with Raspberry Rainbow Yogurt  <b>Fruity Delights (1-2):</b> Orange Juice Seasonal Fresh Fruit</p>	<p><b>13 Great Beginnings</b> Cheesy Scrambled Eggs with Toast  Assorted Cereal with Toast  <b>Fruity Delights (1-2):</b> Apple Juice Sliced Peaches</p>	<p><b>14 Great Beginnings</b> Spinach &amp; Cheese Omelet with Biscuit  WG Pancakes with Syrup  <b>Fruity Delights (1-2):</b> Grape Juice</p>	<p><b>15 Great Beginnings</b> Apple Crisp Parfait  Assorted Cereal with Toast  <b>Fruity Delights (1-2):</b> Orang Juice Chilled Pears</p>	<p><b>16 Great Beginnings</b> French Toast Sticks  Breakfast Croissant  <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit</p>
<p><b>19 Great Beginnings</b> Pancake N Link  <b>Cinnamon Pancakes</b>  <b>Fruity Delights (1-2):</b> Orange Juice Seasonal Fresh Fruit</p>	<p><b>20 Great Beginnings</b> Breakfast Pizza  Bagel with Cream Cheese  <b>Fruity Delights (1-2):</b> Apple Juice Sliced Peaches</p>	<p><b>21 Great Beginnings</b> Assorted Cereal with Toast  Raspberry Yogurt with Blueberry Muffin  <b>Fruity Delights (1-2):</b> Orange Juice Chilled Pears</p>	<p><b>22 Great Beginnings</b> Chicken &amp; Waffle  Reduced Sugar Frosted Flakes with Toast  <b>Fruity Delights (1-2):</b> Grape Juice Seasonal Fresh Fruit <i>With: Southern Grits</i></p>	<p><b>23 Great Beginnings</b> Scrambled Eggs /Biscuit With Turkey Bacon  Cinnamon Toast Crunch Pastry  <b>Fruity Delights (1-2):</b> Assorted Juice Applesauce</p>
<p><b>26 Great Beginnings</b> Turkey Sausage Biscuit  Trix Cereal Bar with Raspberry Rainbow Yogurt  <b>Fruity Delights (1-2):</b> Orange Juice Seasonal Fresh Fruit</p>	<p><b>27 Great Beginnings</b> Cheesy Scrambled Eggs with Toast  Assorted Cereal with Toast  <b>Fruity Delights (1-2):</b> Apple Juice Sliced Peaches</p>	<p><b>28 Great Beginnings</b> Spinach &amp; Cheese Omelet with Biscuit  WG Pancakes with Syrup  <b>Fruity Delights (1-2):</b> Grape Juice Seasonal Fresh Fruit</p>	<p><b>29 Great Beginnings</b> Apple Crisp Parfait  Assorted Cereal with Toast  <b>Fruity Delights (1-2):</b> Orang Juice Chilled Pears</p>	<p><b>30 Great Beginnings</b> French Toast Sticks  Breakfast Croissant  <b>Fruity Delights (1-2):</b> Assorted Juice Seasonal Fresh Fruit</p>

This institution is an equal opportunity provider.  
Milk available with all meals.