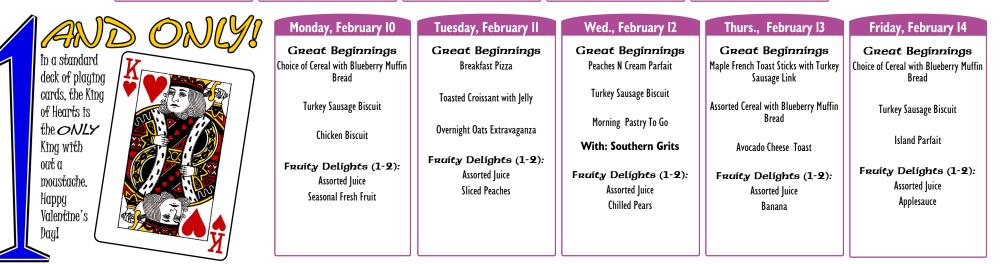


YOU'VE GOT TO LOVE IT!

You've got to love your heart, that is! And taking care of your heart is a job that lasts your whole lifetime. Eat more fruits, veggies, and whole grains and less salt and saturated fat. And exercise regularly like your healthy heart depends on it – because it does!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!

Monday, February 3 Wed., February 5 Thurs., February 6 Friday, February 7 **Tuesday, February 4 Great Beginnings Great Beginnings** Great Beginnings **Great Beginnings** Great Beginnings Choice of Cereal with Chicken & Waffle Paradise Parfait Cheesy Scrambled Eggs with Toast Choice of Cereal with Blueberry Muffin Bread Blueberry Muffin Bread **Choice of Cereal with Toast** Cinnamon Toast Crunch Turkey **Turkey Sausage Biscuit Turkey Sausage Biscuit** Pastry Sausage Biscuit Pancake N Link Island Parfait Breakfast Flatbread Spinach & Cheese Omelet Morning Pastry to Go with Toast Fruity Delights (1-2): Fruity Delights (1-2): Fruity Delights (1-2): Assorted Juice With: Southern Grits Fruity Delights (1-2): Assorted Juice Assorted Juice Bananas Assorted Juice Applesauce Seasonal Fresh Fruit Fruity Delights (1-2): Sliced Peaches Assorted Juice Chilled Pears



This institution is an equal opportunity provider. Menus are subject to change.

Other than George Washington and Abraham Lincoln two other Presidents have a birthday this month – William Henry Harrison on February 9, 1773 and Ronald Reagan on February 6, 1911. Happy Presidents Day!		INTH?	with your d	eal we serve comes boice of milk!	First things First First
Monday, February 17	Tuesday, February 18	Wed., February 19 Great Beginnings	Thurs., February 20	Friday, February 2I	
	Great Beginnings Chicken & Waffle	Paradise Parfait	Great Beginnings Cheesy Scrambled Eggs with Toast	Great Beginnings Choice of Cereal with Blueberry Muffin Bread	REP A MAN
$\star \star \star$	Cinnamon Toast Crunch	Turkey Sausage Biscuit	Choice of Cereal with Toast	Turkey Sausage Biscuit	DULLAUSE
PRESIDENTS	Pastry		Pancake N Link	Island Parfait	ROPAN
DAY	Spinach & Cheese Omelet with Toast	Morning Pastry to Go	Fruity Delights (1-2):		
	Fraity Delights (1-2):	With: Southern Grits Fraity Delights (1-2):	Assorted Juice Bananas	Fraity Delights (1-2): Assorted Juice	For first-class learning!
NO SCHOOL	Assorted Juice Sliced Peaches	Assorted Juice Chilled Pears		Applesauce	Eesturing Healthu
TODAY					Featuring Healthy Fruits & Grains!
Monday, February 24	Tuesday, February 25	Wed., February 26	Thurs., February 27	Friday, February 28	
Great Beginnings Choice of Cereal with Blueberry Muffin	Great Beginnings Breakfast Pizza	Great Beginnings Peaches N Cream Parfait	Great Beginnings Maple French Toast Sticks with Turkey	Great Beginnings Choice of Cereal with Blueberry Muffin	STRANGE
Bread	Toasted Croissant with Jelly	Turkey Sausage Biscuit	Sausage Link	Bread	BUT TRUER
Turkey Sausage Biscuit		Morning Pastry To Go	Assorted Cereal with Blueberry Muffin Bread	Turkey Sausage Biscuit	DID YOU MISS HIM?
Chicken Biscuit Fracity Delights (1-9):	Overnight Oats Extravaganza	With: Southern Grits	Avocado Cheese Toast	Island Parfait	WELL, HE'S BACK! LAST YEAR, THERE WAS NO
Assorted Juice Seasonal Fresh Fruit	Fraity Delights (1-2): Assorted Juice	Fruity Delights (1-2):	Fraity Delights (1-2):	Fratity Delights (1-2): Assorted Juice	FULL MOON IN THE ENTIRE MONTH OF FEBRUARY.
	Sliced Peaches	Assorted Juice Chilled Pears	Assorted Juice Fresh Grapefruit	Applesauce	THAT CAN ONLY HAPPEN IN THE MONTH THAT
			Harvest of the Month		HAS JUST 28 DAYS! This institution is an equal opportunity provider.