

2009 DEKALB COUNTY REGION TRACK RESULTS

BOYS' 2009 REGION TRACK RESULTS

REGION 2-AAAAA

Team Results

1. Union Grove 110; 2. Redan 107, Douglass 107; 4. Stephenson 106; 5. M.L. King 57; 6. Newton 48; 7. Greenbrier 46; 8. Luella 38

INDIVIDUAL RESULTS

100 Meter Dash

4 Benton, Travis	Redan	10.93
5 Blackley, Jonathan	Stephenson	10.96
6 Brown Jr., Mack	M.L. King	11.10
7 Sanders, Raymond	Stephenson	11.27
8 Amune, Okeshi	M.L. King	11.49

200 Meter Dash

1 Blackley, Jonathan	Stephenson	21.82
3 Benton, Travis	Redan	22.03
4 Brown Jr., Mack	M.L. King	22.35

400 Meter Dash

2 Drake, Richard	Stephenson	49.53
5 Willard, Lawren	Redan	51.46
8 Sharpe, Chris	Stephenson	54.14

800 Meter Run

6 Salaam, Ishmael	Stephenson	2:03.09
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1600 Meter Run

5 Salaam, Ishmael	Stephenson	4:53.77
7 Ballou, Kristopher	Stephenson	4:55.54

3200 Meter Run

5 Ballou, Kristopher	Stephenson	10:49.00
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110 Meter Hurdles

1 Emere, Steve	Redan	14.16
2 Sims, Justin	Redan	14.20
3 Forbes, Demar	M.L. King	14.23
6 Jolly, Shannon	Stephenson	15.26
7 Byard, Kevin	M.L. King	15.33
8 Harper, Derek	Stephenson	16.22

300 Meter Hurdles

1 Sims, Justin	Redan	37.97
2 Emere, Steve	Redan	39.15
3 Jolly, Shannon	Stephenson	40.13
4 Cornileus, Tyrone	Stephenson	40.78
5 Byard, Kevin	M.L. King	41.44
7 Walker, Ben	M.L. King	43.41

4x100 Meter Relay

2 Stephenson 'A'	41.70
3 Milk 'A'	42.31
7 Redan 'B'	43.57

4x400 Meter Relay

2 Redan 'A'	3:16.71
3 Stephenson 'A'	3:22.32
4 Milk 'A'	3:22.76
5 Redan 'B'	3:29.98
8 Stephenson 'B'	3:33.84

High Jump

3 Whitehead, Cordell	Redan	6-00.00
4 Hartley, Kerry	Stephenson	J6-00.00

5 Zackery, Donald	Stephenson	5-10.00
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Pole Vault

6 Dickerson, Randy	M.L. King	9-00.00
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Long Jump

1 Forbes, Demar	M.L. King	24-03.00
3 Willard, Lawren	Redan	22-05.75
4 Hartley, Denzel	Stephenson	22-03.00
7 Benton, Travis	Redan	21-05.50
8 Harper, Derek	Stephenson	21-02.25

Triple Jump

1 Emere, Steve	Redan	49-00.50
2 Forbes, Demar	M.L. King	47-05.00
3 Hartley, Kerry	Stephenson	46-01.00
6 Welch, Jordan	Stephenson	41-09.00

Shot Put

4 Thornton, Michael	Stephenson	47-10.00
5 Coke, Mike	Redan	46-03.00
6 Mitchell, Armond	Stephenson	43-06.00
7 Davis, DeAndre	M.L. King	37-04.00

Discus Throw

2 Coke, Mike	Redan	137-08
3 Johnson, Thaddeus	Redan	135-03
5 Landers, Derek	Stephenson	129-04
6 Mitchell, Armond	Stephenson	128-04

REGION 6-AAAA

Boys' Team Results - 16 Events Scored

1) Miller Grove 109; 2) Tucker 104; 3) Southwest DeKalb 82; 4) Lithonia 79; 5) Marist 75; 6) Chamblee 62; 7) Lakeside 43; 8) Stone Mountain 34; 9) Forsyth Central 25; 10) North Springs 4

