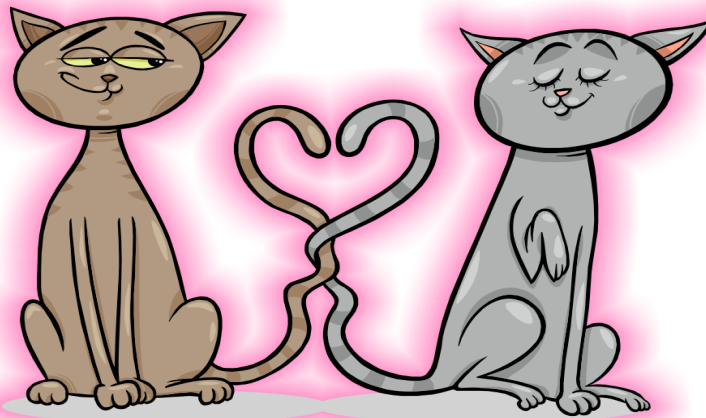


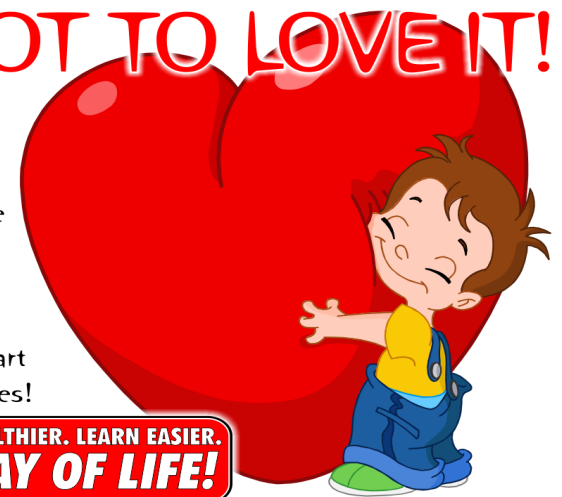
# Pre-K Express 2020

DeKalb County School  
District



## YOU'VE GOT TO LOVE IT!

You've got to love your heart, that is! And taking care of your heart is a job that lasts your whole lifetime. Eat more fruits, veggies, and whole grains and less salt and saturated fat. And exercise regularly like your healthy heart depends on it – because it does!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**

This institution is an equal opportunity provider. Menus are subject to change.

Monday, February 3	Tuesday, February 4	Wed., February 5	Thurs., February 6	Friday, February 7
Turkey Sausage Biscuit	Raspberry Yogurt With Granola	Frosted Mini Wheats with Texas Toast	Toasted Croissant	Pancake N' Link
Orange Tangerine Juice	Fruit Punch Juice	Strawberry Kiwi Juice	Apple Juice	Mandarin Oranges
Unflavored Milk	Unflavored Milk	Unflavored Milk	Unflavored Milk	Unflavored Milk



In a standard deck of playing cards, the King of Hearts is the **ONLY** King with out a moustache. Happy Valentine's Day!

Monday, February 10	Tuesday, February 11	Wed., February 12	Thurs., February 13	Friday, February 14
Country Chicken Biscuit	French Toast Sticks	Assorted Cereal with Texas Toast V	Toasted Croissant	Raspberry Yogurt with Homemade Blueberry Muffin Bread
Orange Tangerine	Fruit Punch	Strawberry Kiwi Juice	Apple Juice	Mandarin Oranges
Unflavored Milk	Unflavored Milk	Unflavored Milk	Unflavored Milk	Unflavored Milk

# WHAT OTHER PRESIDENTS HAVE A B-DAY THIS MONTH?

Other than  
George Washington  
and Abraham Lincoln  
two other Presidents  
have a birthday this  
month – William Henry  
Harrison on February 9,  
1773 and Ronald Reagan  
on February 6, 1911.  
Happy Presidents Day!



Monday, February 17



**NO SCHOOL  
TODAY**

Tuesday, February 18

Raspberry Yogurt With  
Granola

Fruit Punch Juice  
Unflavored Milk

Wed., February 19

Frosted Mini Wheats  
with Texas Toast

Strawberry Kiwi Juice  
Unflavored Milk

Thurs., February 20

Toasted Croissant

Apple Juice  
Unflavored Milk

Friday, February 21

Pancake N' Link

Mandarin Oranges  
Unflavored Milk

**BREAKFAST  
@SCHOOL**  
For first-class learning!

Featuring Healthy  
Fruits & Grains!

Monday, February 24

Country Chicken Biscuit

Fruit Cocktail  
Unflavored Milk

Tuesday, February 25

French Toast Sticks

Fruit Punch  
Unflavored Milk

Wed., February 26

Assorted Cereal with  
Texas Toast V

Strawberry Kiwi Juice  
Unflavored Milk

Thurs., February 27

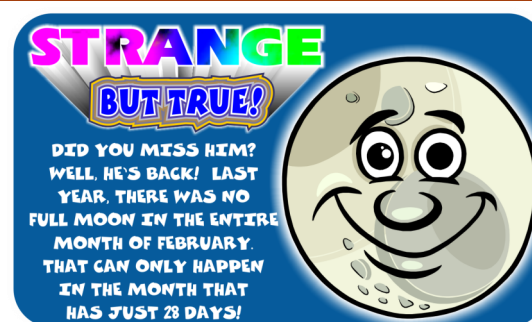
Toasted Croissant with  
Jelly

Chilled Peaches  
Unflavored Milk

Friday, February 28

Raspberry Yogurt with  
Homemade Blueberry  
Muffin Bread

Assorted Juice  
Unflavored Milk



Unflavored Milk Served with Every Meal.