



# November 2022

## High School Lunch

MON	TUE	WED	THU	FRI	
 <p><b>1 Entrees</b> Nashville Hot Mega Minis with Texas Toast Grilled Cheese <b>V</b></p> <p><b>Sides (3-4)</b> Tossed Salad Roasted Sweet Potato Diced Pears Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Charbroiled Chicken Chef Salad</p>	<p><b>1 Entrees</b> Nashville Hot Mega Minis with Texas Toast Grilled Cheese <b>V</b></p> <p><b>Sides (3-4)</b> Tossed Salad Roasted Sweet Potato Diced Pears Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Charbroiled Chicken Chef Salad</p>	<p><b>2 Entrees</b> Breaded Chicken Sandwich Hamburger</p> <p><b>Sides (3-4)</b> Celery &amp; Carrot Sticks Whole Kernel Corn Fresh Banana Assorted Juice</p> <p><b>Grab N Go</b> Yogurt and Fruit Plate</p>	<p><b>3 Entrees</b> Bean &amp; Cheese Burrito <b>V</b> Buffalo Chicken Dip With Tortilla Chips</p> <p><b>Sides (3-4)</b> Mixed Green Salad Fiesta Black Beans Chilled Fruit Medley Applesauce</p> <p><b>Grab N Go</b> Chicken Tender Chef Salad</p>	<p><b>4 Entrees</b> Chicken Tenders/Roll Veggie Burger <b>v</b></p> <p><b>Sides (3-4)</b> Garden Salad Italian Green Beans Mandarin Oranges Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Fajita Chicken Chef Salad</p>	
<p><b>7 Entrees</b> Stuffed Cheese Bites <b>V</b> Cheeseburger</p> <p><b>Sides (3-4)</b> Coleslaw Baked Beans Diced Pears Seasonal Fresh Fruit</p> <p><b>Grab N Go</b> Nut Butter &amp; Jelly Plate <b>V</b></p>	<p>8</p> <p><i>Independent Learning / Professional Development Day</i></p>	<p><b>9 Entrees</b> Wild Mike's Cheese Pizza <b>V</b> Wild Mike's Pepperoni Pizza Texas BBQ Sandwich</p> <p><b>Sides (3-4)</b> Mixed Green Salad Roasted Carrots Chilled Pineapple Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Chicken Tender Chef Salad</p>	<p><b>10 Entrees</b> BBQ Chicken/Roll Breaded Beef Steak/Gravy/Roll</p> <p><b>Sides (3-4)</b> Creamy Mashed Potatoes Green Beans Cinnamon Applesauce Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Vegetarian Chef Salad</p>	<p><b>11 Entrees</b> Mini Cheese Calzone with Italian Dipping Sauce</p> <p><b>Sides (3-4)</b> Fish Filet Sandwich Power Kale Salad Baked Sweet Potato Chilled Fruit Medley Seasonal Fresh Fruit</p> <p><b>Grab N Go</b> Club Shaker Salad</p>	
<p><b>14 Entrees</b> Personal Cheese Pizza <b>V</b> Batter Up Beef Frank</p> <p><b>Sides (3-4)</b> French Fries Broccoli Chilled Peaches Assorted Juice</p> <p><b>Grab N Go</b> Vegetarian Chef Salad <b>V</b></p>	<p><b>15 Entrees</b> Spicy Chicken Chunks with Texas Toast Grilled Cheese <b>V</b></p> <p><b>Sides (3-4)</b> Tossed Salad Roasted Sweet Potato Diced Pears Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Charbroiled Chicken Chef Salad</p>	<p><b>16 Entrees</b> Buffalo Chicken Dip With Tortilla Chips Hamburger</p> <p><b>Sides (3-4)</b> Celery &amp; Carrot Sticks Whole Kernel Corn Chilled Fruit Medley Fresh Banana</p> <p><b>Grab N Go</b> Yogurt and Fruit Plate</p>	<p><b>17 Happy Thanksgiving!</b> <b>Entrees</b> Roast Turkey/Roll Holiday Ham (Pork)/Roll</p> <p><b>Sides (2-3)</b> Sweet Potato Souffle Green Beans Diced Apricots Seasonal Fresh Fruit</p> <p><b>Grab N Go:</b> Fruit &amp; Yogurt Plate <b>V</b> Served With Cornbread Dressing Cranberry Sauce Pumpkin Spice Cookie</p>	<p>18</p> <p><b>Entrees</b> Chicken Tenders/Roll Veggie Burger <b>v</b></p> <p><b>Sides (3-4)</b> Garden Salad Italian Green Beans Mandarin Oranges Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Fajita Chicken Chef Salad With: Frozen Fruit Slush</p>	
<p><i>Thanksgiving Break November 21—25, 2022</i></p>		 <p><i>Happy Thanksgiving</i></p>		<p><i>School resumes November 28, 2022</i></p>	
<p><b>28 Entrees</b> Stuffed Cheese Bites <b>V</b> Cheeseburger</p> <p><b>Sides (3-4)</b> Coleslaw Baked Beans Diced Pears Seasonal Fresh Fruit</p> <p><b>Grab N Go</b> Nut Butter &amp; Jelly Plate <b>V</b></p>	<p><b>29 Entrees</b> Beef &amp; Cheese Nachos Cheese Nachos <b>V</b> Grilled Chicken Sandwich</p> <p><b>Sides (3-4)</b> Shredded Lettuce &amp; Tomato Mexicali Corn Mandarin Oranges Fresh Banana</p> <p><b>Grab N Go</b> Fajita Chicken Chef Salad</p> <p>With Dick &amp; Janes Cookies</p>	<p><b>30 Entrees</b> Wild Mike's Cheese Pizza <b>V</b> Wild Mike's Pepperoni Pizza Texas BBQ Sandwich</p> <p><b>Sides (3-4)</b> Mixed Green Salad Roasted Carrots Chilled Pineapple Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Chicken Tender Chef Salad</p>	<p><b>1 Entrees</b> BBQ Chicken/Roll <b>Turkey &amp; Bacon Croissant</b></p> <p><b>Sides (3-4)</b> Creamy Mashed Potatoes Green Beans Cinnamon Applesauce Assorted Fresh Fruit</p> <p><b>Grab N Go</b> Vegetarian Chef Salad</p>	<p><b>2 Friday! Friday!</b> <b>Entrees</b> Mini Cheese Calzone with Italian Dipping Sauce Fish Filet Sandwich</p> <p><b>Sides (3-4)</b> Power Kale Salad Baked Sweet Potato Chilled Fruit Medley Seasonal Fresh Fruit</p> <p><b>Grab N Go</b> Club Shaker Salad With: Welch's Fruit Slushie</p>	