



BREAKFAST @SCHOOL

For first-class learning!

DeKalb County School District

Featuring
Healthy Fruits
& Grains!

**Middle School Breakfast
SEPTEMBER 2021**

This institution is an equal opportunity provider. Menu is subject to change.

**HAPPY
LABOR
DAY!**

*We hope
the last
sweet
days
of your
Summer
are super
PEACHY!*



Wednesday, September 1

Great Beginnings

Pancake N Link
or
Cinnamon Oatmeal Round V

Fruity Delights

Apple Juice
Banana

Thursday, September 2

Great Beginnings

Chicken Biscuit
or
Whole Grain Chocolate
Muffin
Cheese Stick

Fruity Delights

Orange Tangerine Juice
Fresh Apple

Friday, September 3

Great Beginnings

Assorted Cereal (1oz) with
Biscuit
or
Strawberry Yogurt &
Granola V

Fruity Delights

Mixed Fruit Juice
Fruit Cocktail

**The original value meal
& still a fantastic deal!**

Breakfast Lunch

FREE for all Students
SY 21-22

**Get in touch with us today to learn more about
free and reduced-price meals in our district:
schoolnutrition@dekalbschoolsga.org**



**NO SCHOOL
MONDAY,
SEPTEMBER 6**

Tuesday, Sept 7

Great Beginnings

Turkey Sausage Biscuit
Or
Raspberry Yogurt with
Granola V

Fruity Delights

Apple Juice
Diced Peaches

Wednesday, Sept 8

Great Beginnings

Assorted Cereal with
Graham Crackers V
Or
Cinnamon Roll V

Fruity Delights

Orange Juice
Banana

Thursday, Sept 9

Great Beginnings

Chicken Biscuit
Or
Mini WG Waffles

Fruity Delights

Mixed Fruit Juice
F2S Fresh Fruit

Friday, Sept 10

Great Beginnings

Assorted Cereal (1oz) with
Biscuit V
Or
Bagel with Cream Cheese V

Fruity Delights

Orange Tangerine Juice
Fruit Cocktail

BREAKFAST@SCHOOL
helps keep kids healthy
and gives them the energy
they need to learn.





**To help keep yourself,
your friends, and
your family healthy**

**Please follow our
Social Distancing
Guidelines!**

Word of the Month

in·teg·ri·ty

noun 1. soundness of
and adherence to moral
principle and character
2. uprightness; honesty.

Monday, Sept 13 Great Beginnings Spicy Chicken Biscuit or Reduced Sugar Fruit Loops with Graham Crackers V Fruity Delights Orange Tangerine Juice Fresh Gala Apple	Tuesday, Sept 14 Great Beginnings Turkey Sausage Biscuit Or Blueberry Pop Tarts (2)V Fruity Delights Mixed Fruit Juice Sliced Peaches	Wednesday, Sept 15 Great Beginnings Pancake N Link or Cinnamon Oatmeal Round V Fruity Delights Apple Juice Banana	Thursday, Sept 16 Great Beginnings Chicken Biscuit or Whole Grain Chocolate Muffin & Cheese Stick V Fruity Delights Orange Tangerine Juice Fresh Apple	Friday, Sept 17 Great Beginnings Assorted Cereal (1oz) with Biscuit or Strawberry Banana Yogurt & Granola V Fruity Delights Mixed Fruit Juice Fruit Cocktail
Monday, Sept 20 Great Beginnings Cinnamon Toast Crunch Bowl (2oz) Or Mini WG French Toast V Fruity Delights Orange Juice Fresh Gala Apple	Tuesday, Sept 21 Great Beginnings Turkey Sausage Biscuit Or Raspberry Yogurt with Granola V Fruity Delights Apple Juice Sliced Peaches	Wednesday, Sept 22 Great Beginnings Assorted Cereal with Graham Crackers V Or Cinnamon Roll V Fruity Delights Orange Juice Banana	Thursday, Sept 23 Great Beginnings Chicken Biscuit Or Mini WG Waffles V Fruity Delights Mixed Fruit Juice Fresh Fruit	Friday, Sept 24 Great Beginnings Assorted Cereal (1oz) with Biscuit V Or Bagel with Cream Cheese V Fruity Delights Orange Tangerine Juice Fruit Cocktail
Monday, Sept. 27 Great Beginnings Spicy Chicken Biscuit or Reduced Sugar Fruit Loops with Graham Crackers V Fruity Delights Orange Tangerine Juice Fresh Gala Apple	Tuesday, Sept. 28 Great Beginnings Turkey Sausage Biscuit Or Blueberry Pop Tarts (2)V Fruity Delights Mixed Fruit Juice Sliced Peaches	Wednesday, Sept 29 Great Beginnings Pancake N Link or Cinnamon Oatmeal Round V Fruity Delights Apple Juice Banana	Thursday, Sept 30 Great Beginnings Chicken Biscuit or Whole Grain Chocolate Muffin & Cheese Stick V Fruity Delights Orange Tangerine Juice Fresh Apple	Friday, October 1 Great Beginnings Assorted Cereal (1oz) with Biscuit V or Strawberry Banana Yogurt & Granola V Fruity Delights Mixed Fruit Juice Fruit Cocktail