| DATE | Avondale (6 Lanes) | Buck Godfrey (8 Lanes) | North DeKalb (6 Lanes) | DATE |
|-----------------------|--|--------------------------------|------------------------------|----------|
| Saturday | Chamblee (Host) - 10:00am | Chapel Hill (Host) - 10:00am | McNair (Host) - 10:00am | Saturd |
| 2/10/24 | Cedar Grove | Freedom | Miller Grove | 2/10/2 |
| | Bethune | Columbia | Peachtree | |
| | | Beacon Hill | - Cucina do | |
| | | | | |
| | Champion (Host) - 2:00pm | Druid Hill - (Host) - 2:00pm | Lithonia (Host) - 2:00pm | |
| | Stone Mountain | Henderson | Stephenson | |
| | Tucker | Sequoyah | Salem | |
| | | Redan | | |
| DATE | Avondale (6 Lanes) | Buck Godfrey (8 Lanes) | North DeKalb (6 Lanes) | DATE |
| Saturday | | Early Middle School FAT 9 am | | Saturd |
| 2/17/24 | | All DCSD Middle Schools | | 2/17/2 |
| DATE | Avondale (6 Lanes) | Buck Godfrey (8 Lanes) | North DeKalb (6 Lanes) | DATE |
| 2/24/24 | Champion (Host) - 10:00am | Salem (Host) - 10:00am | Tucker (Host) - 10:00am | 2/24/2 |
| Saturday | Peathree | Bethune | Chamblee | Saturd |
| | Druid Hills | Chapel Hill | Sequoyah | |
| | | Lithonia | | |
| | | | | |
| | Stephenson (Host) - 2:00pm | Cedar Grove (Host) - 2:00pm | Beacon Hill (Host) - 2:00pm | |
| | Redan | Columbia | Henderson | |
| | Freedom | Miller Grove | McNair | |
| | | Stone Mountain | | |
| DATE | Avondale (6 Lanes) | Tucker HS (8 Lanes) | North DeKalb (6 Lanes) | DATE |
| 3/2/24 | Redan(Host) - 10:00am | Henderson (Host) - 10:00am | Stone Mtn (Host) - 10:00am | 3/2/24 |
| Saturday | McNair | Stephenson | Druid Hills | Saturda |
| | Sequoyah | Salem | Chapel Hill | |
| | | Freedom | | |
| | | | | |
| | Bethune (Host) - 2:00pm | Peachtree MS (Host) - 2:00pm | Miller Grove (Host) - 2:00pm | |
| | Columbia | Chamblee | Beacon Hill | |
| | Lithonia | Tucker | Cedar Grove | |
| | | Champion | | |
| DATE | | Buck Godfrey Stadium (8 Lanes) | | DATE |
| 3/9/24 | | DCSD / APS 9 am | | 3/9/24 |
| <mark>Saturday</mark> | | Middle School Challenge | | Saturda |
| | | | | |
| 3/16/24 | Middle School County Track Championship | | | 3/16/2 |
| -, - 0, - 1 | Prelims - March 16th @ 8am / Finals - March 18th @ 5pm | | | 0, 10, 2 |