


October 2022

Elementary Express Breakfast

MON	TUE	WED	THU	FRI
3 Great Beginnings Pancake N Link Fruity Delights Orange Juice Seasonal Fresh Fruit Choice of Milk	4 Great Beginnings Breakfast Pizza Fruity Delights Apple Juice Sliced Peaches Choice of Milk	5 Great Beginnings Raspberry Yogurt with Blueberry Muffin Fruity Delights Orange Juice Chilled Pears Choice of Milk	6 Great Beginnings Chicken Biscuit Fruity Delights Grape Juice Seasonal Fresh Fruit Choice of Milk	7 Professional Development Day
10 <i>Fall Break</i> 	11 Great Beginnings Assorted Cereal with Toast Fruity Delights Apple Juice Sliced Peaches Choice of Milk	12 Great Beginnings WG Pancakes with Syrup Fruity Delights Grape Juice Seasonal Fresh Fruit Choice of Milk	13 Great Beginnings Trix Cereal Bar with Raspberry Rainbow Yo- gurt Fruity Delights Orang Juice Chilled Pears	14Great Beginnings French Toast Sticks Fruity Delights Assorted Juice Seasonal Fresh Fruit Choice of Milk
17 Great Beginnings Pancake N Link Fruity Delights Orange Juice Seasonal Fresh Fruit Choice of Milk	18 Great Beginnings Breakfast Pizza Fruity Delights Apple Juice Sliced Peaches Choice of Milk	19 Great Beginnings Raspberry Yogurt with Blueberry Muffin Fruity Delights Orange Juice Chilled Pears Choice of Milk	220 Great Beginnings Chicken Biscuit Fruity Delights Grape Juice Seasonal Fresh Fruit Choice of Milk	21 Great Beginnings Cinnamon Toast Crunch Pastry Fruity Delights Assorted Juice F2S Fresh Apple Choice of Milk
22 Great Beginnings Turkey Sausage Biscuit Fruity Delights Orange Juice Seasonal Fresh Fruit Choice of Milk	23 Great Beginnings Assorted Cereal with Toast Fruity Delights Apple Juice Sliced Peaches Choice of Milk	24 Great Beginnings WG Pancakes with Syrup Fruity Delights Grape Juice Seasonal Fresh Fruit Choice of Milk	25Great Beginnings Trix Cereal Bar with Raspberry Rainbow Yo- gurt Fruity Delights Orang Juice Chilled Pears Choice of Milk	26 Great Beginnings French Toast Sticks Fruity Delights Assorted Juice Seasonal Fresh Fruit Choice of Milk



**This institution is an equal opportunity provider.
Milk available with all meals.**