Boys' Individual Results

100 Meter Dash

1 Gilstrap, Kenneth	SR	Miller Grove	10.48
2 Ings, Kendrick	SR	Miller Grove	10.64
3 Norman, Warren	SR	Chamblee	11.08
4 Bab-Oke, Femi	JR	Chamblee	11.15
5 Cofield, Micheal	JR	SW DeKalb	11.23
6 Ford, Dorrell	SR	Lakeside	11.25
7 Dinham, Cristobal	JR	Lithonia	11.30
8 Mincy, Jonathan,	JR	SW DeKalb	11.36

200 Meter Dash

1 Gilstrap, Kenneth	SR	Miller Grove	21.09
2 Bellinger, Julian	SR	Lithonia	21.55
3 Ings, Kendrick	SR	Miller Grove	21.74
4 Maynard, Javon	SR	SW DeKalb	22.11
5 Walker, Byron	JR	Chamblee	22.53
6 Ford, Dorrell	SR	Lakeside	22.71
7 Powell, Desmond	JR	Lakeside	22.73
8 Lee, David	SR	Tucker	23.20

400 Meter Dash

1 Johnson, Tamarick	FR	Stone Mountain	49.01
2 Hightower, Antione	JR	Miller Grove	49.34
3 Lee, David	SR	Tucker	49.56
4 Maynard, Javon	SR	SW DeKalb	50.00
5 Adams, Justin	SR	Miller Grove	52.15
6 Erik, Hemanes	JR	Lithonia	52.47
7 Andrews, Octavious	SO	Stone Mountain	52.71
8 Sumbry, Zacchies	JR	Lithonia	52.96

2009 DEKALB COUNTY REGION TRACK RESULTS

800 Meter Run

1 Carter, Antonio	SO	Miller Grove	1:57.54
2 Schnepf, Nolan	SR	Tucker	1:58.31
3 Reeves, Rodney	SR	Tucker	1:59.56
4 Austin, Ed	JR	SW DeKalb	2:00.21
6 Wolliston, Anthony	JR	SW DeKalb	2:02.98
8 Miller, Thomas	FR	Lithonia	2:12.01

1600 Meter Run

2 Miller, Thomas	FR	Lithonia	4:32.02
3 Williams, Jared	SO	SW DeKalb	4:33.93
5 Schnepf, Nolan	SR	Tucker	4:38.64
6 Gide, Bsrat	SR	Tucker	4:38.92
7 Dixon, David	JR	Lakeside	4:48.09
8 Ewing, John	SO	Lakeside	4:48.39

3200 Meter Run

1 Gide, Bsrat	SR	Tucker	9:55.47
4 Williams, Jared	SO	SW DeKalb	10:11.19
5 Dixon, David	JR	Lakeside	10:30.05
6 Ewing, John	SO	Lakeside	10:31.15
7 Wheeler, Malik	FR	Chamblee	11:08.85
8 Morales, Mario	SO	Miller Grove	11:21.75

110 Meter Hurdles

1 Starks, Stephen	SR	Tucker	15.04
2 Jones, Jamar	SR	Lithonia	16.95
3 Toombs, Joseph	JR	Lithonia	17.31
6 Gilbert, Chris	JR	Chamblee	19.10
7 Sajja, Kamal	SR	Lakeside	19.46

300 Meter Hurdles

1 Hill, Stephen	SR	Miller Grove	38.55
2 Starks, Stephen	SR	Tucker	39.36
3 Jones, Jamar	SR	Lithonia	41.11
4 Brock, Malcolm	SO	SW DeKalb	41.89
5 Upshaw, Nicholas	SO	Lithonia	43.45
6 Xu, Brian	SO	Lakeside	44.57
7 Gentry, Keythe	SO	Lakeside	44.63

4x100 Meter Relay

1 Miller Grove 'A'	40.71
2 Southwest DeKalb 'A'	42.08
3 Chamblee 'A'	42.24
4 Tucker 'A'	42.47
5 Lithonia 'A'	42.88
7 Stone Mountain 'A'	43.14
8 Tucker 'B'	44.20

