ementar This institution is an equal opportunity provider. Menus are subject to change.

Your name is so big on this page because your influence is so big in our lives and your place is so big in our hearts. Mother's Day * Sunday, May 9

Monday, May 3

Breakfast Grab N Go Reduced Sugar Fruit Loops & Graham Crackers Orange Juice & Fresh Gala Apple

Lunch Grab N Go (Hot) Cheese Dippers with Salsa Cucumber Salad Fresh Apple

Lunch Grab N Go (Cold) Southwestern Wrap

Lunch Extras Assorted Juice

Snack Apple Splash

Tuesday, May 4

Breakfast Grab N Go Turkey Sausage Biscuit

Apple Juice & Diced Peaches

Lunch Grab N Go (Hot) Grilled Chicken Sandwich **Roasted Sweet Potatoes** Spinach Salad Fresh Pear

Lunch Grab N Go (Cold) Vegetarian Salad

Snack Fun Fitness Crax

Wednesday, May 5

Breakfast Grab N Go

Frosted Flakes & Graham Gold Fish Orange Juice & Banana

Lunch Grab N Go (Curbside)

Roasted Chicken Wings w/Roll Mexicali Corn Collard Greens Fresh Banana Assorted Juice

Lunch Grab N Go (Cold) Fruit & Yogurt Grab N Go

> Sun Chips Apple Splash

Thursday, May 6

Breakfast Grab N Go

Chicken Biscuit Mixed Fruit Juice & Fresh Apple

Lunch Grab N Go (Hot)

Breaded Beef with Bun Garden Salad Baked Beans Cinnamon Applesauce

Lunch Grab N Go (Cold) Mixed Cheese Chef Salad

Snack Strawberry Nutra-Grain Bar Apple splash

Friday, May 7

Breakfast Grab N Go Pancake N Link

Orange Tangerine Juice & Fruit Cocktail

Lunch Grab N Go (Hot)

Big Mike's Pepperoni Pizza Steamed Broccoli Whole Kernel Corn Diced Peaches

Lunch Grab N Go (Cold)

Sun butter & Jelly Plate Lunch Extras Fruit Punch Juice

Snack Cheddar Goldfish & Apple Splash

Monday, May 10

Breakfast Grab N Go

Reduced Sugar Fruit Loops /Graham Crackers Orange Tangerine Juice & Fresh Gala Apple

Lunch Grab N Go (Hot)

French Bread Pizza Green Beans Whole Kernel Corn Mandarin Oranges

Lunch Grab N Go (Cold) Fruit & Yogurt Grab N Go

Lunch Extras Assorted luice

Snack Snack Mix & Fruit Dive

Tuesday, May II

Breakfast Grab N Go

Turkey Sausage Biscuit Mixed Fruit Juice & Diced Apricots

Lunch Grab N Go (Hot)

Chicken Tenders with Roll Peppered Sliced Carrots Applesauce

Lunch Grab N Go (Cold)

Sun butter & Jelly Plate

Snack

Cinnamon Goldfish & Apple Splash

Wednesday, May 12

Curbside Breakfast Grab N Go

Frosted Mini Wheats /Biscuit Apple luice & Banana

Curbside Lunch

Roasted Chicken Wings / Texas Toast **Glazed Sweet Potatoes** Celery Sticks/Ranch Pretzels Pineapple Tidbits Mixed Berry Juice Choice of Milk

Lunch Grab N Go (Cold) Fruit & Yogurt Grab N Go

Curbside Snack Sunflower Seeds & Fruit Dive

Thursday, May 13

Breakfast Grab N Go

Orange Tangerine Juice & Fresh Apple

Lunch Grab N Go (Hot)

Turkey BLT On Croissant Kale Salad Apricots

Lunch Grab N Go (Cold)

Vegetarian Chef Salad

Snack

Strawberry Nutra-grain & Apple Splash

Friday, May 14

Breakfast Grab N Go Cinnamon Toast Pastry

Mixed Fruit Juice & Fruit Cocktail

Lunch Grab N Go

BBQ Chicken /Roll Garden Salad & Baked Beans **Diced Peaches**

Lunch Grab N Go (Cold) Mixed Cheese Chef Salad

Lunch Extras Assorted Juice

Snack

Cheez-its and Fruit Dive

The original value meal is more valuable than ever!

All of our complete meals are

Through September 30, 2021.

Available in schools if open or at any remote serving location.

THE HAWAIIAN ISLANDS ARE ACTUALLY THE EXPOSED TOPS OF THE WORLD'S HIGHEST MOUNTAINS. THE TALLEST, MAUNA KEA, MEASURES NEARLY 14,000 FEET ABOVE SEA LEVEL, BUT FROM ITS BASE TO ITS PEAK IT TOWERS 33,000 FEET -- 4,000 FEET HIGHER THAN MT. EVEREST!

