



BREAKFAST @SCHOOL

For first-class learning!

DeKalb County School District

Featuring
Healthy Fruits
& Grains!

**High School Breakfast
SEPTEMBER 2021**

This institution is an equal opportunity provider. Menu is subject to change.

**HAPPY
LABOR
DAY!**

*We hope
the last
sweet
days
of your
Summer
are super
PEACHY!*



Wednesday, September 1

Great Beginnings

Pancake N Link
or
Cinnamon Oatmeal Round V

Fruity Delights

Apple Juice
Banana

Thursday, September 2

Great Beginnings

Chicken Biscuit
or
Whole Grain Chocolate
Muffin
Cheese Stick

Fruity Delights

Orange Tangerine Juice
Fresh Apple

Friday, September 3

Great Beginnings

Assorted Cereal (1oz) with
Biscuit V
or
Strawberry Yogurt &
Granola Frosted Mini Wheats
with Graham Crackers V

Fruity Delights

Mixed Fruit Juice
Fruit Cocktail

**The original value meal
& still a fantastic deal!**

Breakfast

Lunch

FREE for all Students
SY 21-22

**Get in touch with us today to learn more about
free and reduced-price meals in our district:
schoolnutrition@dekalbschoolsga.org**



**NO SCHOOL
MONDAY,
SEPTEMBER 6**

Tuesday, Sept 7

Great Beginnings

Turkey Sausage Biscuit
Or
Raspberry Yogurt with
Granola Frosted Mini Wheats
with Graham Crackers V

Fruity Delights

Apple Juice
Diced Peaches

Wednesday, Sept 8

Great Beginnings

Assorted Cereal with
Graham Crackers V
Or
Cinnamon Roll V

Fruity Delights

Orange Juice
Banana

Thursday, Sept 9

Great Beginnings

Chicken Biscuit
Or
Mini WG Waffles Frosted
Mini Wheats with Graham
Crackers V

Fruity Delights

Mixed Fruit Juice
Fresh Apple

Friday, Sept 10

Great Beginnings

Assorted Cereal (1oz) with
Biscuit V
Or
Bagel with Cream Cheese V

Fruity Delights

Orange Tangerine Juice
Fruit Cocktail

BREAKFAST@SCHOOL
helps keep kids healthy
and gives them the energy
they need to learn.





**To help keep yourself,
your friends, and
your family healthy**

**Please follow our
Social Distancing
Guidelines!**

Word of the Month

in·teg·ri·ty

noun 1. soundness of
and adherence to moral
principle and character
2. uprightness; honesty.

Monday, Sept 13

Great Beginnings

Spicy Chicken Biscuit
or
Reduced Sugar Fruit Loops
with Graham Crackers V

Fruity Delights

Orange Tangerine Juice
Fresh Gala Apple

Tuesday, Sept 14

Great Beginnings

Turkey Sausage Biscuit
Or
Blueberry Pop Tarts (2) V

Fruity Delights

Mixed Fruit Juice
Diced Peaches

Wednesday, Sept 15

Great Beginnings

Pancake N Link
or
Cinnamon Oatmeal Round V

Fruity Delights

Apple Juice
Banana

Thursday, Sept 16

Great Beginnings

Chicken Biscuit
or
Whole Grain Chocolate
Muffin & Cheese Stick V

Fruity Delights

Orange Tangerine Juice
Fresh Apple

Friday, Sept 17

Great Beginnings

Assorted Cereal (1oz) with
Biscuit
or
Strawberry Banana Yogurt &
Granola

Fruity Delights

Mixed Fruit Juice
Fruit Cocktail

Monday, Sept 20

Great Beginnings

Cinnamon Toast Crunch Bowl
Or
Mini WG French Toast V

Fruity Delights

Orange Juice
Fresh Gala Apple

Tuesday, Sept 21

Great Beginnings

Turkey Sausage Biscuit
Or
Raspberry Yogurt with
Granola V

Fruity Delights

Apple Juice
Sliced Peaches

Wednesday, Sept 22

Great Beginnings

Assorted Cereal with
Graham Crackers V
Or
Cinnamon Roll V

Fruity Delights

Orange Juice
Banana

Thursday, Sept 23

Great Beginnings

Chicken Biscuit
Or
Mini WG Waffles V

Fruity Delights

Mixed Fruit Juice
Fresh Fruit

Friday, Sept 24

Great Beginnings

Assorted Cereal (1oz) with
Biscuit
Or
Bagel with Cream Cheese V

Fruity Delights

Orange Tangerine Juice
Fruit Cocktail

Monday, Sept. 27

Great Beginnings

Spicy Chicken Biscuit
or
Reduced Sugar Fruit Loops
with Graham Crackers V

Fruity Delights

Orange Tangerine Juice
Fresh Gala Apple

Tuesday, Sept. 28

Great Beginnings

Turkey Sausage Biscuit
Or
Blueberry Pop Tarts (2) V

Fruity Delights

Mixed Fruit Juice
Sliced Peaches

Wednesday, Sept 29

Great Beginnings

Pancake N Link
or
Cinnamon Oatmeal Round V

Fruity Delights

Apple Juice
Banana

Thursday, Sept 30

Great Beginnings

Chicken Biscuit
or
Whole Grain Chocolate
Muffin & Cheese Stick V

Fruity Delights

Orange Tangerine Juice
Fresh Apple

Friday, October 1

Great Beginnings

Assorted Cereal (1oz) with
Biscuit
or
Strawberry Banana Yogurt &
Granola V

Fruity Delights

Mixed Fruit Juice
Fruit Cocktail

Milk is available with all meals.

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