4x400 Meter Relay

1 Miller Grove 'A'	3:19.22
2 Tucker 'A'	3:20.90
3 Stone Mountain 'A'	3:25.22
4 Lithonia 'A'	3:26.84
5 Southwest DeKalb 'A'	3:27.04
6 Tucker 'B'	3:28.58
7 Lakeside 'A'	3:32.24
8 Lithonia 'B'	3:43.19

4x800 Meter Relay

2 Southwest DeKalb 'A'	8:46.50
3 Lakeside 'A'	8:48.05
5 Lithonia 'A'	9:17.41
6 Lakeside 'B'	9:34.27

High Jump

1 Brock, Malcolm	SO	SW DeKalb	6-06.00
2 Caldwell, Joe	SR	Miller Grove	6-02.00
4 Minor, Darin	SR	Lithonia	5-08.00
5 Vincent, Kevin	SR	Chamblee	J5-08.00
7 Bulgin, Devon	FR	Tucker	5-06.00

Pole Vault

1 Williams, Lonnie	JR	SW DeKalb	11-00.00
3 Lincoln, George	JR	Lakeside	J10-06.00
4 Johnson, Andrew	SR	Chamblee	10-00.00
5 Carter, Chris	JR	Lakeside	9-06.00
6 Carbaugh, Seth	SR	Chamblee	8-06.00

Long Jump

1 Hill, Stephen	SR	Miller Grove	23-07.50
2 Bellinger, Julian	SR	Lithonia	22-05.00
3 Vincent, Kevin	SR	Chamblee	22-01.00
4 Talbert, Tyrone	FR	SW DeKalb	21-04.50
5 Lee, David	SR	Tucker	20-06.50
6 Ford, Dorrell	SR	Lakeside	20-04.00
8 Scott, Devon	JR	Tucker	20-01.75

Triple Jump

1 Lee, David	SR	Tucker	45-05.00
2 Jones, Seantavious	JR	Tucker	43-11.00
3 Brock, Malcolm	SO	SW DeKalb	42-10.00
4 Minor, Darin	SR	Lithonia	41-10.00
5 Bellinger, Julian	SR	Lithonia	41-05.00
6 Bryan, Andre	JR	Lakeside	37-10.00

Boys Shot Put

1 Stafford, Berry	SR	Chamblee	48-04.25
4 King, Domineek	SR	Stone Mountain	44-01.00
5 Ware, Aaron	FR	Miller Grove	44-00.75
6 Rushing, Arcio	FR	Stone Mountain	42-01.25
8 Vaughters, James	SO	Tucker	40-06.50

Boys Discus Throw

2 Gilbert, Chris	JR	Chamblee	124-01
3 King, Domineek	SR	Stone Mountain	121-02
4 Epps, Erin	SO	Tucker	118-11

REGION 5-AAA

Boys Team Results

1. Dunwoody 107; 2. Druid Hills 92; 3. St. Pius X 88; 4. Cedar Grove 78; 5. Washington 60; 6. Carver (Atlanta) 58.50; 7. Riverwood 35.50; 8. Clarkston 35; 9. Grady 26; 10. Towers 18; 11. North Atlanta 14; 12. Therrell 7; 13. McNair 3; 14. Columbia 1

1600 Meter Run

1 Nabil Hamid	Druid Hills	4:33.72
4 James Dwyer	Dunwoody	4:35.64
5 Kaylan Jackson	Cedar Grove	4:41.37
6 Ausley Alec	Dunwoody	4:43.50

4x800 Meter Relay (not scored, not state event)

1 Columbia Eagles 'A'	8:51.45
4 Columbia Eagles 'B'	9:17.85
5 Dunwoody Wildcats 'A'	9:23.19

High Jump

3 Austin Brydie	Druid Hills	6-02.00
4 Zach Weaver	Dunwoody	6-00.00
5 Roy Wilson	Druid Hills	J6-00.00
7 Damien Goggins	Cedar Grove	J6-00.00
8 Chris Camara	Dunwoody	5-10.00

