<table>
<thead>
<tr>
<th>Monday, May 3</th>
<th>Tuesday, May 4</th>
<th>Wednesday, May 5</th>
<th>Thursday, May 6</th>
<th>Friday, May 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lunch Grab N Go (Hot)</td>
<td>Lunch Grab N Go (Hot)</td>
<td>Lunch Grab N Go (Curbside)</td>
<td>Lunch Grab N Go (Hot)</td>
<td>Lunch Grab N Go (Hot)</td>
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<tr>
<td>Cheese Dippers with Salsa</td>
<td>Grilled Chicken Sandwich</td>
<td>Roasted Chicken Wings w/Roll</td>
<td>Braised Beef w/ Bun</td>
<td>Big Mike's Pepperoni Pizza</td>
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<tr>
<td>Cucumber Salad</td>
<td>Roasted Sweet Potatoes</td>
<td>Pecan Corn</td>
<td>Garden Salad</td>
<td>Snowman Broccoli</td>
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<tr>
<td>Fresh Apple</td>
<td>Spinach Salad</td>
<td>Collard Greens</td>
<td>Baked Beans</td>
<td>Whole Kernel Corn</td>
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<tr>
<td>Lunch Extras</td>
<td>Fresh Pear</td>
<td>Fresh Romaine</td>
<td>Cinnamon Apple Cinnamon</td>
<td>Band Peachs</td>
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<tr>
<td>Assorted Juice</td>
<td>Lunch Grab N Go (Cold)</td>
<td>Assorted Juice</td>
<td>Lunch Grab N Go (Cold)</td>
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<td>Lunch Extras</td>
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<td>Lunch Grab N Go (Cold)</td>
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<tr>
<td>Assorted Juice</td>
<td>Lunch Grab N Go (Cold)</td>
<td>Fruit &amp; Yogurt Grab N Go</td>
<td>Lunch Grab N Go (Cold)</td>
<td>Mixed Cheese Chef Salad</td>
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<td>Lunch Extras</td>
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<td>Snack</td>
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<tr>
<td>Snack Mix</td>
<td>Sun Chips</td>
<td>Strawberry Nutra-Grain Bar</td>
<td>Cheddar Goldfish &amp; Apple Splash</td>
<td>Snack</td>
</tr>
<tr>
<td>Apple Splash</td>
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<td>Apple Splash</td>
<td>Apple Splash</td>
<td>Snack Mix &amp; Fruit Dive</td>
</tr>
</tbody>
</table>

**Snacks:**
- Snack Mix & Fruit Dive
- Fun Fitness Craz
- Sun Chips
- Cinnamon Goldfish & Apple Splash

**Lunch Extras:**
- Assorted Juice
- Assorted Juice
- Assorted Juice
- Assorted Juice

**Curbside Snacks:**
- Sunflower Seeds & Fruit Dive

**Curbside Lunch:**
- Roasted Chicken Wings / Texas Toast
- Glazed Sweet Potatoes
- Celery Sticks/Ranch
- Pretzels
- Pineapple Tidbits
- Mixed Berry Juice
- Choice of Milk
- Lunch Grab N Go (Cold)

**Lunch Grab N Go (Hot):**
- Turkey BLT On Croissant
- Kale Salad
- Apricots

**Lunch Grab N Go (Cold):**
- Mixed Cheese Chef Salad
- Fruit & Yogurt Grab N Go

**Lunch Extra:**
- Assorted Juice

**Snack:**
- Strawberry Nutra-Grain Bar
- Apple Splash

**Snack Mix:**
- Cheddar Goldfish & Apple Splash

**Curbside Snack:**
- Sunflower Seeds & Fruit Dive

**Snack Mix:**
- Cheddar Goldfish & Apple Splash

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*This institution is an equal opportunity provider. Menus are subject to change.*

*The original value meal is more valuable than ever!*

*All of our complete meals are NO CHARGE for all students Through September 30, 2021. Available in schools if open or at any remote serving location.*
### Monday, May 17
- Lunch Grab N Go (Hot): Cheese Dippers with Salsa, Cucumber Salad, Fresh Apple
- Lunch Grab N Go (Cold): Southwestern Wrap, Assorted Juice
- Snack: Snack Mix, Apple Splash

### Tuesday, May 18
- Lunch Grab N Go (Hot): Grilled Chicken Sandwich, Roasted Sweet Potatoes, Spinach Salad, Fresh Pear
- Lunch Grab N Go (Cold): Vegetarian Salad, Assorted Juice
- Snack: Sun Chips, Apple Splash

### Wednesday, May 19
- Lunch Grab N Go (Curbside): Roasted Chicken Wings w/Roll, Collard Greens, Fresh Banana, Assorted Juice
- Lunch Grab N Go (Cold): Fruit & Yogurt Grab N Go, Assorted Juice
- Snack: Strawberry Nutra-grain Bar, Apple Splash

### Thursday, May 20
- Lunch Grab N Go (Hot): Breaded Beef with Bun, Garden Salad, Baked Beans, Cinnamon Applesauce
- Lunch Grab N Go (Cold): Mixed Cheese Chef Salad, Assorted Juice
- Snack: Cheddar Goldfish & Apple Splash

### Friday, May 21
- Lunch Grab N Go (Hot): Big Mike’s Pepperoni Pizza, Smoked Broccoli, Whole Kernel Corn, Diced Peaches
- Lunch Grab N Go (Cold): Sun butter & Jelly Plate, Lunch Extras, Assorted Juice

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**Q:** In ancient Egypt, which vegetable did people place their hand on when they swore an oath?

**A:** This is one from the time of the pyramids! Ancient Egyptians swore on an onion, because they believed the onion’s round shape represented eternity and truth.

Learn more at [www.CHOOOSEMYPLATE.gov](http://www.CHOOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)

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“Two roads diverged in a wood, and I—
I took the one less traveled by,
And that has made all the difference.”

— Robert Frost

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Get outside. Keep your eyes open. And enjoy!

We look forward to serving you again next year!