

**DeKalb  
County  
School**

This institution  
is an equal  
opportunity  
provider.

**Middle / High Express  
October 2019**

**Tuesday, October 1**

French Toast Sticks  
Strawberry Kiwi Juice  
Applesauce  
Milk

**Wednesday, October 2**

Cereal Choice with  
Blueberry Muffin Bread  
V  
Strawberry Kiwi Juice  
Chilled Peaches  
Milk

**Thursday, October 3**

Toasted Croissant with  
Jelly  
Apple Juice  
Fresh Banana  
Milk

**Friday, October 4**

Go Big Strawberry  
Yogurt V  
Homemade Blueberry  
Muffin Bread V  
Fruit Punch  
Orange Wedges  
Milk

**Monday, October 7**

Turkey Sausage Biscuit  
Orange Tangerine  
Juice  
Fruit Cocktail  
Milk

**Tuesday, October 8**

Cinnamon Toast  
Crunch Pastry  
&  
Cheese Cubes  
Fruit Punch Juice  
Applesauce  
Milk

**Wednesday, October 9**

Toasted Croissant with  
Jelly  
Apple Juice  
Chilled Peaches  
Milk

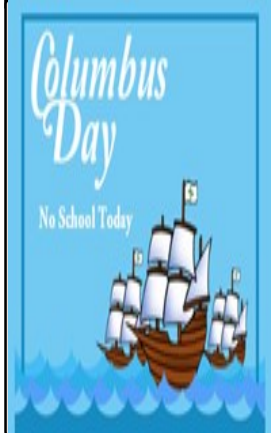
**Thursday, October 10**



**Friday, October 11**



**Monday, October 14**



**Tuesday, October 15**

French Toast Sticks  
Strawberry Kiwi Juice  
Applesauce  
Milk

**Wednesday, October 16**

Cereal Choice with  
Blueberry Muffin  
Bread V  
Strawberry Kiwi Juice  
Chilled Peaches  
Milk

**Thursday, October 17**

Toasted Croissant with  
Jelly  
Apple Juice  
Fresh Banana  
Milk

**Friday, October 18**

Go Big Strawberry  
Yogurt V  
Homemade Blueberry  
Muffin Bread V  
Fruit Punch  
Orange Wedges  
Milk

**First things First**

**To make a breakfast,  
choose at least one**



or



**and at  
least  
three  
items  
total**



**Choice of Milk Served with All Meals.**

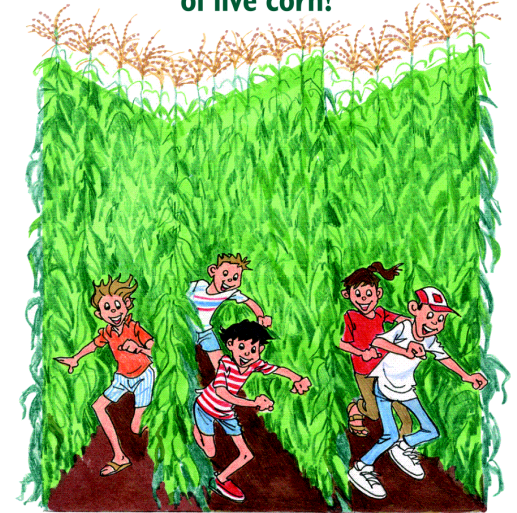
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# WORLD'S LARGEST CORN MAZE

It's in Spring Grove, Illinois and  
features 10 miles of trails making  
up 5 connected mazes on 28 acres  
of live corn!



Monday, October 21	Tuesday, October 22	Wednesday, October 23	Thursday, October 24	Friday, October 25
Turkey Sausage Biscuit  Orange Tangerine Juice Fruit Cocktail  Milk  	Cinnamon Toast Crunch Pastry & Cheese Cubes  Fruit Punch Juice Applesauce  Milk	Toasted Croissant with Jelly  Apple Juice Chilled Peaches  Milk	Go Big Strawberry Yogurt V Blueberry Muffin Bread  White Grape Juice Fresh Banana  Milk	Pancake N Link  Assorted Juice Orange Wedges  Milk
Monday, October 28	Tuesday, October 29	Wednesday, October 30	Thursday, October 31	Friday, November 1
Country Chicken Biscuit  Apple Juice Fruit Cocktail  Milk	French Toast Sticks  Strawberry Kiwi Juice Applesauce  Milk	Cereal Choice with Texas Toast  Strawberry Kiwi Juice Chilled Peaches  Milk	Toasted Croissant with Jelly  Apple Juice Fresh Banana  Milk	Go Big Strawberry Yogurt V Homemade Blueberry Muffin Bread V  Fruit Punch Orange Wedges  Milk