2009 DEKALB COUNTY REGION TRACK RESULTS

Boys Pole Vault

6 Ted Dixon Dunwoody 8-06.00 4 Ronnin O'Quinn Towers 16.14
5 Vincent Hudson Cedar Grove 16.17

Long Jump

1 Andy Wokeme **Druid Hills** **21-08.00 (12 inch**
better than prelim)

2 Dominique Lewis **Druid Hills** **21-02.00 (10 inch**
better than prelim)

3 Wilmont Stubblefield Clarkston 21-01.75

4 Qwenton Womack Cedar Grove 21-01.25

5 Treavor Scales Dunwoody 20-09.00

7 Arthion Brown Cedar Grove 20-01.00

8 Jhacobe Campbell Towers 19-10.00

Triple Jump

1 Treavor Scales **Dunwoody** **45-05.00**

2 Kendrick Parker **Druid Hills** **45-01.00**

3 Wilmont Stubblefield Clarkston 44-07.50

5 Andy Wokeme Druid Hills 41-03.50

6 Jhacobe Campbell Towers

8 Paul Rosemond Dunwoody 40-04.00

Shot Put

1 Jerry King **Dunwoody** **54-05.50**

2 Blake Adams **Dunwoody** **51-06.50**

4 Terrick Ranson Cedar Grove 49-04.00

6 Lamar Terry Cedar Grove 45-02.00

7 Antonio Kohn Clarkston 43-06.50

Boys Discus Throw

1 Jerry King **Dunwoody** **152-10**

2 Blake Adams **Dunwoody** **147-06**

6 Charles Clark McNair 113-08

7 Joseph Ray Druid Hills 111-10

100 Meter Dash

4 Isaac President Clarkston 11.27

200 Meter Dash

4 Wilmont Stubblefield Clarkston 21.50

5 James Hugley Cedar Grove 22.00

6 Dominique Lewis Druid Hills 22.08

400 Meter Dash

1 James Hugley **Cedar Grove** **48.62**

4 Kuaniyal Chol Dunwoody 49.73

5 Paul Rosemond Dunwoody 51.06

6 Tamarcus Wilcox Cedar Grove 51.11

7 Kendrick Parker Druid Hills 52.08

8 Dominique Lewis Druid Hills 52.41

800 Meter Run

1 Kaylan Jackson **Cedar Grove** **1:56.31**

2 Kuaniyal Chol **Dunwoody** **1:57.06**

3 Melvin Whitlock Clarkston 2:01.67

5 Jeffrey Williams Cedar Grove 2:06.24

7 Raimius Foulkes Druid Hills 2:08.61

3200 Meter Run

1 Nabil Hamid **Druid Hills** **9:53.91**

2 James Dwyer **Dunwoody** **9:59.85**

6 Jeremy Cohen Dunwoody 10:39.89

110 Meter Hurdles

1 Dwaine Beach **Druid Hills** **15.77**

4 Ronnin O'Quinn Towers 16.14

5 Vincent Hudson Cedar Grove 16.17

300 Meter Hurdles

4 Paul Rosemond Dunwoody 42.40

5 Stanley McBride Cedar Grove 42.71

6 Ronnin O'Quinn Towers 42.75

7 Andy Wokeme Druid Hills 43.81

8 Anthony O'Quinn Towers 44.36

4x100 Meter Relay

3 Cedar Grove 'A' 42.41

4 Clarkston 'A' 43.11

5 Druid Hills 'A' 43.34

6 Dunwoody 'A' 43.41

8 Towers 'B' 44.70

4x400 Meter Relay

1 Cedar Grove 'A' 3:16.45

4 Druid Hills 'A' 3:23.91

5 Towers 'A' 3:25.06

6 Dunwoody 'A' 3:29.60

7 Cedar Grove 'B' 3:32.45

8 Druid Hills 'B' 3:32.54

REGION 6-AA

Boys Team Results

1. Westminster 165; 2. Lovett 99; 3. Decatur 85.50; 4. Greater Atlanta Christian 70; 5. Blessed Trinity 62; 6. Buford 54.50; 7. Cross Keys 44; 8. Avondale 43

