**MIDDLE BREAKFAST**

**AUGUST 2021**

**DeKalb County School District**

This institution is an equal opportunity provider. Menus are subject to change.

### Monday, August 2
- Reduced Sugar Fruit Loops with Graham Crackers
- Orange Tangerine Juice
- Fresh Gala Apple
- Choice of Milk

### Tuesday, August 3
- Turkey Sausage Biscuit
- Mixed Fruit Juice
- Sliced Peaches
- Choice of Milk

### Wednesday, August 4
- Cinnamon Oatmeal Round
- Apple Juice
- Banana
- Choice of Milk

### Thursday, August 5
- Chicken Biscuit
- Orange Tangerine Juice
- Fresh Apple
- Choice of Milk

### Friday, August 6
- Frosted Flakes & Graham Gold Fish
- Mixed Fruit Juice
- Fruit Cocktail
- Choice of Milk

### Monday, August 9
- Reduced Sugar Fruit Loops & Graham Crackers
- Orange Juice
- Fresh Gala Apple
- Choice of Milk

### Tuesday, August 10
- Turkey Sausage Biscuit
- Apple Juice
- Sliced Peaches
- Choice of Milk

### Wednesday, August 11
- Frosted Flakes & Graham Gold Fish
- Orange Juice
- Banana
- Choice of Milk

### Thursday, August 12
- Chicken Biscuit
- Mixed Fruit Juice
- Fresh Apple
- Choice of Milk

### Friday, August 13
- Reduced Sugar Frosted Flakes
- Graham Gold Fish
- Orange Tangerine Juice
- Fruit Cocktail
- Choice of Milk

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*WELCOME BACK for FOOD, FUN, & FITNESS!*

The original value meal & still a fantastic deal!

**FREE for all Students**

**SY 21-22**

Get in touch with us today to learn more about free and reduced-price meals in our district: schoolnutrition@dekalbschoolsga.org

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**BREAKFAST@SCHOOL**

A good morning meal gets you juiced for learning!

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Milk is available with all meals.
<table>
<thead>
<tr>
<th>Monday, August 16</th>
<th>Tuesday, August 17</th>
<th>Wednesday, August 18</th>
<th>Thursday, August 19</th>
<th>Friday, August 20</th>
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</thead>
<tbody>
<tr>
<td><strong>Great Beginnings</strong></td>
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<tr>
<td>Spicy Chicken Biscuit or Reduced Sugar Fruit Loops with Graham Crackers</td>
<td>Turkey Sausage Biscuit or Blueberry Pop Tarts (2)</td>
<td>Pancake N Link or Cinnamon Oatmeal Round V</td>
<td>Chicken Biscuit or Whole Grain Chocolate Chip Muffin</td>
<td>Assorted Cereal (1oz) with Biscuit or Yogurt &amp; Granola</td>
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<td><strong>Fruity Delights</strong></td>
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<tr>
<td>Orange Tangerine Juice Fresh Gala Apple</td>
<td>Mixed Fruit Juice Diced Peaches</td>
<td>Apple Juice Banana</td>
<td>Orange Tangerine Juice Fresh Apple</td>
<td>Mixed Fruit Juice Fruit Cocktail</td>
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<tr>
<th>Monday, August 23</th>
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<tr>
<td>Cinnamon Toast Crunch Bowl (2oz) or Whole Grain Mini French Toast</td>
<td>Turkey Sausage Biscuit or Raspberry Yogurt with Granola</td>
<td>Assorted Cereal with Graham Crackers or IW Cinnamon Roll V</td>
<td>Chicken Biscuit or Mini WG Maple Waffles</td>
<td>Assorted Cereal (1oz) with Biscuit or Yogurt &amp; Granola</td>
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<td>Apple Juice Banana</td>
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<td>Orange Tangerine Juice Fruit Cocktail</td>
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<tr>
<th>Monday, August 30</th>
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<td>Orange Tangerine Juice Fresh Gala Apple</td>
<td>Mixed Fruit Juice Diced Apricots</td>
<td>Apple Juice Banana</td>
<td>Orange Tangerine Juice Fresh Apple</td>
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