

# HIGH BREAKFAST AUGUST 2021

**DeKalb County  
School District**

This institution is an equal opportunity provider.  
Menus are subject to change.



**Welcome Back**  
for **FOOD, FUN, & FITNESS!**

**The original value meal  
& still a fantastic deal!**

**Breakfast      Lunch**

**FREE** for all Students  
SY 21-22

Get in touch with us today to learn more about  
free and reduced-price meals in our district:  
[schoolnutrition@dekalbschoolsga.org](mailto:schoolnutrition@dekalbschoolsga.org)

**Monday, August 2**  
Reduced Sugar Fruit Loops with  
Graham

Orange Tangerine Juice  
Fresh Gala Apple

Choice of Milk

**Tuesday, August 3**  
Turkey Sausage Biscuit

Mixed Fruit Juice  
Diced Apricots

Choice of Milk

**Wednesday, August 4**  
Cinnamon Oatmeal Round V

Apple Juice  
Banana

Choice of Milk

**Thursday, August 5**  
Chicken Biscuit

Orange Tangerine Juice  
Fresh Apple  
Choice of Milk

**Friday, August 6**  
Frosted Flakes & Graham  
Gold Fish

Mixed Fruit Juice  
Fruit Cocktail

Choice of Milk

**Monday, August 9**  
Reduced Sugar Fruit Loops &  
Graham Crackers

Orange Juice  
Fresh Gala Apple

Choice of Milk

**Tuesday, August 10**  
Turkey Sausage Biscuit

Apple Juice  
Diced Peaches  
Choice of Milk

**Wednesday, August 11**  
Frosted Flakes & Graham  
Gold Fish

Orange Juice  
Banana

Choice of Milk

**Thursday, August 12**  
Chicken Biscuit

Mixed Fruit Juice  
Fresh Apple

Choice of Milk

**Friday, August 13**  
Reduced Sugar Frosted  
Flakes  
Graham Gold Fish

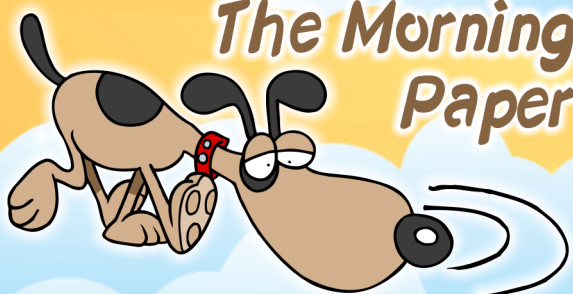
Orange Tangerine Juice  
Fruit Cocktail  
Choice of Milk

Milk is available with all meals.





# Welcome Back!



*How does a dog know what's going on in the world? Through his nose, of course! So when you walk a dog in the morning, and he's sniffing more than usual? A lot's happened overnight - he's just reading the morning newspaper!*

<b>Monday, August 16</b> <b>Great Beginnings</b> Spicy Chicken Biscuit or Reduced Sugar Fruit Loops with Graham Crackers  <b>Fruity Delights</b> Orange Tangerine Juice Fresh Gala Apple	<b>Tuesday, August 17</b> <b>Great Beginnings</b> Turkey Sausage Biscuit Or Blueberry Pop Tarts (2)  <b>Fruity Delights</b> Mixed Fruit Juice Diced Apricots	<b>Wednesday, August 18</b> <b>Great Beginnings</b> Pancake N Link or Cinnamon Oatmeal Round V  <b>Fruity Delights</b> Apple Juice Banana	<b>Thursday, August 19</b> <b>Great Beginnings</b> Chicken Biscuit or Whole Grain Chocolate Chip Muffin  <b>Fruity Delights</b> Orange Tangerine Juice Fresh Apple	<b>Friday, August 20</b> <b>Great Beginnings</b> Assorted Cereal (1oz) with Biscuit or Yogurt & Granola  <b>Fruity Delights</b> Mixed Fruit Juice Fruit Cocktail
<b>Monday, August 23</b> <b>Great Beginnings</b> Cinnamon Toast Crunch Bowl (2oz) Or Whole Grain Mini French Toast  <b>Fruity Delights</b> Orange Juice Fresh Gala Apple	<b>Tuesday, August 24</b> <b>Great Beginnings</b> Turkey Sausage Biscuit Or Raspberry Yogurt with Granola  <b>Fruity Delights</b> Apple Juice Diced Peaches	<b>Wednesday, August 25</b> <b>Great Beginnings</b> Assorted Cereal with Graham Crackers V Or IW Cinnamon Roll V  <b>Fruity Delights</b> Orange Juice Banana	<b>Thursday, August 26</b> <b>Great Beginnings</b> Chicken Biscuit Or Mini WG Maple Waffles  <b>Fruity Delights</b> Mixed Fruit Juice F2S Fresh Fruit	<b>Friday, August 27</b> <b>Great Beginnings</b> Assorted Cereal (1oz) with Biscuit Or Bagel with Strawberry Cream Cheese  <b>Fruity Delights</b> Orange Tangerine Juice Fruit Cocktail
<b>Monday, August 30</b> <b>Great Beginnings</b> Spicy Chicken Biscuit or Reduced Sugar Fruit Loops with Graham Crackers  <b>Fruity Delights</b> Orange Tangerine Juice Fresh Gala Apple	<b>Tuesday, August 31</b> <b>Great Beginnings</b> Turkey Sausage Biscuit Or Blueberry Pop Tarts (2)  <b>Fruity Delights</b> Mixed Fruit Juice Diced Apricots	<b>Wednesday, September 1</b> <b>Great Beginnings</b> Pancake N Link or Cinnamon Oatmeal Round V  <b>Fruity Delights</b> Apple Juice Banana	<b>Thursday, September 2</b> <b>Great Beginnings</b> Chicken Biscuit or Whole Grain Chocolate Chip Muffin  <b>Fruity Delights</b> Orange Tangerine Juice Fresh Apple	<b>Friday, September 3</b> <b>Great Beginnings</b> Assorted Cereal (1oz) with Biscuit or Peach Yogurt & Granola  <b>Fruity Delights</b> Mixed Fruit Juice Fruit Cocktail

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