1600 Meter Run

7 Nselelu, Kasahun Avondale 4:58.60

8 Ayala, Leonel Cross Keys 4:59.18

High Jump

4 Brantley, Courtney Avondale 5-08.00

8 Adedayo, Tobi Cross Keys 5-02.00

Long Jump

3 Adedayo, Tobi Cross Keys 20-10.00

5 Reid, Roy Avondale 20-02.00

7 Thomas, Antonio Avondale 19-11.50

Triple Jump

4 Adedayo, Tobi Cross Keys 41-07.50

Shot Put

8 Hamilton, Brandon Cross Keys 43-01.00

Discus Throw

6 Hamilton, Brandon Cross Keys 111-09

100 Meter Dash

2 Feacher, Richard **Cross Keys** **11.27**

4 Thomas, Antonio Avondale 11.67

200 Meter Dash

4 Thomas, Antonio Avondale 23.32

5 Feacher, Richard Cross Keys 23.42

8 Roseberry, Alvis Avondale 24.31

400 Meter Dash

3 Armstead, Ronald Cross Keys 52.10

4 Roseberry, Alvis Avondale 52.22

2009 DEKALB COUNTY REGION TRACK RESULTS

1600 Meter Run

7 Nselelu, Kasahun	Avondale	4:58.60
8 Ayala, Leonel	Cross Keys	4:59.18

3200 Meter Run

6 Nselelu, Kasahun	Avondale	10:55.98
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300 Meter Hurdles

6 Hawthorne, Kendald	Avondale	42.53
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4x100 Meter Relay

3 Cross Keys 'A'	43.95
5 Avondale 'A'	44.62

4x400 Meter Relay

5 Avondale 'A'	3:33.93
6 Cross Keys 'A'	3:34.10

6 Morgan, Alissa	Redan	16.68
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300 Meter Hurdles

1 Holden, Kennisha	Redan	43.05
2 Ladler, Kenisha	Stephenson	45.73
3 Washington, Keoshi	Stephenson	46.95
6 King, Imani	M.L. King	48.75
7 Morgan, Alissa	Redan	49.72
8 Worthen, Elizabeth	M.L. King	52.02

4x100 Meter Relay

1 Redan 'A'	47.18
2 Stephenson 'A'	47.52
4 M.L. King 'A'	49.32
5 M.L. King 'B'	49.78
6 Stephenson 'B'	49.97

4x400 Meter Relay

1 Redan 'A'	3:52.57
2 M.L. King 'A'	3:53.60
3 Stephenson 'A'	3:58.99
4 Redan 'B'	4:06.02
6 Stephenson 'B'	4:09.38
7 M.L. King 'B'	4:18.77

High Jump

1 Terrell, Jalissa	M.L. King	5-06.00
6 Uzamere, Osato	Redan	J5-00.00
8 Holloway, Kendra	Stephenson	4-08.00

Long Jump

1 Daley, Tamala	Redan	19-01.00
4 Dyess, Tanisha	Redan	17-03.50
7 Shaw, Courtney	Stephenson	15-08.00

Triple Jump

1 Daley, Tamala	Redan	37-00.00
4 Morgan, Alissa	Redan	33-05.50
8 Thomas, Jillian	Stephenson	31-11.00

Shot Put

2 Henry, Sydney	Stephenson	38-05.00
4 Gill, Monique	Stephenson	33-10.50
8 Hart, Angela	Redan	31-00.00

Discus Throw

3 Henry, Sydney	Stephenson	98-02
4 Gill, Monique	Stephenson	97-08
7 Hart, Angela	Redan	89-05.50

REGION 6-AAAA

Girls Team Results

1. Southwest DeKalb 148; 2. Tucker 110; 3. Miller Grove 82; 4. Marist 78; 5. Lithonia 64; 6. Lakeside 57; 7. Chamblee 34; 8. Forsyth Central 24; 9. North Springs 20

