

Middle School Lunch

March 2022



Tuesday, March 1

Entrees

Spicy Chicken Nuggets with Roll
Grilled Cheese V

Sides (3-4)

Broccoli
Glazed Sweet Potatoes
Applesauce
Assorted Fresh Fruit

Grab-N-Go

Fajita Chef Salad V

With: Vegetable Soup

Wednesday, March 2

Entrees

Hot Dog
Fish Sandwich

Sides (3-4)

Coleslaw
Baked Beans
Fruit Cocktail
Assorted Juice

Grab-N-Go

Vegetarian Chef Salad V

Thursday, March 3

Entrees

Breaded Chicken Drumstick/Texas
Toast
Vegetarian Lasagna with Texas Toast

Sides (3-4)

Collard Greens
Mashed Potatoes
Diced Apricots
Assorted Fresh Fruit

Grab-N-Go

Chicken Strip Chef Salad

Friday, March 4

Entrees

Wild Mikes Turkey Pepperoni Pizza
Turkey BLT on Croissant

Sides (3-4)

Kale Salad
Peppered Carrots
Pineapple Tidbits
Assorted Fresh Fruit

Grab-N-Go

Mixed Cheese Chef Salad V

Monday, March 7

Entrees

Cheese Nachos V
Teriyaki Vegetarian Burger V

Sides (3-4)

Shredded Lettuce/Tomatoes
Steamed Broccoli
Assorted Fresh Fruit
Assorted Juice

Grab-N-Go

Yogurt & Fruit Plate V

Tuesday, March 8

Entrees

Chicken Tenders/Roll
Corndog

Sides (3-4)

Coleslaw
Crinkle Fries
Mandarin Oranges
Assorted Juice

Grab-N-Go

Mixed Cheese Chef Salad V

Wednesday, March 9

Entrees

Breaded Chicken Sandwich
Fish Sandwich

Sides (3-4)

Lemon Kissed Kale
Baked Sweet Potatoes
Fruit Cocktail
Assorted Fresh Fruit

Grab-N-Go

Vegetarian Salad V

Thursday, March 10

Entrees

Baked Spaghetti with Texas Toast
Chicken Fajitas

Sides (3-4)

Tossed Salad
Green Beans
Cinnamon Applesauce
Assorted Juice

Grab-N-Go

Sunbutter & Jelly Plate V

Friday, March 11

Entrees

Wild Mike's Cheese Pizza V
Turkey & Cheese Sub Sandwich

Sides (3-4)

Garden Salad
California Blend
Sliced Peaches
Assorted Fresh Fruit

Grab-N-Go

Chicken Tender Chef Salad

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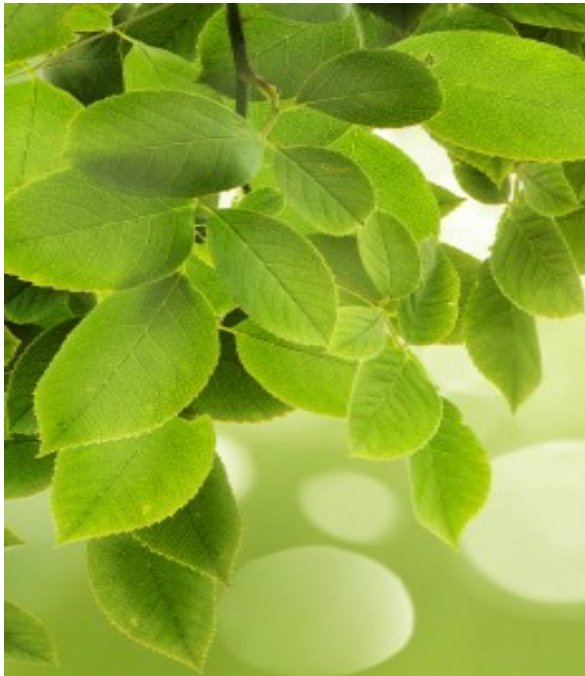


Don't keep it
under your hat!

March 1 is "Read Across
America" Day in honor of
Dr. Seuss's Birthday
(March 2)

Milk is available with all meals.

This institution is an equal opportunity provider.



MARCH 17
Follow a Rainbow
to a Pot o' Gold!

Milk is available with all meals.

This institution is an equal opportunity provider.