ALF FRUITS AND VEGET ABLES

DAIRY

SEA LEVEL

KAUAI

OAHU

MOLOKAI

MAU

HAWAII

Monday, May 17

Breakfast Grab N Go

Reduced Sugar Fruit Loops & Graham Crackers Orange Juice & Fresh Gala Apple

Lunch Grab N Go (Hot) Cheese Dippers with Salsa

Cucumber Salad Fresh Apple

Lunch Grab N Go (Cold) Southwestern Wrap

Lunch Extras Assorted Juice

Snack Snack Mix Apple Splash

Tuesday, May 18

Breakfast Grab N Go

Turkey Sausage Biscuit Apple Juice & Diced Peaches

Lunch Grab N Go (Hot)

Grilled Chicken Sandwich Roasted Sweet Potatoes Spinach Salad Fresh Pear

Lunch Grab N Go (Cold)

Vegetarian Salad

Snack

Fun Fitness Crax Fruit Dive

Wednesday, May 19

Breakfast Grab N Go

Frosted Flakes & Graham Gold Fish Orange Juice & Banana

Lunch Grab N Go (Curbside)

Roasted Chicken Wings w/Roll Mexicali Corn Collard Greens Fresh Banana Assorted Juice

Lunch Grab N Go (Cold) Fruit & Yogurt Grab N Go

Apple Splash

Thursday, May 20

Breakfast Grab N Go

Chicken Biscuit Mixed Fruit Juice & Fresh Apple

Lunch Grab N Go (Hot) Breaded Beef with Bun

Garden Salad Baked Beans Cinnamon Applesauce

Lunch Grab N Go (Cold) Mixed Cheese Chef Salad

Strawberry Nutra-Grain Bar Apple splash

Friday, May 21

MAUNA KEA

Breakfast Grab N Go

Orange Tangerine Juice & Fruit Cocktail

Lunch Grab N Go (Hot)

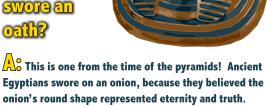
Big Mike's Pepperoni Pizza Steamed Broccoli Whole Kernel Corn Diced Peaches

Lunch Grab N Go (Cold) Sun butter & Jelly Plate

Lunch Extras Fruit Punch Juice

Snack Cheddar Goldfish & Apple Splash

when they



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay healthy/food/pyramid.html

Monday, May 24

Breakfast Grab N Go

Reduced Sugar Fruit Loops /Graham Crackers Orange Tangerine Juice & Fresh Gala Apple

Lunch Grab N Go (Hot)

French Bread Pizza Green Beans Whole Kernel Corn Mandarin Oranges

Lunch Grab N Go (Cold) Fruit & Yogurt Grab N Go

Lunch Extras Assorted Juice

Snack Snack Mix & Fruit Dive

Tuesday, May 25

Breakfast Grab N Go

Turkey Sausage Biscuit Mixed Fruit Juice & Diced Apricots

Lunch Grab N Go (Hot)

Chicken Tenders with Roll Broccoli Peppered Sliced Carrots **Applesauce**

Lunch Grab N Go (Cold) Sun butter & Ielly Plate

Snack Cinnamon Goldfish & Apple Splash

Wednesday, May 26

Curbside Breakfast Grab N Go

Frosted Mini Wheats /Biscuit Apple Juice & Banana

Curbside Lunch

Roasted Chicken Wings / Texas Toast Glazed Sweet Potatoes Celery Sticks/Ranch Pretzels Pineapple Tidbits Mixed Berry Juice Choice of Milk

Lunch Grab N Go (Cold) Fruit & Yogurt Grab N Go

Curbside Snack Sunflower Seeds & Fruit Dive

Thursday, May 27

Breakfast Grab N Go

Orange Tangerine Juice & Fresh Apple

Lunch Grab N Go (Hot)

Turkey BLT On Croissant Kale Salad Apricots

Lunch Grab N Go (Cold) Vegetarian Chef Salad

Strawberry Nutra-grain & Apple Splash

Snack

Friday, May 28

Breakfast Grab N Go Cinnamon Toast Pastry Mixed Fruit luice & Fruit Cocktail

Lunch Grab N Go

BBQ Chicken /Roll Garden Salad & Baked Beans **Diced Peaches**

Lunch Grab N Go (Cold) Mixed Cheese Chef Salad

Lunch Extras Assorted Juice

Snack Cheez-its and Fruit Dive

in a wood, and I -I took the one less traveled by, And that has made

Robert Frost

Get outside. Keep your eyes open. And enjoy!

> We look forward to serving you again next year!

