October 2022

Elementary Breakfast

Mon	Tue	Wed	Thu	Fri
3 Great Beginnings Pancake N Link Bagel with Cream Cheese **Fruity Delights (1-2):** Orange Juice Seasonal Fresh Fruit	**4 Great Beginnings** Breakfast Pizza Cinnamon Pancakes **Fruity Delights (1-2):** Apple Juice Sliced Peaches	**5 Great Beginnings** Turkey Sausage Biscuit Raspberry Yogurt with Chocolate Muffin ***With: Southern Grits*** **Fruity Delights (1-2):** Orange Juice Chilled Pears	**6 Great Beginnings** Chicken & Waffle School Baked Cinnamon Roll **Fruity Delights (1-2):** Grape Juice Seasonal Fresh Fruit	7 Professional Development Day
10 *Fall Break* 	**11 Great Beginnings** Cheesy Scrambled Eggs with Toast Assorted Cereal with Toast **Fruity Delights (1-2):** Apple Juice Sliced Peaches	**12 Great Beginnings** Spinach & Cheese Omelet With Biscuit WG Pancakes with Syrup **Fruity Delights (1-2):** Orange Juice Seasonal Fresh Fruit	**13 Great Beginnings** Chicken Biscuit Apple Crisp Parfait ***With: Southern Grits*** **Fruity Delights (1-2):** Grape Juice Chilled Pears	**14 Great Beginnings** French Toast with Turkey Sausage Links Choice of Cereal with Biscuit **Fruity Delights (1-2):** Assorted Juice Seasonal Fresh Fruit
17 Great Beginnings Pancake N Link Bagel with Cream Cheese **Fruity Delights (1-2):** Orange Juice Seasonal Fresh Fruit	**18 Great Beginnings** Breakfast Pizza Cinnamon Pancakes **Fruity Delights (1-2):** Apple Juice Sliced Peaches	**19 Great Beginnings** Turkey Sausage Biscuit Raspberry Yogurt with Chocolate Muffin **Fruity Delights (1-2):** Orange Juice Chilled Pears	**20 Great Beginnings** Chicken & Waffle School Baked Cinnamon Roll **Fruity Delights (1-2):** Grape Juice Seasonal Fresh Fruit	**21 Great Beginnings** Scrambled Eggs /Biscuit With Turkey Bacon Cinnamon Toast Crunch Pastry ***With: Southern Grits*** **Fruity Delights (1-2):** Assorted Juice ***F2S Apple*** National Apple Day
24 Great Beginnings Turkey Sausage Biscuit Choice of Cereal with Biscuit **Fruity Delights (1-2):** Orange Juice Seasonal Fresh Fruit	**25 Great Beginnings** Cheesy Scrambled Eggs with Toast Assorted Cereal with Toast **Fruity Delights (1-2):** Apple Juice Sliced Peaches	**26 Great Beginnings** Spinach & Cheese Omelet with Biscuit WG Pancakes with Syrup **Fruity Delights (1-2):** Orange Juice Seasonal Fresh Fruit	**27 Great Beginnings** Chicken Biscuit Apple Crisp Parfait ***With: Southern Grits*** **Fruity Delights (1-2):** Grape Juice Chilled Pears	**28 Great Beginnings** French Toast with Turkey Sausage Links Choice of Cereal with Biscuit **Fruity Delights (1-2):** Assorted Juice Seasonal Fresh Fruit
31 Great Beginnings Pancake N Link Bagel with Cream Cheese **Fruity Delights (1-2):** Orange Juice Seasonal Fresh Fruit	**1 Great Beginnings** Breakfast Pizza Cinnamon Pancakes **Fruity Delights (1-2):** Apple Juice Sliced Peaches	**2 Great Beginnings** Turkey Sausage Biscuit Raspberry Yogurt with Chocolate Muffin ***With: Southern Grits*** **Fruity Delights (1-2):** Orange Juice Chilled Pears	**3 Great Beginnings** Chicken & Waffle School Baked Cinnamon Roll **Fruity Delights (1-2):** Grape Juice Seasonal Fresh Fruit	**4 Great Beginnings** Scrambled Eggs /Biscuit With Turkey Bacon Cinnamon Toast Crunch Pastry ***With: Southern Grits*** **Fruity Delights (1-2):** Assorted Juice Applesauce

This institution is an equal opportunity provider.

Milk available with all meals.