Monday, March 14

Entrees

French Bread Pizza V
Veggie Burger V

Sides (3-4)

Mixed Green Salad
Mexicali Corn
Mandarin Oranges
Assorted Fresh Fruit

Grab-N-Go

Yogurt & Fruit Plate V

Tuesday, March 15

Entrees

Chicken Nuggets with Roll
Grilled Cheese V

Sides (3-4)

Broccoli
Glazed Sweet Potatoes
Applesauce
Assorted Fresh Fruit

Grab-N-Go

Fajita Chef Salad

With: Vegetable Soup

Wednesday, March 16

Entrees

Beef Nachos
Cheese Nachos V

Sides (3-4)

Shredded Lettuce/Tomatoes
Mexican Black Beans
Fruit Cocktail
Assorted Juice

Grab-N-Go

Chicken Strip Chef Salad

Thursday, March 17

Entrees

Country Fried Steak/Gravy with
Roll

Vegetarian Lasagna with
Roll V 

Sides (3-4)

Collard Greens
Mashed Potatoes
Diced Apricots
Assorted Fresh Fruit

Grab-N-Go

Fajita Chef Salad

With: St. Patrick's Day Treat

Friday, March 18

Entrees

Wild Mikes Turkey Pepperoni Pizza
Turkey BLT on Croissant

Sides (3-4)

Kale Salad
Peppered Carrots
Pineapple Tidbits
Assorted Fresh Fruit

Grab-N-Go

Mixed Cheese Chef Salad V

Monday, March 21

Entrees

Cheese Nachos V
Teriyaki Vegetarian Burger V

Sides (3-4)

Shredded Lettuce/Tomatoes
Steamed Broccoli
Assorted Fresh Fruit
Assorted Juice

Grab-N-Go

Yogurt & Fruit Plate V
With: Presidents Day Cookies

Tuesday, March 22

Entrees

Chicken Tenders/Roll
Corn dog

Sides (3-4)

Coleslaw
Crinkle Fries
Mandarin Oranges
Assorted Juice

Grab-N-Go

Mixed Cheese Chef Salad V

Wednesday, March 23

Entrees

Breaded Chicken Sandwich
Fish Sandwich

Sides (3-4)

Lemon Kissed Kale
Baked Sweet Potatoes
Fruit Cocktail
Assorted Fresh Fruit

Grab-N-Go

Vegetarian Salad V

Thursday, March 24

Entrees

Baked Spaghetti with Texas Toast
Chicken Fajitas



Sides (3-4)

F2S Carrot Salad
Green Beans
Cinnamon Applesauce
Assorted Juice

Grab-N-Go

Sunbutter & Jelly Plate V

Friday, March 25

Entrees

Wild Mike's Cheese Pizza V
Turkey & Cheese Sub Sandwich

Sides (3-4)

Garden Salad
California Blend
Sliced Peaches
Assorted Fresh Fruit

Grab-N-Go

Chicken Tender Chef Salad

Monday, March 28

Entrees

French Bread Pizza V
Veggie Burger V

Sides (3-4)

Mixed Green Salad
Mexicali Corn
Mandarin Oranges
Assorted Fresh Fruit

Grab-N-Go

Yogurt & Fruit Plate V

Tuesday, March 29

Entrees

Chicken Nuggets with Roll
Grilled Cheese V

Sides (3-4)

Broccoli
Glazed Sweet Potatoes
Applesauce
Assorted Fresh Fruit

Grab-N-Go

Fajita Chef Salad

With: Vegetable Soup

Wednesday, March 30

Entrees

Beef Nachos
Cheese Nachos V

Sides (3-4)

Shredded Lettuce/Tomatoes
Mexican Black Beans
Fruit Cocktail
Assorted Juice

Grab-N-Go

Chicken Strip Chef Salad

Thursday, March 31

Entrees

Lemon Pepper Chicken with Texas
Toast

Vegetarian Lasagna & Texas Toast V

Sides (3-4)

Collard Greens
Mashed Potatoes
Diced Apricots
Assorted Fresh Fruit

Grab-N-Go

Fajita Chef Salad

Friday, April 1

Entrees

Wild Mikes Turkey Pepperoni Pizza
Turkey BLT on Croissant

Sides (3-4)

Kale Salad
Peppered Carrots
Pineapple Tidbits
Assorted Fresh Fruit

Grab-N-Go

Mixed Cheese Chef Salad V
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