Choice of Milk is available with all meals
**Meatless Monday**

<table>
<thead>
<tr>
<th>Monday, September 13</th>
<th>Tuesday, September 14</th>
<th>Wednesday, September 15</th>
<th>Thursday, September 16</th>
<th>Friday, September 17</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Entrees</strong></td>
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<tr>
<td>Cheese Dippers with Salsa V</td>
<td>Nashville Hot Chicken with Roll</td>
<td>Breaded Chicken Sandwich</td>
<td>Country Beef Steak /Gravy with Roll</td>
<td>BBQ Chicken with Roll</td>
</tr>
<tr>
<td>Burrito Bowl V</td>
<td>Turkey &amp; Cheese Sub Sandwich</td>
<td>Vegetarian Lasagna with Texas Toast</td>
<td>Turkey BLT On Croissant</td>
<td>Baked Ziti with Roll V</td>
</tr>
<tr>
<td>Sides (3-4)</td>
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</tr>
<tr>
<td>Mixed Green Salad</td>
<td>Broccoli</td>
<td>Cucumber Salad</td>
<td>Loaded Mashed Potatoes</td>
<td>Tossed Salad</td>
</tr>
<tr>
<td>Mexicali Corn</td>
<td>Rustic Glazed Carrots</td>
<td>Sweet Potato Boat</td>
<td>Kale Salad</td>
<td>Baked Beans</td>
</tr>
<tr>
<td>Mandarin Oranges</td>
<td>Applesauce</td>
<td>Pineapple Tidbits</td>
<td>Fruit Cocktail</td>
<td>Sliced Peaches</td>
</tr>
<tr>
<td>Assorted Fresh Fruit</td>
<td>Assorted Juice</td>
<td>Assorted Fresh Fruit</td>
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<td>Assorted Fresh Fruit</td>
</tr>
<tr>
<td><strong>Grab-N-Go</strong></td>
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</tr>
<tr>
<td>Yogurt &amp; Fruit Plate</td>
<td>Southwest Salad V</td>
<td>Charbroiled Chicken Chef Salad</td>
<td>Mixed Cheese Chef Salad V</td>
<td>BLT Cobb Salad</td>
</tr>
</tbody>
</table>

**Sides (3-4)**
- Lemon Roasted Carrots & Broccoli
- Mixed Green Salad
- Assorted Fresh Fruit

**Grab-N-Go**
- Club Med Chef Salad V

**Monday, September 20**
- Cheese Dippers with Salsa V
- Burrito Bowl V

**Sides (3-4)**
- Lemon Roasted Carrots & Broccoli
- Mixed Green Salad
- Assorted Fresh Fruit

**Grab-N-Go**
- Turkey Bacon Ranch Salad
- With: Warm Chocolate Chip

**Monday, September 21**
- BBQ Sandwich
- Veggie Burger V

**Tuesday, September 22**
- Buffalo Chicken /Roll
- Breaded Beef Sandwich

**Wednesday, September 23**
- Beef & Cheese Nachos
- Fish Sandwich

**Thursday, September 24**
- Big Mike’s Cheese Pizza V
- Turkey Ham Sub Sandwich

**Friday, September 25**
- Broccoli
- Corn
- Sliced Peaches

**Fresh Apples (Crunch for Lunch Day)**

**September 24, 2021**

**CRUNCH 4 LUNCH**

*A celebration of Georgia Apples*

**Milk is available with all meals**

This institution is an equal opportunity provider.