Milk is available with all meals.

Great Beginnings

**Assorted Cereal (1oz) with Biscuit**
- or
- **Strawberry Yogurt & Granola Frosted Mini Wheats with Graham Crackers**

**Fruity Delights**
- Mixed Fruit Juice
- Fruit Cocktail

**Chicken Biscuit**
- or
- **Whole Grain Chocolate Muffin**

**Cheese Stick**

**Fruity Delights**
- Orange Tangerine Juice
- Fresh Apple

**Pancake N Link**
- or
- **Cinnamon Oatmeal Round**

**Fruity Delights**
- Apple Juice
- Banana

**Assorted Cereal with Graham Crackers**
- or
- **Cinnamon Roll**

**Fruity Delights**
- Orange Juice
- Banana

**Chicken Biscuit**
- or
- **Mini WG Waffles Frosted Mini Wheats with Graham Crackers**

**Fruity Delights**
- Mixed Fruit Juice
- Fruit Cocktail

**Turkey Sausage Biscuit**
- or
- **Raspberry Yogurt with Granola Frosted Mini Wheats with Graham Crackers**

**Fruity Delights**
- Apple Juice
- Diced Peaches

Get in touch with us today to learn more about free and reduced-price meals in our district:

**schoolnutrition@dekalbschoolsga.org**

This institution is an equal opportunity provider. Menu is subject to change.
## Breakfast Menu

<table>
<thead>
<tr>
<th>Date</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Great Beginnings</strong></td>
<td>Spicy Chicken Biscuit Or Reduced Sugar Fruit Loops with Graham Crackers V</td>
<td>Turkey Sausage Biscuit Or Blueberry Pop Tarts (2) V</td>
<td>Pancake N Link Or Cinnamon Oatmeal Round V</td>
<td>Chicken Biscuit Or Whole Grain Chocolate Muffin &amp; Cheese Stick V</td>
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<td><strong>Great Beginnings</strong></td>
<td>Cinnamon Toast Crunch Bowl Or Mini WG French Toast V</td>
<td>Turkey Sausage Biscuit Or Raspberry Yogurt with Granola V</td>
<td>Assorted Cereal with Graham Crackers V Or Cinnamon Roll V</td>
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**Milk is available with all meals.**

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**To help keep yourself, your friends, and your family healthy**

Please follow our Social Distancing Guidelines!

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**Word of the Month**

**Integrity**

noun 1. soundness of and adherence to moral principle and character 2. uprightness; honesty.

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