Girls Individual Results

100 Meter Dash		
1 Jackson, Kia	SW DeKalb	11.99
2 Ansari, Rasheeda	Lithonia	12.46
3 Tucker, Charqweshi	Miller Grove	12.47
4 Miller, Kimberly	Tucker	12.69
6 Nakeyla, Hicks	Chamblee	12.96
8 Briana, Jones	Chamblee	13.22

GIRLS 2009 REGION TRACK RESULTS REGION 2-AAAAA

Girls Team Results

1. Redan 132; 2. Stephenson 120; 3. Greenbrier 81; 4. Union Grove 80; 5. MLK 67; 6. Luella 65; 7. Newton 51; 8. Douglass 18

Girls Individual Results

100 Meter Dash

2 Toatley, Maderia	Stephenson	12.25
3 White, Tiffany	Stephenson	12.40
8 Rockmore, Dazzea	M.L. King	13.38

200 Meter Dash

1 Toatley, Maderia	Stephenson	24.60
2 White, Tiffany	Stephenson	24.88
4 Dyess, Tanisha	Redan	25.54
5 Brown, Felicia	M.L. King	25.56

400 Meter Dash

1 Holden, Kennisha	Redan	56.445
2 Brown, Felicia	M.L. King	56.453
3 Dyess, Tanisha	Redan	57.86
5 Knox, Cherise	Stephenson	59.56
6 Johnson, Keturah	Stephenson	59.72
7 Camper, Tiffany	M.L. King	1:01.32

800 Meter Run

1 Smith, Soyong	Redan	2:21.71
2 Philpott, Bria	M.L. King	2:22.61
3 Odulgbela, Oprah	M.L. King	2:25.97
5 Boswell, Decoshia	Redan	2:32.62
7 Thomas, Taylor	Stephenson	2:40.20
8 Nwokedi, Chika	Stephenson	2:42.75

1600 Meter Run

1 Smith, Soyong	Redan	5:27.18
4 Philpott, Bria	M.L. King	5:34.21
8 Averette, Ashley	Redan	5:57.97

3200 Meter Run

7 Averette, Ashley	Redan	13:05.33
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100 Meter Hurdles

1 Washington, Keoshia	Stephenson	14.67
2 Daley, Tamala	Redan	14.96
3 Shaw, Courtney	Stephenson	16.16

2009 DEKALB COUNTY REGION TRACK RESULTS

200 Meter Dash

1 Jackson, Kia	SW DeKalb	24.42
2 Linson, Nakia	Tucker	24.71
3 Ansari, Rasheeda	Lithonia	25.62
4 Tucker, Charqweshi	Miller Grove	25.90
5 Scott, Kenya	SW DeKalb	26.08
8 Jones, Briana	Chamblee	27.21

400 Meter Dash

1 Linson, Nakia	Tucker	57.30
2 Harris, Tamera	Tucker	57.68
3 Scott, Kenya	SW DeKalb	1:00.00
4 Thomas, Dennia	SW DeKalb	1:00.25
5 Cox, Amina	Miller Grove	1:00.63
7 Harris, Jaimee	Miller Grove	1:03.23

800 Meter Run

1 Cooper, Grecianna	SW DeKalb	2:20.08
2 Crews, Amber	SW DeKalb	2:20.86
5 Ragans, Ashley	Tucker	2:25.08
7 Henderson, Khalia	Miller Grove	2:35.65
8 Ba'Boke, Fumi	Chamblee	2:42.45

1600 Meter Run

1 Wetterhall, Meghan	Lakeside	5:11.00
4 Cooper, Grecianna	SW DeKalb	5:29.19
6 Ragans, Ashley	Tucker	5:42.63
7 Crews, Amber	SW DeKalb	5:59.29
8 McCallister, Tarah	Miller Grove	6:02.19

3200 Meter Run

2 Wetterhall, Meghan	Lakeside	11:28.14
4 Perez, Victoria	SW DeKalb	13:04.16
5 McCallister, Tarah	Miller Grove	13:08.24
6 Weirich, Kristy	Lakeside	13:34.84

