



## **DeKalb County School District**

Featuring Healthy Fruits & Grains!

AUGUST MIDDLE /HIGH BREAKFAST

This institution is an equal opportunity provider.

| Monday, August 5   | Tuesday, August 6  | Wednesday, August 7  | Thursday, August 8  | Friday, August 9  | The overland we have mean   |
|--|--|--|---|---|---|
| Great Beginnings<br>Country Chicken Biscuit                        | <b>Great Beginninge</b><br>Breakfast Pizza                   | <b>Great Beginnings</b><br>Peaches N Cream Parfait                 | Great Beginnings<br>Biscuit with Turkey Sausage                     | <b>Great Beginnings</b><br>Scrambled Eggs With Turkey Bacon &<br>Biscuit        | The original value meal   |
| Sausage Biscuit  | Toasted Croissant with Jelly                                 | Cereal Choice with Homemade Rustic<br>Muffin Drop                  | Maple French Toast Sticks with Turkey<br>Sausage Link               | Assorted Cereal <b>with</b> Buttermilk<br>Biscuit <b>V</b>                      | <b><u>C STILL A TANIASTIC ACAL</u></b><br>Elementary Secondary  |
| Choice of Cereal with Buttermilk<br>Biscuit                        | Overnight Oats Extravaganza                                  | Morning Pastry To Go   | Hot Cinnamon Roll   | Avocado Cheese Toast  | <u>Breakfast</u> Breakfast  |
| Fracticy Delights (1-2):<br>Assorted Juice<br>Seasonal Fresh Fruit | Fractify Delights (1-2):<br>Assorted Juice<br>Sliced Peaches | With: Southern Grits<br>Fraity Delights (1-2):                     | Fracticy Delights (1-2):<br>Orange Tangerine Juice<br>Chilled Pears | Fractity Delights (1-2):<br>Assorted Juice<br>Applesauce                        | <i>\$1.55 \$1.65</i>  |
|  |  | Assorted Juice<br>Seasonal Fresh Fruit                             |   |   | Get in touch with us today to learn more about<br>free and reduced-price meals in our district:<br>www.dekalschoosga.org/school-nutrition |
| Monday, August 12  | Tuesday, August 13   | Wednesday, August 14   | Thursday, August 15   | Friday, August 16   | e et a const  |
| Great Beginnings<br>Country Chicken Biscuit                        | <b>Great Beginnings</b><br>Chicken & Waffle                  | <b>Great Beginnings</b><br>Paradise Parfait                        | Great Beginnings<br>Cheesy Scrambled Eggs with Biscuit              | <b>Great Beginnings</b><br>Choice of Cereal with Homemade<br>Rustic Muffin Drop | First things First  |
| Choice of Cereal with Buttermilk<br>Biscuit                        | Cinnamon Toast Crunch Pastry                                 | Country Sausage with Buttermilk<br>Biscuit                         | Choice of Cereal with Buttermilk<br>Biscuit                         | Buttermilk Biscuit with Sausage   | <b>Choose at least ONE</b>  |
| Breakfast Flatbread<br>Fracticy Delights (1-2):                    | Spinach & Cheese Omelet with Biscuit                         | Morning Pastry to Go   | Spicy Chicken Sandwich  | Island Parfait  | serving of FRUIT and at   |
| Assorted Juice<br>Seasonal Fresh Fruit                             | Fracticy Delights (1-2):<br>Assorted Juice<br>Sliced Peaches | With: Southern Grits   | Fracity Delights (1-2):<br>Assorted Juice                           | Fracity Delights (1-2):<br>Assorted Juice                                       | least THREE items TOTAL<br>so your meal counts as a Complete Breakfast!   |
|  |  | Fractify Delights (1-2):<br>Assorted Juice<br>Seasonal Fresh Fruit | Chilled Pears   | Seasonal Fresh Fruit  | EREAKFAST@SCHOOL<br>For first-class learning!   |

helps keep kids healthy and gives them the energy they need to learn.

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|--|--|---|--|--|
| Tuesday, August 20   | Wednesday, August 21   | Thursday, August 22   | Friday, August 23  | <u></u>  |
| <b>Greeat Beginnings</b><br>Breakfast Pizza                  | <b>Great Beginnings</b><br>Peaches N Cream Parfait   | Great Beginnings<br>Biscuit with Turkey Sausage   | Great Beginnings<br>Scrambled Eggs With Turkey Bacon &<br>Bisquit  | First things First   |
| Toasted Croissant with Jelly                                 | Cereal Choice with Homemade Rustic<br>Muffin Drop  | Maple French Toast Sticks with Turkey<br>Sausage Link   | Assorted Cereal with Buttermilk<br>Biscuit V   | To make a breakfast,   |
| Overnight Oats Extravaganza                                  | Breakfast Pastry To Go   | Hot Cinnamon Roll   | Avocado Cheese Toast   | choose at least one  |
| Fractify Delights (1-2):<br>Assorted Juice<br>Sliced Peaches | With: Southern Grits<br>Fracticy Delights (1-2):<br>Assorted Juice<br>Seasonal Fresh Fruit   | Fracticy Delights (1-2):<br>Orange Tangerine Juice<br>Chilled Pears   | Fractify Delights (1-2):<br>Assorted Juice<br>Applesauce   | Fruit OF Juice   |
| Tuesday, August 27   | Wednesday, August 28   | Thursday, August 29   | Friday, August 30  |  |
| <b>Great Beginnings</b><br>Chicken & Waffle                  | <b>Greeat Beginnings</b><br>Paradise Parfait   | <b>Great Beginnings</b><br>Cheesy Scrambled Eggs with Biscuit   | <b>Great Beginnings</b><br>Choice of Cereal with Homemade<br>Rustic Muffin Drop  | Fruit CIIC CII   |
| Cinnamon Toast Crunch Pastry                                 | Country Sausage with Buttermilk<br>Biscuit   | Choice of Cereal with Buttermilk<br>Biscuit   | Buttermilk Biscuit with Sausage  | three  |
| Spinach & Cheese Omelet with Biscuit                         | Morning Pastry to Go   | Spicy Chicken Sandwich  | Island Parfait   |  |
| France Delights (1-2):<br>Assorted Juice                     | With: Southern Grits   | Fracticy Delights (1-2):<br>Assorted Juice  | Fracticy Delights (1-2):<br>Assorted luice   |  |
|  | A SECTOR GOV S<br>Tuesday, August 20<br>Graeat Beginnings<br>Breakfast Pizza<br>Toasted Croissant with Jelly<br>Overnight Oats Extravaganza<br>Fracticy Delights (1-2):<br>Assorted Juice<br>Sliced Peaches<br>Tuesday, August 27<br>Craeat Beginnings<br>Chicken & Waffle<br>Cinnamon Toast Crunch Pastry<br>Spinach & Cheese Omelet with Biscuit<br>Fracticy Delights (1-2): | A sorted Juice<br>Siced Peaches<br>Mesday, August 20<br>Creed Beginninge<br>Breakfast Pizza<br>Toasted Croissant with Jelly<br>Overnight Oats Extravaganza<br>Factify Delighte (1-2):<br>Assorted Juice<br>Siced Peaches<br>Creed Peaches<br>Methes National Fresh Fruit<br>Creed Beginninge<br>Chicken & Waffle<br>Cinnamon Toast Crunch Pastry<br>Spinach & Cheese Omelet with Biscuit<br>Factify Delighte (1-2): | A BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BAREAR<br>BARE | <image/> <complex-block>Name</complex-block> |

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