### March Lunch Menu

#### Monday, March 2
- Smoked Texas Rodeo Turkey BBQ Sandwich
- Baked Beans
- Chilled Mandarin Oranges
- Non-Flavored Milk

#### Tuesday, March 3
- Lemon Grass Chicken with Brown Rice
- Spinach Salad
- Fresh Pear
- Dick & Jane Cookies
- Non-Flavored Milk

#### Wednesday, March 4
- Mesquite Chicken w/Roll
- Mexican Corn
- Chilled Peaches
- Non-Flavored Milk

#### Thursday, March 5
- Turkey Croissant with Turkey Bacon, Lettuce & Tomato
- Green Beans
- Fresh Orange Wedges
- Non-Flavored Milk

#### Friday, March 6
- Wild Mike’s Cheese Pizza
- Roasted Carrots
- Chilled Pears
- Non-Flavored Milk

###Available Daily
- Milk with every Meal
- Vegetarian Option
- Chef Salad
- Fresh Fruit
- A la Carte

### Don’t Forget! Set your Clocks Ahead on March 8th!

### Dialing Forward
- Daylight Saving Time

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**DeKalb County School District School Nutrition**

This institution is an equal opportunity provider.

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**Milk with every Meal**

**Vegetarian Option**

**Chef Salad**

**Fresh Fruit**

**A la Carte**

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**EAT RIGHT**

National Nutrition Month®
March 2020

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**Academy of Nutrition and Dietetics**
<table>
<thead>
<tr>
<th>Monday, March 16</th>
<th>Tuesday, March 17</th>
<th>Wed., March 18</th>
<th>Thurs., March 19</th>
<th>Friday, March 20</th>
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</thead>
<tbody>
<tr>
<td>Cheese Dippers with Salsa V</td>
<td><strong>Main Course</strong></td>
<td>Mesquite Chicken w/Roll</td>
<td>Breaded Beef Steak/Gravy/Roll</td>
<td>Wild Mike’s Cheese Pizza</td>
</tr>
<tr>
<td>Coleslaw</td>
<td>Lemongrass with Brown Rice</td>
<td>Collard Greens</td>
<td>Mashed Potatoes Deluxe</td>
<td>Roasted Carrots</td>
</tr>
<tr>
<td>Chilled Mandarin Oranges</td>
<td>Spinach Salad</td>
<td>Fresh Banana</td>
<td>Cinnamon Applesauce</td>
<td>Chilled Pears</td>
</tr>
<tr>
<td>Non-Flavored Milk</td>
<td>Delectables</td>
<td>Non-Flavored Milk</td>
<td>Non-Flavored Milk</td>
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<thead>
<tr>
<th>Monday, March 23</th>
<th>Tuesday, March 24</th>
<th>Wed., March 25</th>
<th>Thurs., March 26</th>
<th>Friday, March 27</th>
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</thead>
<tbody>
<tr>
<td>Breaded Chicken Sandwich</td>
<td>Maple Chicken with Texas Toast</td>
<td>Grilled Chicken Sandwich</td>
<td>Chicken Tenders/Roll</td>
<td>Cheese Galaxy Pizza</td>
</tr>
<tr>
<td>Golden Crinkle Fries</td>
<td>Roasted Sweet Potato</td>
<td>Fiesta Black Beans</td>
<td>Roasted Corn</td>
<td>Garden Green Salad</td>
</tr>
<tr>
<td>Mandarin Oranges</td>
<td>Cucumber Salad</td>
<td>Fresh Banana</td>
<td>Orange with Strawberry Garnish</td>
<td>Chilled Peaches</td>
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<td>Non-Flavored Milk</td>
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<table>
<thead>
<tr>
<th>Monday, March 30</th>
<th>Tuesday, March 31</th>
<th>Wednesday, April 1</th>
<th>Thursday, April 2</th>
<th>Friday, April 3</th>
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</thead>
<tbody>
<tr>
<td>Smoked Texas Rodeo Turkey BBQ Sandwich Coleslaw</td>
<td><strong>Urban School Food Alliance Day</strong></td>
<td>Lemon Grass Chicken with Rice</td>
<td>Turkey Croissant with Turkey Bacon, Lettuce &amp; Tomato</td>
<td>Wild Mike’s Cheese Pizza</td>
</tr>
<tr>
<td>Turkey Chellow</td>
<td>Roasted Chicken w/Roll</td>
<td>Spinach Salad</td>
<td>Green Beans</td>
<td>Lemon Kissed Kale</td>
</tr>
<tr>
<td>Roasted Carrots &amp; Broccoli</td>
<td>Chilled Peaches</td>
<td>Fresh Banana</td>
<td>Cinnamon Applesauce</td>
<td>Seasonal Fresh Fruit</td>
</tr>
<tr>
<td>Non-Flavored Milk</td>
<td>Delectables</td>
<td>Non-Flavored Milk</td>
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</table>

*Delectables*
- Dick & Jane Cookies

*Break begins at the end of classes: April 3
Classes resume: Mon., April 13

**Harvest of the Month**

*This institution is an equal opportunity provid-*

*Choice of non-flavored Milk with Every Meal*