100 Meter Hurdles

1 Austin, Sonni	Miller Grove	14.67
2 Snow, Morgan	SW DeKalb	14.76
3 Askins, Brittany	Lithonia	16.79
5 Stewart, Shontel	Miller Grove	17.12
7 Davis, Alex	Chamblee	18.71
8 Bigger, Kaylee	Lakeside	18.75

300 Meter Hurdles

1 Austin, Sonni	Miller Grove	43.28
2 Felton, Alyssa	Chamblee	44.92
3 Harris, Tamera	Tucker	44.99
5 Askins, Brittany	Lithonia	46.85
6 Snow, Morgan	SW DeKalb	48.39
7 Stewart, Shontel	Miller Grove	49.76
8 Burdette-Sapp, Hillary	Lakeside	55.03

4x100 Meter Relay

1 SW DeKalb 'A'	47.48
2 Tucker 'A'	47.57
3 Lithonia 'A'	49.12
4 Chamblee 'A'	49.27
6 Miller Grove 'B'	50.44
7 Lakeside 'A'	53.52

4x400 Meter Relay

1 Miller Grove 'A'	3:52.31
2 Tucker 'A'	3:53.10
3 SW DeKalb 'A'	3:57.36
5 Chamblee 'A'	4:14.97

6 Lithonia 'A'	4:15.90
8 Miller Grove 'B'	4:19.23

High Jump

2 Harris, Tamera	Tucker	J5-00.00
3 Clark, Serena	Tucker	4-10.00
4 Lee-Dunson, Kierra	Lakeside	4-08.00
5 Pascal, Kaelyn	Lithonia	4-06.00
6 Penn, Felecia	SW DeKalb	J4-06.00
7 Bigger, Kaylee	Lakeside	J4-06.00
8 McCallister, Tarah	Miller Grove	J4-06.00

Pole Vault

1 Stephens, Audrey	Lakeside	8-06.00
2 La Rotta, Carla	Lakeside	8-00.00

Long Jump

1 Jackson, Kia	SW DeKalb	18-06.00
2 Miller, Kimberly	Tucker	18-04.75
3 Clark, Cynia	Lithonia	17-08.50
4 Felton, Alyssa	Chamblee	17-05.50
5 Jones, Briana	Chamblee	17-02.00
6 Fields, Melanie	Miller Grove	16-07.50
7 Charles, Brianna	Miller Grove	16-04.00
8 Askins, Brittany	Lithonia	16-03.75

Triple Jump

1 Clark, Cynia	Lithonia	37-04.00
2 Snow, Morgan	SW DeKalb	36-02.00
3 Miller, Kimberly	Tucker	35-01.00
4 Fields, Melanie	Miller Grove	34-11.00
5 Scott, Kenya	SW DeKalb	33-08.00
6 Jackson, Danielle	Tucker	32-08.00
7 Byas-Smith, Erica	Lakeside	31-00.00

Shot Put

1 Long, Marshelle	SW DeKalb	38-03.00
2 Clark, Cynia	Lithonia	35-03.00
3 Belser, Brianna	Tucker	33-11.00
4 Lee-Dunson, Kierra	Lakeside	33-09.00
5 Hargett, Shakeel	Tucker	32-01.00
6 Dickens, Demetria	SW DeKalb	30-01.50
7 Ugbobgo, Princess	Miller Grove	29-11.50

Discus Throw

1 Long, Marshelle	SW DeKalb	113-03.75
2 Avril, Amina	SW DeKalb	106-11.00
3 Belser, Brianna	Tucker	106-01.50
4 Ugbobgo, Princess	Miller Grove	90-05.00
6 Jones, Tundra	Tucker	84-05.50
7 Franklin, Sameyia	Lithonia	82-01.50

Region 5-AAA

TEAM RESULTS

1. Therrell 127; 2. Riverwood 91; 3. St Pius X 89; 4. Towers 77; 5. Cedar Grove 46; 6. Grady 43; 7. Dunwoody 32.66; 8. Carver 29; 9. Druid Hills 27; 10. Columbia 19.33; 11. Washington 16; 12. North Atlanta 14; 13. McNair 4; 14. Clarkston 3

