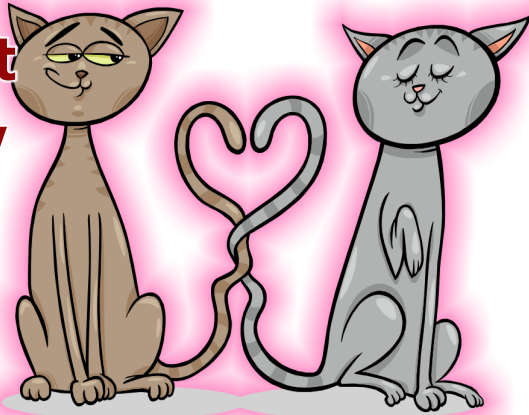


# Pre-K Breakfast February 2020

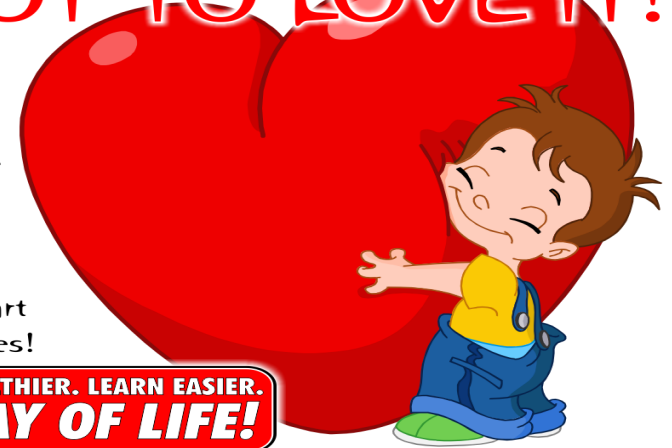
**DeKalb County  
School District**



This institution is an equal opportunity provider. Menus are subject to change.

## YOU'VE GOT TO LOVE IT!

You've got to love your heart, that is! And taking care of your heart is a job that lasts your whole lifetime. Eat more fruits, veggies, and whole grains and less salt and saturated fat. And exercise regularly like your healthy heart depends on it – because it does!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
WELLNESS IS A WAY OF LIFE!**



### Monday, February 3

Frosted Mini Wheats with Blueberry  
Muffin Bread  
Apple Juice  
Unflavored Milk

### Tuesday, February 4

Chicken & Waffle  
Sliced Peaches  
Unflavored Milk

### Wednesday, February 5

Paradise Parfait  
White Grape Juice  
Unflavored Milk

### Thursday, February 6

Cheesy Scrambled Eggs with Toast  
Orange Tangerine Juice  
Unflavored Milk

### Friday, February 7

Pancake N' Link  
Assorted Juice  
Unflavored Milk



### Monday, February 10

Frosted Mini Wheats  
Apple Juice  
Unflavored Milk

### Tuesday, February 11

Breakfast Pizza  
Sliced Peaches  
Unflavored Milk

### Wednesday, February 12

Turkey Sausage Biscuit  
White Grape Juice  
Unflavored Milk

### Thursday, February 13

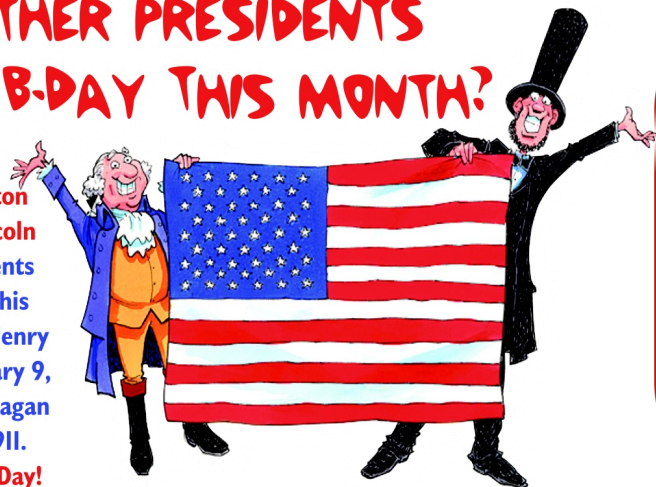
Maple French Toast Sticks  
Bananas  
Unflavored Milk

### Friday, February 14

Scrambled Eggs With Turkey Bacon &  
Toast  
Assorted Juice  
Unflavored Milk

# WHAT OTHER PRESIDENTS HAVE A B-DAY THIS MONTH?

Other than  
George Washington  
and Abraham Lincoln  
two other Presidents  
have a birthday this  
month – William Henry  
Harrison on February 9,  
1773 and Ronald Reagan  
on February 6, 1911.  
Happy Presidents Day!



Monday, February 17



**NO SCHOOL  
TODAY**

Tuesday, February 18

Chicken & Waffle  
Strawberry Kiwi Juice  
Sliced Peaches  
Unflavored Milk

Wednesday, February 19

Frosted Mini Wheats with Toast  
White Grape Juice  
Unflavored Milk

Thursday, February 20

Cheesy Scrambled Eggs with Toast  
Orange Tangerine Juice  
Unflavored Milk

Friday, February 21

Pancake N Link  
Applesauce  
Unflavored Milk

Monday, February 24

Frosted Mini Wheats with Toast  
Apple Juice  
Unflavored Milk

Tuesday, February 25

Breakfast Pizza  
Sliced Peaches  
Unflavored Milk

Wednesday, February 26

Turkey Sausage Biscuit  
White Grape Juice  
Unflavored Milk

Thursday, February 27

Maple French Toast Sticks  
Fresh Grapefruit  
Unflavored Milk

\*\*\*Harvest of the Month\*\*

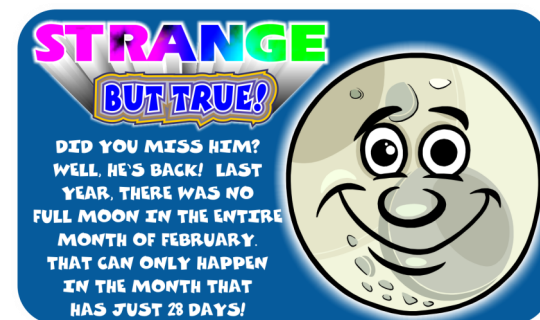
Friday, February 28

Scrambled Eggs With Turkey Bacon &  
Toast  
Assorted Juice  
Unflavored Milk



**BREAKFAST  
@SCHOOL**  
For first-class learning!

Featuring Healthy  
Fruits & Grains!



Choice of milk served with all meals