

**Elementary Breakfast  
October 2021**

**Friday, October 1**

**Great Beginnings**

Assorted Cereal (1oz) with  
Biscuit V  
or  
Strawberry Banana Yogurt &  
Granola V

**Fruity Delights**

Mixed Fruit Juice  
Fruit Cocktail

**First things First**

**To make a breakfast,  
choose at least one**



or



**Monday, October 4**

**Great Beginnings**

Cinnamon Toast Crunch Bowl  
(2oz)  
Or  
Mini WG French Toast V

**Fruity Delights**

Orange Juice  
Fresh Gala Apple

**Tuesday, October 5**

**Great Beginnings**

Turkey Sausage Biscuit  
Or  
Raspberry Yogurt with  
Granola V

**Fruity Delights**

Apple Juice  
Sliced Peaches

**Wednesday October 6**

**Great Beginnings**

Assorted Cereal (1oz) with  
Graham Crackers V  
Or  
Cinnamon Roll V

**Fruity Delights**

Orange Juice  
Banana

**Thursday, October 7**

**Great Beginnings**

Chicken Biscuit  
Or  
Mini WG Waffles V

**Fruity Delights**

Mixed Fruit Juice  
Fresh Fruit

(Inclement Weather Day 1)

**Friday, October 8**

**Great Beginnings**

Assorted Cereal (1oz) with  
Biscuit V  
Or

Bagel with Cream Cheese V

**Fruity Delights**

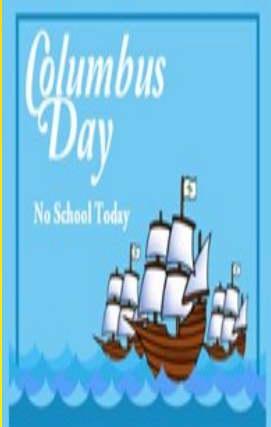
Orange Tangerine Juice  
Fruit Cocktail

(Inclement Weather Day 2)



**Milk Served with All Meals**

**Monday, October 11**



**Tuesday, October 12**

**Great Beginnings**

Turkey Sausage Biscuit  
Or  
Toasted Croissant with Jelly V

**Fruity Delights**

Mixed Fruit Juice  
Sliced Peaches

**Wednesday, October 13**

**Great Beginnings**

Pancake N Link  
or  
Cinnamon Oatmeal Round V

**Fruity Delights**

Apple Juice  
Banana

**Thursday, October 14**

**Great Beginnings**

Chicken Biscuit  
or  
Whole Grain Blueberry Muffin  
& Cheese Cubes V

**Fruity Delights**

Orange Tangerine Juice  
Fresh Apple

**Friday, October 15**

**Great Beginnings**

Assorted Cereal (1oz) with  
Biscuit V  
or  
Strawberry Banana Yogurt &  
Granola V

**Fruity Delights**

Mixed Fruit Juice  
Fruit Cocktail



**Monday, October 18**

**Great Beginnings**  
Cinnamon Toast Crunch Bowl  
(2oz)  
Or  
Mini WG French Toast V

**Fruity Delights**  
Orange Juice  
Fresh Gala Apple

**Tuesday, October 19**

**Great Beginnings**  
Turkey Sausage Biscuit  
Or  
Raspberry Yogurt with  
Granola V

**Fruity Delights**  
Apple Juice  
Sliced Peaches

**Wednesday, October 20**

**Great Beginnings**  
Assorted Cereal with Graham  
Crackers V  
Or  
Cinnamon Roll V

**Fruity Delights**  
Orange Juice  
Banana

**Thursday, October 21**

**Great Beginnings**  
Chicken Biscuit  
Or  
Mini WG Waffles V

**Fruity Delights**  
Mixed Fruit Juice  
Fresh Fruit

**Friday, October 22**

**Great Beginnings**  
Assorted Cereal (1oz) with  
Biscuit V  
Or  
Bagel with Cream Cheese V

**Fruity Delights**  
Orange Tangerine Juice  
Fruit Cocktail




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**Monday, October 25**

**Great Beginnings**  
Chicken Biscuit  
or  
Reduced Sugar Fruit Loops  
with Graham Crackers V


**Fruity Delights**  
Orange Tangerine Juice  
Fresh Gala Apple



**Tuesday, October 26**

**Great Beginnings**  
Turkey Sausage Biscuit  
Or  
Toasted Croissant with Jelly V


**Fruity Delights**  
Mixed Fruit Juice  
Sliced Peaches



**Wednesday, October 27**

**Great Beginnings**  
Pancake N Link  
or  
Cinnamon Oatmeal Round V


**Fruity Delights**  
Apple Juice  
Banana



**Thursday, October 28**

**Great Beginnings**  
Chicken Biscuit  
or  
Whole Grain Blueberry Muffin  
& Cheese Cubes V

**Fruity Delights**  
Orange Tangerine Juice  
Fresh Apple



**Friday, October 29**

**Great Beginnings**  
Assorted Cereal (1oz) with  
Biscuit V  
or  
Strawberry Banana Yogurt &  
Granola V

**Fruity Delights**  
Mixed Fruit Juice  
Fruit Cocktail

