



Mental Health General Resources

FOR ASSISTANCE IN AN EMERGENCY
SITUATION DIAL 911

National Suicide Prevention Lifeline	1-800-273-TALK (8255) Press 1 for Veterans, 2 for Spanish
UNUM Employee Assistance Program	Call 866-679-3054 if you have questions about your Unum coverage or need assistance. Access Strong Minds at Work for Unum mental health resources at www. Unum.com
Georgia Crisis & Access Line	Georgia Crisis & Access Line 1-800-715-4225 The Georgia Crisis & Access Line is staffed with professional social workers and counselors 24 hours per day , every day to assist those with urgent and emergency needs. Callers who need more routine services are directly connected with the agency of their choice and given a scheduled appointment.
DRUGS DON'T WORK IN GEORGIA	Main Phone Line: 404-223-2277 Program offered through the Department of Behavioral Health and Developmental Disabilities.
Mobile Crisis Response Services	24/7 mobile response provides immediate on-site crisis management through assessment, de-escalation, consultation and referral with post-crisis follow-up to assure linkage with recommended services. These services may be accessed by calling the toll-free Georgia Crisis & Access Line at 1-800-715-4225.
SAMHSA'S National Helpline	1-800-662-HELP (4357) and http://www.findtreatment.SAMHSA.gov Free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.
Crisis Text Line	Text START to 741741
DeKalb Community Service Board	Central Access line 404.892.4646
National Council for Behavioral Health	www.theNationalCouncil.org The National Council provides a wealth of information and resources to address mental health concerns
National Runaway Safe Line	Open 24/7 1-800-RUNAWAY or 1-800-786-2929
Youth Crisis Hotline	1-800-621-4000 or 1-800-448-4663
National Alliance on Mental Illness	https://www.nami.org : NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

NOTE: The purpose of this list is to provide general resources to address mental health concerns. This list is not comprehensive, and DeKalb County School District is not implying an endorsement or recommending providers. This information is subject to change at any time.