Girls Individual Results

100 Meter Dash

1 Takeia Pickney	Columbia	12.13
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2009 DEKALB COUNTY REGION TRACK RESULTS

400 Meter Dash

2 Jerriyauana Jarboe	Cedar Grove	58.03
4 Alexis Cobbs	Cedar Grove	58.85
5 Jessica Banks	Dunwoody	59.17

800 Meter Run

6 Radia Yansaneh	Dunwoody	2:33.06
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3200 Meter Run

7 Charlotte Collins	Dunwoody	13:37.20
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1600 Meter Run

8 Charlotte Collins	Dunwoody	6:12.62
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100 Meter Hurdles

5 Sinea Mack	Towers	17.80
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300 Meter Hurdles

2 Jessica Banks	Dunwoody	45.47
3 Sinea Mack	Towers	46.23
5 Morgan Grain	Druid Hills	47.88

4x100 Meter Relay

2 Towers 'A'	48.67
3 Columbia 'A'	48.73
5 Cedar Grove 'A'	49.57

4x400 Meter Relay

2 Cedar Grove 'A'	3:59.18
4 Dunwoody 'A'	4:05.22
7 Towers 'A'	4:09.45
9 Druid Hills 'A'	4:13.78

4x800 Meter Relay

4 Druid Hills 'A'	12:00.81
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High Jump

2 Briana Scott	Towers	J5-00.00
3 Lotia Swint	Cedar Grove	4-10.00
6 Leah Hampton	Druid Hills	J4-10.00
7 Morgan Grain	Druid Hills	4-08.00
8 Larissa Sterling	Dunwoody	4-04.00

Pole Vault

2 Laney Griffeth	Dunwoody	8-06.00
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Long Jump

1 Brittany Porter	Towers	19-05.00
4 Alexis Cobbs	Cedar Grove	16-10.00
5 Jasmine Lee	McNair	16-08.00
6 Latifah White	Columbia	16-07.00

Triple Jump

1 Brittany Porter	Towers	39-07.00
4 Lotia Swint	Cedar Grove	34-11.00
5 Ke-Londa Thomas	Druid Hills	33-08.50
6 Jamie Moss	Clarkston	33-06.75
8 Leah Hampton	Druid Hills	33-02.50

Shot Put

1 Brittany Porter	Towers	39-11.00
4 Dee Richards	Druid Hills	35-04.00
5 Nicole Studstill	Towers	33-05.50
6 Angel Davis	Cedar Grove	33-02.50
8 Cynthia Oneynecho	Dunwoody	30-11.00

Discus Throw

1 Nicole Studstill	Towers	115-03
2 Dee Richards	Druid Hills	104-02
4 Kiara Martin	Towers	101-08

REGION 6-AA

Team Results

- Decatur 139;
- Lovett 124;
- Greater Atlanta Christian 103;
- Westminster 98;
- Blessed Trinity 77;
- Avondale 55;
- Buford 20;
- Cross Keys 5

Girls Individual Results

Long Jump

6 Bridgette Brown	Avondale	15-04.75
7 Tosin Adedayo	Cross Keys	15-04.50
8 Jasmine Slaton	Avondale	J15-04.50

Shot Put

5 Shantrice Carrecker	Avondale	33-04.00
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Triple Jump

5 Jasmine Slaton	Avondale	32-03.50
6 Briana Ritchie	Avondale	32-02.00
7 Tosin Adedayo	Cross Keys	31-10.00

4x100 Meter Relay

8 Cross Keys 'A'	53.45
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400 Meter Dash

2 Bridgette Brown	Avondale	58.60
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100 Meter Dash

1 Shunika Jarrells	Avondale	12.67
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200 Meter Dash

1 Shunika Jarrells	Avondale	25.67
7 LaKasha Hutchins	Avondale	27.33

4x400 Meter Relay

1 Avondale 'A'	3:59.18
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