MARCH IS NATIONAL NUTRITION MONTH

Like to read?

Don't keep it under your hat!

March 1 is ‘Read Across America’ Day in honor of Dr. Seuss’s Birthday

(March 2)

Milk is available with all meals.
This institution is an equal opportunity provider.
### Monday, March 14
**Entrees**
- Teriyaki Veggie Burger

**Sides (2-3)**
- Mixed Green Salad
- Green Beans
- Mandarin Oranges

**Grab-N-Go**
- Yogurt & Fruit Plate V

### Tuesday, March 15
**Entrees**
- Mega Mini Maple Chicken Nuggets with Roll

**Sides (2-3)**
- Broccoli
- Glazed Sweet Potatoes
- Assorted Fresh Fruit

**Grab-N-Go**
- Sunbutter & Jelly Plate V
- With Vegetable Soup

### Wednesday, March 16
**Entrees**
- Beef Nachos
  - Cheese Nachos V

**Sides (2-3)**
- Shredded Lettuce/Tomatoes
- Mexican Black Beans
- Diced Pears

**Grab-N-Go**
- Fajita Chef Salad

### Thursday, March 17
**Entrees**
- Country Fried Steak/Gravy with Roll

**Sides (2-3)**
- Collard Greens
- Loaded Mashed Potatoes
- Diced Apricots

**Grab-N-Go**
- Mixed Cheese Salad V
  - With: St Patrick’s Day Treat

### Friday, March 18
**Entrees**
- Wild Mikes Turkey Pepperoni Pizza

**Sides (2-3)**
- Peppered Carrots
- Pineapple Tidbits

**Grab-N-Go**
- Chicken Strip Chef Salad

---

### Monday, March 21
**Entrees**
- Cheese Nachos V

**Sides (2-3)**
- Shredded Lettuce/Tomatoes
- Steamed Broccoli
- Assorted Fresh Fruit

**Grab-N-Go**
- Yogurt & Fruit Plate V

### Tuesday, March 22
**Entrees**
- Chicken Tenders/Roll

**Sides (2-3)**
- Coleslaw
- Crinkle Fries
- Mandarin Oranges

**Grab-N-Go**
- Sunbutter & Jelly Plate V

### Wednesday, March 23
**Entrees**
- Corndog

**Sides (2-3)**
- Lemon Kissed Kale
- Baked Sweet Potatoes
- Assorted Fresh Fruit

**Grab-N-Go**
- Vegetarian Chef Salad V

### Thursday, March 24
**Entrees**
- Baked Spaghetti with Texas Toast

**Sides (2-3)**
- F2S Carrot Salad
- Green Beans
- Cinnamon Applesauce

**Grab-N-Go**
- Mixed Cheese Chef Salad V

### Friday, March 25
**Entrees**
- Wild Mikes Turkey Pepperoni Pizza

**Sides (2-3)**
- Spinach Salad
- Peppered Carrots
- Pineapple Tidbits

**Grab-N-Go**
- Chicken Strip Chef Salad

---

### Monday, March 28
**Entrees**
- Teriyaki Veggie Burger

**Sides (2-3)**
- Mixed Green Salad
- Green Beans
- Mandarin Oranges

**Grab-N-Go**
- Yogurt & Fruit Plate V

### Tuesday, March 29
**Entrees**
- Mega Mini Maple Chicken Nuggets with Roll

**Sides (2-3)**
- Broccoli
- Glazed Sweet Potatoes
- Assorted Fresh Fruit

**Grab-N-Go**
- Sunbutter & Jelly Plate V
- With Vegetable Soup

### Wednesday, March 30
**Entrees**
- Beef Nachos
  - Cheese Nachos V

**Sides (2-3)**
- Shredded Lettuce/Tomatoes
- Mexican Black Beans
- Diced Pears

**Grab-N-Go**
- Fajita Chef Salad

### Thursday, March 31
**Entrees**
- Lemon Pepper Chicken with Texas Toast

**Sides (2-3)**
- Collard Greens
- Loaded Mashed Potatoes
- Diced Apricots

**Grab-N-Go**
- Mixed Cheese Salad V

### Friday, April 1
**Entrees**
- Wild Mikes Turkey Pepperoni Pizza

**Sides (2-3)**
- Peppered Carrots
- Pineapple Tidbits

**Grab-N-Go**
- Chicken Strip Chef Salad

---

Milk is available with all meals.

This institution is an equal opportunity provider.